

Spartan Athletic Newsletter

March 4, 2019 Vol. 3 - #17

North Springs High School

7447 Roswell Road NE, Sandy Springs, GA 30328

www.northspringsathletics.org 470-254-2490

Girls Track Heats Up a Cold Archer Invite; Take 2nd at Wolverine Invitational

With over 20 teams and 75 plus athletes in each event the North Springs Girls Track team finished 1st place 4x100 A team - Kayla Tolbert Sa'mya Holloman Lewis Hannah Cooper and Saran Kouyeth.

1st place 4x400 A Team - Kayla Tolbert , Paloma Henderson., Sa'mya Holloman Lewis and Saran Kouyeth

1st place 400 – Saran Kouyeth

2nd place long jump - Paloma Henderson

4th place 4x100 B Team - Janiyah Riley, Kala Barkley ,McKenzie Nation and Paloma Henderson

5th place 300 hurdles - Sa'mya Holloman Lewis

5th place 100 Hannah Cooper, 800 – Lexi lay and 4x400b team Lexi Lay, Hannah Cooper , McKenzie Nation and Kala Barkley

On Saturday, the Lady Spartans would run in the Wolverine Invitational in Woodstock. They competed against 20 teams. The



had the following finishes...

1st place - 4x400 relay- Kayla Tolbert, Paloma Henderson ,Sa'mya Holloman Lewis and Saran Kouyeth



Upcoming Sports Events

March 4

Golf vs. Marietta HS 4pm (City Club of Marietta)

JV Girls/Boys Soccer @ Grady 5:55/7:30pm

Varsity Baseball @ Sprayberry 5:55pm

Girls LAX @ Duluth 6:00pm

March 5

Boys & Girls Tennis vs. Carver 4:45pm

V. Girls/Boys Soccer @ Banneker 5:55/7:30pm

Boys LAX @ Grady 5:55pm

March 6

Boys Track @ Alpharetta Home Meet 4:00pm

Varsity Baseball vs. Grady 5:55pm

JV Baseball @ Wheeler 5:55pm

JV Girls Soccer @ Northview 6:00pm

March 7

Golf vs. Marietta 4pm (Brookfield CC)

Boys & Girls Tennis @ Banneker 4:30pm

JV Baseball @ Roswell 5:55pm

V. Girls/Boys Soccer vs. Grady 5:55/7:30pm

March 8

V. Baseball @ Grady 5:55pm

JV Baseball vs. Northview 5:55pm

March 9

Boys Track @ Atlanta Games Invite 9:00am (Lakewood Stadium)

Girls Track @ Longhorn Stampede (Lambert HS) 9:45am

JV Baseball vs. Sprayberry 12noon (DH)

Varsity Baseball vs. Wheeler 1:00pm

Varsity Baseball vs. E. Paulding 5:30pm

1st place 100m - Saran Kouyeth and 2nd in 200m

2nd place 100m Hannah Cooper and 4th in 200m

2nd place 100m hurdles Kayla Tolbert

2nd place long jump Paloma Henderson

Lexi Lay's PR in the 800m placed 3rd

Sa'mya Holloman Lewis took 4th in 300m hurdles and Kayla Tolbert 5th.

Zandria Washington(long jump) and Josyln Young (800m)also had PR's.

the team took 2nd place in the meet.

Boys Track Finishes 8th at Raiders Early Bird Meet

The elements were not in favor for the teams competing this weekend but it did not keep the North Springs Boys Track and Field program from performing well. Senior, Ryan Gordon, is the Top Spartan for the program this week, as he accumulated 16 total points. Gordon stay consistent from last week as he earned medals in the Triple Jump and the 110 Hurdles, finishing 2nd and 3rd respectfully. Gordon also placed in the 300 Meter Hurdles finishing 7th. Freshman distance runner Evan Feintuch, continues to show greatness as he crushed his 3200-personal best by 27.9 seconds with a time of 10:57.50. Junior Thrower, Senam Quartey, placed 8th in the Shot Put with a throw of 35ft 10-1/2in. Senior Zahir Nichols, placed 6th in the Long Jump and 5th in the Triple Jump. Senior Christophe Donsereaux, returned this week in the Long Jump, placing 4th overall with a personal best of 20ft 6.50in. The 4×100-meter relay team finished 6th overall.

The Boys Track and Field program will be competing in the Woodstock Invitational this weekend.

Varsity Baseball Off to 3-0 Start

Last Tuesday, The Spartans varsity baseball team opened their season with a 20-0 drubbing of the Osborne Cardinals at Osborne High School. The game was called after 4 innings due to the mercy rule. Trevor Day, Simon Gersten, Micah Kornblum, and Buck Olson all had 2 or more RBI. The story of the game, though, was the Spartans pitching and defense, which

committed zero errors. Dylan Reid, in his varsity debut, combined with Olson and Andrew Frank on a no-hit effort on the mound.

On Thursday, The Spartans varsity baseball team cranked out 21 runs in 4 innings against an outmanned Central Gwinnett team on Wednesday evening in a non-region game at Central Gwinnett High School. The Spartans offense was led by Simon Gersten and Micah Kornblum (both 2 for 3 with 3 RBI). The pitching staff shut down the Black Knights offense, striking out 10 in 4 innings, and yielding only 1 run on 1 hit.

On Friday night, the Spartans were forced to move the game vs. Norcross to LakePoint Sports complex due to all of the rainy weather. The North Springs varsity baseball team was able to hold for a 4-3 win over Norcross in a late-night game played at the LakePoint Baseball Complex due to soggy field conditions at both schools' baseball facilities. The visiting Blue Devils jumped out to a 1-0 lead in the top of the first inning and added 2 more runs in the top of the third, chasing Spartans starting pitcher Buck Olson after 3 innings. Second baseman Cole Gabbai moved over to the mound in relief of Olson and tossed 4 innings of no-hit relief for the Spartans.

The Spartans' offense picked up runs in the bottom of the fourth and fifth innings, highlighted by a sacrifice fly by Olson that scored Dylan Reid to give the Spartans the lead for good in the bottom of the fifth. Gabbai also contributed on the offensive end going 2 for 2 with 2 RBI. Freshman Jake Streeter was 1 for 2 with a walk and 2 runs scored and Micah Kornblum added an RBI triple and 1 run scored for the Spartans.

Girls Lacrosse Splits with Maynard Jackson and Lakeside

Last Monday, the Lady Spartans suffered a tough 15-5 loss at the hands of Maynard Jackson. Dae Aught had three goals and Sam Warren scored 2 in the loss. The girls would rebound on Tuesday night with a 13-5 win over Lakeside. Sara Jenkins led all scoring with seven goals. Dae Aught followed with 5 goals and Sam Warren had 1. Taliyah King finished the game with 9 saves in the goal. Strong play in the midfield by Aniyah Taylor and Meah Poret helped to preserve the win. The girls play again on Monday, March 4th at Duluth at 6pm.

Boys Lax Moves to 3-1 with wins over Maynard Jackson and Walker

On Monday night, The Spartans took the 'W' last night with their first home win this season against a young Maynard Jackson team, 17-1. Lots of scoring all around with hat-tricks for Carlton Colley, Jake Rubin and JD Kilbourn. Two goals a piece came from George Christman, Christian Holloman and Charley Plumly. Single goals came from Jackson Cohen and Pete Klaffer. Charlie Turner had two assists and an assist each from Colley, Rubin, and Kilbourn. Makowski had another good night allowing only a single goal and contributing eight saves.

On Wednesday, The Boys Varsity lacrosse team had a strong night up in Cobb County against The Walker School, hitting on all cylinders. The 12-6 victory was extra sweet as last year the Spartans fell to the Wolverines in double overtime. Seniors Jake Rubin and Carlton Colley led the scoring with 8 of the 12 goals, Rubin with 5 and Colley with 3. Freshman JD Kilbourn and Junior Charlie Turner added two goals apiece to round out the scoring. The team was selfless with the ball tonight with 8 assists to compliment the goals, Rubin – 4, Kilbourn – 2, Colley and Turner with 1 each. Senior Charley Plumly was 9 of 19 on faceoffs and Sophomore Jack Makowski had 11 saves in goal! The defense was strong tonight forcing 9 turnovers and winning the ground ball battle 27-13. The Spartans next game will be away at Grady High School next Tuesday at 5:55 p.m.

Boys Soccer Off to A Great Start

Tuesday night 2/26/19 the Spartans traveled to Osborne High and took on a very fast, very aggressive Cardinal boys soccer team. The Cardinals may not of won a game but their play and tenacity of play spoke volumes they are a tough, fast, quick team.

It was a wonderful night for a match. North Springs looked good at the beginning, controlling the play. Eight minutes into the game Andrew Wright received a pass down the

right wing and put a perfect cross to Vicente Marron as he drilled a shot past the Cardinal keeper to give the Spartans a 1-0 at 32:33 of the game.

Osborne was playing a control passing game looking for the chance to play a quick hitting pass through or over the top to strike using their speed and quickness. Osborne accomplished this just past the midpoint of the 1st half. Osborne was able to get a pass by the Spartan defense who then went straight to goal to beat the keeper to tie the game at 1-1 at the 18:59 mark.

In the 2nd half North Springs took control of the game. Controlling the midfield, winning headers, connecting in their passes. Just like in the first half the Spartan put together an unrelenting attack on its opponent. In front of the goal a battle ensued to win the ball to either score or be cleared by the Cardinals. Several chances ensued in the keeper box before Jerry Nazario from the right side of goal found the opening and was able to put the ball by an excellent keeper to give his team a 2-1 lead at the 33:21 mark of the 2nd half.

Osborne kept to their game plan but the Spartans had adjusted in their play and was now positioned to stop what the Cardinals were successful at in the 1st half. Osborne got a lucky break as a Spartan defender miss judged play on a header that just got over him as a Cardinal ran by and collected the ball to take on a hard charging keeper where the Cardinal put a chip over the keeper, but Justin Kaplin was rushing to get to goal in support, but was just a step short as the Cardinal player and Justin both went flying into the back of the net that tied the game with 5:20 to play.

The best wasn't over yet. It was decided before game we would not be playing OT, so a possible tie was looming. In that last wild 5 minutes, the Spartans took control of play. Keeping the pressure on the Cardinals and getting several opportunities. Once again North Springs got the ball in front of the net and was again doing their best to finish it off. One shot at point blank range, keeper saved but not controlled, a 2nd shot and rebound, a 3rd shot and rebound and at 1:25 left Simon Ben-Moshe from the right side was able to get the ball past the keeper to give North Springs a 3-2 lead. The Spartans was able to control the last minute and walk off with a 3-2 win and a 5-0 record.

Boys varsity soccer hosted the Wildcats from Dunwoody High on 2/28/19 in a re-scheduled makeup game due to severe weather two weeks ago. Dunwoody came in at 0-2-3 while the Spartans brought in a record of 5-0. This game became a physical battle as the game wore on. Neither team really threaten in the first half. The first half ended in a 0-0 draw.

The 2nd half, both teams stepped up their play. A revamped Spartan defense consisting of Ryan Kaplin, Zach Lyons, Ben Salpeter, Carlos Casanova and Nicholas Missert was able to keep up pressure and keep the dangerous duo of Dunwoody strikers at bay. Even though Dunwoody came in winless they came into this game with a dangerous, control passing, fast counter attacking system. No team had been able to keep Dunwoody from scoring. As the 2nd half wore on, North Springs started to find its stride. Winning control of midfield, stringing together passes, showing its own counter attacking ability and getting opportunities to take the lead. Edgar Ulloa, Anthony Resendiz, Adrian Gonzalez, Vicente Marron, Simon Ben-Moshe with support from Jerry Nazario, Abel Pineda, Mike Lyons, Omar Lopez put together wave after wave of barrages of scoring chances against the Wildcat keeper but on this night couldn't get the ball to find the back of the net. The second half saw 17 fouls called between the 2 teams with each team having a player receive a yellow card. Charlie Jose, the Spartan keeper came up with timely saves on Dunwoody corners (5) punching the ball out in a crowd. Charlie had 7 saves.

With the game clock counting down toward the end of the game, Dunwoody had one last chance, a corner kick with under a minute to play. The Spartans HAD to make this stop. The ball was perfectly placed, the Spartans were able to direct the ball out with other teammates gaining control and getting the clear up field as the clock expired and the North Springs Boys continued to be undefeated at 5-0-1. The Soccer teams open Region play next week as they travel to Banneker High on Tuesday.

Student-Athlete Physical & Insurance Reminder...

The North Springs Athletic Department utilizes ArbiterAthlete (*powered by PlanetHS*) to make the process of registering your students for athletics a much smoother and more convenient. Parents and students will can now complete all the necessary registration

forms for participation in our athletic programs via their computer, tablet, or smartphone. This is a faster and more efficient way for the athletic staff, parents, and students to keep track of each student's pre-participation forms. You can visit our athletic website www.northspringsathletics.org and click the "MORE" tab at the top of the page. You will see the "Athletic Physical Information", All forms can be filled out and signed electronically. The only forms to print and upload are the physical examination and clearance forms. **It is extremely important that you be made aware that Fulton County Schools does not purchase or provide student accident insurance for students and Fulton County Schools may not be liable for student injuries/accidents. Please upload a copy of the front of your student's insurance card to their ArbiterAthlete profile.** If you are choosing to purchase the school insurance, please contact T.W. Lord & Associates at 770-427-2461 or apply online at <https://twlord.net/application-for-enrollment/>. Students will not be permitted to participate in conditioning, practices, or competitions unless they have an **approved** physical on file in ArbiterAthlete. If you have any questions, please contact Athletic Director Lamarr Glenn at glennl@fultonschools.org.

[Student Accident Insurance Application \(English\)](#)

[Student Accident Insurance Application \(Spanish\)](#)

2018-19 North Springs Head Coach/Director List

Fall Sports

Football	Scotty Parker	parkerd@fultonschools.org
Softball	Stephanie Peet	peets@fultonschools.org
Boys Cross Country	TBD	TBD
Girls Cross-County	Amanda Paris	parisam@fultonschools.org
Football Cheer	Alexandria Jemison	jemisonam@fultonschools.org
Volleyball	Brittany Peyton	peytonb@fultonschools.org

Winter Sports

Boys Basketball	Charles Parks	parks@fultonschools.org
Girls Basketball	Tonique Frasier	frasiert@fultonschools.org
Basketball Cheer	Alexandria Jemison	jemisonam@fultonschools.org
Swimming/Diving	Nancy Delano	delanonm@fultonschools.org
Wrestling	Marc Komar	komarm@fultonschools.org

Spring Sports

Baseball	Matthew Gershon	gershonmj@fultonschools.org
Boys Golf	Maj. Todd Powers	powerst@fultonschools.org
Girls Golf	Maj. Todd Powers	powerst@fultonschools.org
Boys Tennis	Quinton Hunt	huntq@fultonschools.org
Girls Tennis	Tonique Frasier	frasiert@fultonschools.org
Boys Lacrosse	Stefan Singer	singers@fultonschools.org
Girls Lacrosse	Teryn Fleetwood	fleetwoodtw@fultonschools.org
Boys Soccer	Bill Bratton	koachbillyatl@yahoo.com
Girls Soccer	Amanda Paris	parisam@fultonschools.org
Girls Track and Field	Patty Carroll	carroll@fultonschools.org
Boys Track and Field	Josh Weaver	weaverj@fultonschools.org

Activity Directors

Band	Michael Brown	brownm4@fultonschools.org
Fencing	Robert Brooking	brooking@fultonschools.org
Water Polo	Julie Ferris	ferrisj1@fultonschools.org
Chorus	Van Craven	craven@fultonschools.org
Drama	Joel King	kingj1@fultonschools.org
Orchestra	TBD	TBD

Athletic Event Tickets Now Available Online with GoFan!

Want to avoid the lines at games...

Forgot to swing by the ATM on the way to the game...

Well Spartans...

North Springs has partnered with GoFan to bring you the convenience of being able to purchase your tickets online from your mobile phone. There is a small convenience fee. Once you have purchased your online ticket, just bring your mobile phone to the event entrance and one of the ticket personnel will validate your purchase. Visit the link below to begin purchasing your event tickets on your mobile phone!

[North Springs Online Event Tickets](#)

Spartan Athletic Booster Club Membership

Parents...

If your student is a member of one of our athletic teams here at North Springs High School, we are asking that you become a booster club member. Our athletes need the extra support. We are asking that you join at a minimum level of \$25. There are also booster packages that will give you many other incentives. Click [here](#) to become a member. North Springs Athletics thanks you for your support our student athletes!

North Springs Spartans Athletics on Social Media

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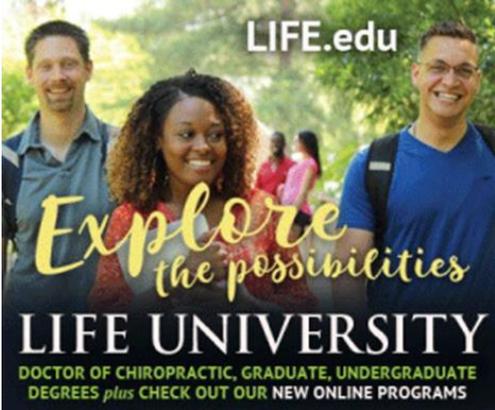
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