

Spartan Athletic Newsletter

March 11, 2019 Vol. 3 - #18

North Springs High School

7447 Roswell Road NE, Sandy Springs, GA 30328

www.northspringsathletics.org 470-254-2490

Girls Track Takes 1st at Longhorn Stampede



Another cold day at Lanier HS on Saturday, but GIRLS TRACK HEATS IT UP AGAIN!

1st place finishes...

4x400 "A" team - Kayla Tolbert., Paloma Henderson, Sa'mya Holloman Lewis and Saran Kouyeth

1st place 100 - Saran Kouyeth

1st place 200 - Saran Kouyeth

1st place 100 hurdles - Kayla Tolbert

1st place long jump - Paloma Henderson

2nd Place Finishes...

2nd place 4x100 "B" TEAM - Janiyah Riley, Ravin Thomas, McKenzie Nation and Paloma Henderson

2nd place 4x400 "B team - Lailah Williams ,Janiyah Riley , McKenzie Nation and Lexi Lay



Upcoming Sports Events

March 11

JV Baseball vs. Riverwood 5:30pm

Varsity Baseball @ Carver 5:55pm

March 12

Golf @ Riverwood (Laurel Springs)
4pm

Boys Tennis vs. Decatur 4:15pm

Girls Tennis @ Decatur 4:15pm

Boys LAX @ Mt. Pigsah 5:30pm

V. Baseball vs. Oconee Cty. 5:55pm

JV Baseball @ Northview

V. Girls/Boys Soccer vs. Riverwood
5:55/7:30pm

March 13

Boys & Girls Track @ Wildcat JV
Invite (Wheeler HS) 4:30pm

Girls LAX @ Mt. Paran 5:30pm

Varsity Baseball vs. Carver 5:55pm

March 14

Golf vs. Centennial 4pm (Roswell
CC)

Girls Tennis @ Grady 4:15pm

Boys Tennis vs. Grady 4:15pm

JV Baseball @ Shiloh 5:00pm

JV Girls/Boys Soccer @ Decatur
5:55/7:30pm

Girls & Boys LAX vs. Norcross
5:00/7pm

March 15

JV Baseball @ Decatur 5:30pm

V Baseball vs. Decatur 5:55pm

Girls & Boys V. Soccer vs. Decatur
5:55pm/7:30pm

March 16

Boys Track @ Roswell Relays 9:00am
(Roswell HS)

Girls Track @ Rome Relays (Barron
Stadium) 12:30pm

JV Baseball @ Johns Creek 1:00pm

2nd place 100 Hannah Cooper

2nd place 300 hurdles Kayla Tolbert

3rd Place Finishes...

3rd place 800 - Lexi Lay and 200 Hannah Cooper

And 3rd place in 100 hurdles and 300 hurdles -Sa'mya Holloman Lewis

Also adding to the Lady Spartans 111 points -Janiyah Riley and Lailah Williams in the 200M.

The girls will compete in the Rome Relays this Saturday at Barron Stadium in Rome, GA.

Running events begin at 12:30pm.

Boys Soccer Goes to the Wire to Defeat Grady 3-2

The Varsity Boys Soccer team went into their first region game of the season with a #9 ranking in 5A (first time being ranked as a top 10 team in over 20+ season) and they went down to the wire to defeat Grady 3-2.

The first half of the game saw North Springs strike first. Adrian Gonzalez fed a pass down the left side to Simon Ben-Moshe who made an inside move and fired a shot between two defenders and an outstretched Knight keeper as the ball went into the far lower right corner of the goal to give the Spartans a 1-0 lead with 31:43 left in the half.

Play seesawed back and forth until late in the half when North Springs was called for a foul. Grady received a free kick from 30 yards out. #18 of Grady lined up his shot and sent a high ball just over Charlie Jose's stretching finger tips and just under the top of the cross bar to tie the game at one apiece with 10:43 to play in the half.

The 2nd half saw the Spartan improve their game and was controlling the pace and play. With 11:52 remaining Ryan Kaplin made a quick throw in to a fast thinking Zach Lyons who did a quick flick on a header pass the Grady keeper to put the Spartans up 2-1.

Things were looking good for North Springs but about 10 minutes later a foul was called on the Spartans giving the Knights a free kick from 20 yards out directly in front of the goal. It was #18 again for the Knight who connected with the back of the net again to tie the game with 2:01 left in regulation play.



The game ended 2-2 and both teams were headed to a 15 minute OT period. The 15 minutes would be played to completion. North Springs totally controlled play and had several golden chances to take the lead but just could not find the connection

to finish off the Knights. So now the score remained 2-2 as both team went to PK's.

This is where the excitement got intense. Vincente Marron from North Springs was first to go. He was on target and NS lead 1-0

The Grady Knights turn saw 2 players to take kicks. First was #2. Charlie Jose diving left made the save but the line judge called him on a movement validation giving Grady a 2nd shot which was good.

The next Grady player #8 stepped up and Charlie Jose AGAIN promptly blocked the shot but AGAIN the line judge called a foul that Charlie again moved early. The lead referee at this point questioned the line judge on the calls. A conference was held between the two but the calls stood. North Springs coaches asked what their keeper was doing incorrect but was just told he jumped early. #8 made his 2nd chance.

This did not deter the Spartans, as the next two North Springs players, Simon Ben-Moshe and Andrew Wright stepped up and drilled their shots pass the Grady keeper to take a 3-2 lead.

Grady now got two chances to take the lead and still get the last kick if needed in PK's. #18 wasted no time and put his shot by Charlie but no foul was called this time. Score 3-3

Grady's 4th player #10 came up for his attempt. The shot was to Charlie's left but Charlie dove to his right but during his dive his back foot hit the ball and deflected it out of the goal for the save. Score now stands at 4-3 in favor of North Springs.

North Springs had one kick left to secure the region win. The kicker was Jerry Nazario. If Jerry makes the kick than North Springs wins the PK's 5-3. Jerry calmly approached the spot and sends his shot to the left of the keeper as the North Springs players went WILD and CRAZY.

North Springs had just beaten Grady for the 3rd year in a row, won their first region game of the season and moved their record to 6-0-1.

Final official score: North Springs - 3 Grady - 2

Boys Track Runs at Atlanta Games Invitational

With a packed house and a lot of State Championship worthy competition, the North Springs Boys Track and Field program had an exceptional day. Freshman. Hampton Chappell, showcased his ability to compete on a high level in the 300 hurdles as he ran 48.94 in his second attempt at the race. Senior sprinter, Jordan Eaddy, competed in the 100-meter run, finishing with a time on 11.56. Sophomore distance runner, Ford Carter, ran a

personal best in the 3200 with a time of 11:53.11. Senior hurdler, Noah Williams, ran the 110 meter hurdles for the first time this season and ran 17.81.

Nearing the halfway mark of the season, the Boys Track and Field program is primed and ready for their next meet. The 9th and 10th grade runners will be competing at Wheeler High School on Wednesday and the Varsity will be competing at Roswell High School on Saturday.

Baseball Blanks Region Foe Grady 3-0

On Friday night, Dylan Reid threw a 3-hit shutout as North Springs swept the season series from Region 6-AAAAA foe Grady. The Spartans move to 2-0 in region play and 6-2 overall. This weekend, the team took a break from region play to compete in a two-night doubleheader versus Wheeler and East Paulding on Saturday. The Spartans would have a tough day suffering a 12-6 loss at Wheeler and a 13-2 loss at East Paulding. The Spartans look to get back on track as they take travel to region opponent Carver-Atlanta on Monday at 5:55pm.

Boys Lax Gets Nail-Biting Road Win Over Grady

The Spartans were on the road in Midtown on a frigid night to face Grady High School, and came out with the win in an exciting finish! With the game tied late in the 4th quarter, Grady scores the go-ahead goal with 1:27 left to go. With 35 seconds remaining, Junior Charlie Turner comes in the clutch with one of his three goals on the night to tie the game back up. Senior Charley Plumly won his 21st faceoff of the night and the Spartans had one final chance. Senior Carlton Colley came through with 1 of his 2 goals on the night to take the Spartans ahead 15-14 with :02 left on the clock to clinch the come from behind victory! Senior Jake Rubin had a big night with 6 goals and 2 assists while Freshman JD Kilbourn had a hat-trick in both goals and assists. In addition to dominating the faceoffs winning 21 of 29 on the night, Plumly also contributed a goal to the effort. Colley and Junior George Christman each had an assist. The defense was strong, dominating the groundball game taking 35 to Grady's 26. Senior Chandler Jackson forced 4 of the Spartan's 7 turnovers on the night with Senior Tiwan Jones, Jr. and Junior Dylan Mah leading the D with a lot of passion. Sophomore Jack Makowski adds to his season save total taking the win tonight and contributing 12 saves. The only downside to tonight was that due to the cold temperatures, we lost our batteries in the camera and did not capture the final four, most exciting, minutes of the game! But, as one of the team captains, Jake Rubin put it, "I'd rather have the win than the film." Well said! A special thanks to our manager, Tania Clark

for managing the team tonight and freezing through the filming! Congrats to all on a key road win – GO SPARTANS!!

Announcements...

- The Spartan Soccer Program will be hosting its 3rd Annual Spartan Soccer Night with Sandy Springs Middle School this Tuesday, March 12th. We are inviting all future Spartan soccer players from SSMS to come experience what high school soccer is all about at North Springs.
- Northside Hospital Sports Medicine Network will be offering athletic physicals right here at North Springs HS on Wednesday, April 24th from 4:30pm – 6:30pm for \$20. All proceeds go to the Spartan Athletic Booster Club. 2019-2020 Physical Forms will be available beginning after April 1st on our website www.northspringsathletics.org or in the athletic director's office C-108. These physicals will be valid thru the end of July 2020. Make sure your student is there!
- Spartans...Join us for North Springs Family Weekend at the Atlanta Gladiators Hockey game on March 23rd and 24th at the Infinite Energy Arena. A portion of the discounted ticket proceeds benefit the Spartan Athletic Booster Club. A great event for your entire family. For more information or to purchase tickets, click here: <http://bit.ly/NSCHS>

Student-Athlete Physical & Insurance Reminder...

The North Springs Athletic Department utilizes ArbiterAthlete (powered by PlanetHS) to make the process of registering your students for athletics a much smoother and more convenient. Parents and students will can now complete all the necessary registration forms for participation in our athletic programs via there computer, tablet, or smartphone. This is a faster and more efficient way for the athletic staff, parents, and students to keep track of each students' pre-participation forms. You can visit our athletic website www.northspringsathletics.org and click the "MORE" tab at the top of the page. You will see the "Athletic Physical Information", All forms can be filled out and signed electronically. The only forms to print and upload are the physical examination and clearance forms. **It is extremely important that you be made aware that Fulton County Schools does not purchase or provide student accident insurance for students and Fulton County Schools may not be liable for student injuries/accidents. Please upload a copy of the front of your student's insurance card to their ArbiterAthlete profile.** If you are choosing to purchase the school insurance, please contact T.W. Lord & Associates at 770-427-2461 or apply online at <https://twlord.net/application-for-enrollment/> . Students will not be permitted to participate in conditioning, practices, or competitions unless they have an **approved** physical on file in ArbiterAthlete. If you have any questions, please contact Athletic Director Lamarr Glenn at glennl@fultonschools.org.

[Student Accident Insurance Application \(English\)](#)

[Student Accident Insurance Application \(Spanish\)](#)

2018-19 North Springs Head Coach/Director List

Fall Sports

Football	Scotty Parker	parkerd@fultonschools.org
Softball	Stephanie Peet	peets@fultonschools.org
Boys Cross Country	TBD	TBD
Girls Cross-County	Amanda Paris	parisam@fultonschools.org
Football Cheer	Alexandria Jemison	jemisonam@fultonschools.org
Volleyball	Brittany Peyton	peytonb@fultonschools.org

Winter Sports

Boys Basketball	Charles Parks	parks@fultonschools.org
Girls Basketball	Tonique Frasier	frasiert@fultonschools.org
Basketball Cheer	Alexandria Jemison	jemisonam@fultonschools.org
Swimming/Diving	Nancy Delano	delanonm@fultonschools.org
Wrestling	Marc Komar	komarm@fultonschools.org

Spring Sports

Baseball	Matthew Gershon	gershonmj@fultonschools.org
Boys Golf	Maj. Todd Powers	powerst@fultonschools.org
Girls Golf	Maj. Todd Powers	powerst@fultonschools.org
Boys Tennis	Quinton Hunt	huntq@fultonschools.org
Girls Tennis	Tonique Frasier	frasiert@fultonschools.org
Boys Lacrosse	Stefan Singer	singers@fultonschools.org
Girls Lacrosse	Teryn Fleetwood	fleetwoodtw@fultonschools.org
Boys Soccer	Bill Bratton	koachbillyatl@yahoo.com
Girls Soccer	Amanda Paris	parisam@fultonschools.org
Girls Track and Field	Patty Carroll	carroll@fultonschools.org
Boys Track and Field	Josh Weaver	weaverj@fultonschools.org

Activity Directors

Band	Michael Brown	brownm4@fultonschools.org
Fencing	Robert Brooking	brooking@fultonschools.org
Water Polo	Julie Ferris	ferrisj1@fultonschools.org
Chorus	Van Craven	craven@fultonschools.org
Drama	Joel King	kingj1@fultonschools.org
Orchestra	TBD	TBD

Athletic Event Tickets Now Available Online with GoFan!

Want to avoid the lines at games...

Forgot to swing by the ATM on the way to the game...

Well Spartans...

North Springs has partnered with GoFan to bring you the convenience of being able to purchase your tickets online from your mobile phone. There is a small convenience fee. Once you have purchased your online ticket, just bring your mobile phone to the event entrance and one of the ticket personnel will validate your purchase. Visit the link below to begin purchasing your event tickets on your mobile phone!

[North Springs Online Event Tickets](#)

Spartan Athletic Booster Club Membership

Parents...

If your student is a member of one of our athletic teams here at North Springs High School, we are asking that you become a booster club member. Our athletes need the extra support. We are asking that you join at a minimum level of \$25. There are also booster packages that will give you many other incentives. Click [here](#) to become a member. North Springs Athletics thanks you for your support our student athletes!

North Springs Spartans Athletics on Social Media

You can follow North Springs Athletics on Twitter and Facebook.



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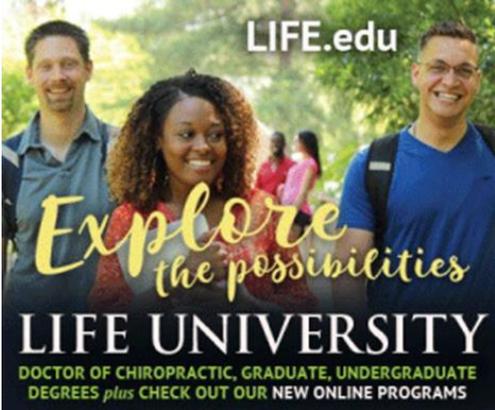
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