

# Spartan Athletic Newsletter

April 8, 2019 Vol. 3 - #20

## North Springs High School

7447 Roswell Road NE, Sandy Springs, GA 30328

[www.northspringsathletics.org](http://www.northspringsathletics.org) 470-254-2490

### Welcome back Spartans!

Hope everyone had a relaxing and refreshing Spring Break and are ready to finish out this spring semester strong. This has been an exciting spring for our athletic programs. Our spring sports are currently rounding out region competitions to determine state playoff bids and seeding. There have been some record-setting performances and nail-biting competitions this spring. As we conclude spring sports seasons, please come out and support our Spartans, especially our seniors as they compete for the last time as North Springs Spartans.

### Physical Night at North Springs – April 24<sup>th</sup>!!!!

Parents and Students...

Northside Hospital Sports Medicine Network will be offering athletic physicals right here at North Springs HS on Wednesday, April 24<sup>th</sup> from 4:30pm – 6:30pm for \$20. Parents and students can create their profiles and fill out 2019-2020 forms (**History Form, Concussion form, Application to Participate, Emergency contact, Transportation release, GHSA Handbook, and Insurance verification form**) electronically in ArbiterAthlete prior to your student's physical exam on April 24<sup>th</sup> at [www.arbiterathlete.com](http://www.arbiterathlete.com). You do not need to create a new profile if you already have one. Physical examination forms and Clearance forms will be provided for those that attend. All proceeds go to the Spartan Athletic Booster Club. ArbiterAthlete instructions can be found on our website [www.northspringsathletics.org](http://www.northspringsathletics.org) or in the athletic director's office C-108. **Any physical exams taken on or after April 1<sup>st</sup> will be valid thru the end of July 2020. If you post a physical and**



### Upcoming Sports Events

#### April 8

Golf @ Invitational (Indian Hills CC) 3:30pm  
V. Baseball @ Banneker 5:55pm  
Girls V. Soccer @ Cass HS 6:00pm

#### April 9

B/G Tennis vs. Mt. Vernon 4pm (Sr. Day)  
Boys LAX @ Riverside Military 4:30pm  
Girls/Boys V. Soccer vs. Discovery 5:55pm/7:45pm

#### April 10

Girls Track @ Roswell Meet 4:00pm  
V. Baseball @ M. Jackson 5:55pm  
G/B LAX @ Campbell HS 5:55/7:30pm

#### April 11

Golf vs. Norcross 3:30pm (Steel Canyon)  
V Baseball @ Northview 5:55pm  
Girls V Soccer @ Cass HS 6:00pm

#### April 12

V Baseball vs. M. Jackson 5:55pm  
B V. Soccer @ Cass HS 6:00pm  
Boys LAX vs. South Cobb 6:30pm

#### April 13

PROM NIGHT 7:00PM

**clearance form dated prior to April 1<sup>st</sup>, it will expire (1) year from the exam date.** Parents and students can fill out new ArbiterAthlete profiles for 2019-20 school year beginning April 1<sup>st</sup>. Spartan Athletic Boosters will have pizza and soft drinks available.



## Student-Athlete Insurance is Mandatory...

It is extremely important that you be made aware that Fulton County Schools does not purchase or provide student accident insurance for students and Fulton County Schools may not be liable for student injuries/accidents. Please upload a copy of the front of your student's insurance card to their ArbiterAthlete profile. Any student that does not have insurance coverage, will not be allowed to participate in any athletic activities. You may choose to purchase school insurance by contacting T.W. Lord & Associates at 770-427-2461 or apply online at <https://twlord.net/application-for-enrollment/>. Students will not be permitted to participate in conditioning, practices, or competitions unless they have an **approved** physical on file in ArbiterAthlete. If you have any questions, please contact Athletic Director Lamarr Glenn at [glennl@fultonschools.org](mailto:glennl@fultonschools.org).

[Student Accident Insurance Application \(English\)](#)

[Student Accident Insurance Application \(Spanish\)](#)



## **Cheerleading Tryouts & Parent Meeting**

Parents and any current 9<sup>th</sup>-11<sup>th</sup> grade students that are interested in trying out for the 2019-2020 Spartan Cheerleading program need to attend one of the following informational meetings...

Monday, April 8<sup>th</sup> at 4:30pm – Returning Cheerleaders

Tuesday, April 9<sup>th</sup> at 4:15pm – All Newcomers

Tryouts will begin on Monday, April 15<sup>th</sup> at 3:45pm in the gym. Students must have an approved physical in ArbiterAthlete prior to tryouts. NO EXCEPTIONS!!!

If you have any questions, please contact Coach Jemison at [jemisonam@fultonschools.org](mailto:jemisonam@fultonschools.org).

### **2018-19 VARSITY CHEER TEAM**



### **2018-19 JV CHEER TEAM**



## 2018-19 North Springs Head Coach/Director List

### Fall Sports

Football	Scotty Parker	<a href="mailto:parkerd@fultonschools.org">parkerd@fultonschools.org</a>
Softball	Stephanie Peet	<a href="mailto:peets@fultonschools.org">peets@fultonschools.org</a>
Boys Cross Country	TBD	TBD
Girls Cross-Country	Amanda Paris	<a href="mailto:parisam@fultonschools.org">parisam@fultonschools.org</a>
Football Cheer	Alexandria Jemison	<a href="mailto:jemisonam@fultonschools.org">jemisonam@fultonschools.org</a>
Volleyball	Brittany Peyton	<a href="mailto:peytonb@fultonschools.org">peytonb@fultonschools.org</a>

### Winter Sports

Boys Basketball	Charles Parks	<a href="mailto:parks@fultonschools.org">parks@fultonschools.org</a>
Girls Basketball	Tonique Frasier	<a href="mailto:frasiert@fultonschools.org">frasiert@fultonschools.org</a>
Basketball Cheer	Alexandria Jemison	<a href="mailto:jemisonam@fultonschools.org">jemisonam@fultonschools.org</a>
Swimming/Diving	Nancy Delano	<a href="mailto:delanonm@fultonschools.org">delanonm@fultonschools.org</a>
Wrestling	Marc Komar	<a href="mailto:komarm@fultonschools.org">komarm@fultonschools.org</a>

### Spring Sports

Baseball	Matthew Gershon	<a href="mailto:gershonmj@fultonschools.org">gershonmj@fultonschools.org</a>
Boys Golf	Maj. Todd Powers	<a href="mailto:powerst@fultonschools.org">powerst@fultonschools.org</a>
Girls Golf	Maj. Todd Powers	<a href="mailto:powerst@fultonschools.org">powerst@fultonschools.org</a>
Boys Tennis	Quinton Hunt	<a href="mailto:huntq@fultonschools.org">huntq@fultonschools.org</a>
Girls Tennis	Tonique Frasier	<a href="mailto:frasiert@fultonschools.org">frasiert@fultonschools.org</a>
Boys Lacrosse	Stefan Singer	<a href="mailto:singers@fultonschools.org">singers@fultonschools.org</a>
Girls Lacrosse	Teryn Fleetwood	<a href="mailto:fleetwoodtw@fultonschools.org">fleetwoodtw@fultonschools.org</a>
Boys Soccer	Bill Bratton	<a href="mailto:koachbillyatl@yahoo.com">koachbillyatl@yahoo.com</a>
Girls Soccer	Amanda Paris	<a href="mailto:parisam@fultonschools.org">parisam@fultonschools.org</a>
Girls Track and Field	Patty Carroll	<a href="mailto:carroll@fultonschools.org">carroll@fultonschools.org</a>
Boys Track and Field	Josh Weaver	<a href="mailto:weaverj@fultonschools.org">weaverj@fultonschools.org</a>

### Activity Directors

Band	Michael Brown	<a href="mailto:brownm4@fultonschools.org">brownm4@fultonschools.org</a>
Fencing	Robert Brooking	<a href="mailto:brooking@fultonschools.org">brooking@fultonschools.org</a>
Water Polo	Julie Ferris	<a href="mailto:ferrisj1@fultonschools.org">ferrisj1@fultonschools.org</a>
Chorus	Van Craven	<a href="mailto:craven@fultonschools.org">craven@fultonschools.org</a>
Drama	Joel King	<a href="mailto:kingj1@fultonschools.org">kingj1@fultonschools.org</a>
Orchestra	TBD	TBD

## **Athletic Event Tickets Now Available Online with GoFan!**

Want to avoid the lines at games...

Forgot to swing by the ATM on the way to the game...

Well Spartans...

North Springs has partnered with GoFan to bring you the convenience of being able to purchase your tickets online from your mobile phone. There is a small convenience fee. Once you have purchased your online ticket, just bring your mobile phone to the event entrance and one of the ticket personnel will validate your purchase. Visit the link below to begin purchasing your event tickets on your mobile phone!

[North Springs Online Event Tickets](#)

## **Spartan Athletic Booster Club Membership**

Parents...

If your student is a member of one of our athletic teams here at North Springs High School, we are asking that you become a booster club member. Our athletes need the extra support. We are asking that you join at a minimum level of \$25. There are also booster packages that will give you many other incentives. Click [here](#) to become a member. North Springs Athletics thanks you for your support our student athletes!

## **North Springs Spartans Athletics on Social Media**

You can follow North Springs Athletics on Twitter and Facebook.



Follow us on Twitter @NSHSSpartans\_AD

Like us on Facebook at North Springs Athletics

**2018-19 Proud Spartan Sponsors**

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