

2020 El Cajon Valley Track & Field Schedule

Date	Event	Location	Time
Sat 2/08	First Official Day of Track Season	El Cajon Valley High School	9:00 am
Thu 2/27	El Cajon Valley vs. Southwest (SD)	El Cajon Valley High School	4:00 pm
Thu 3/5	El Cajon Valley vs. Helix	Helix High School	4:00 pm
Sat 3/7	Meb Keflezighi Invitational	San Diego High School	8:00 am
Thu 3/12	El Cajon Valley vs. Grossmont	El Cajon Valley High School	4:00 pm
Sat 3/14	Bronco Invitational*	Rancho Bernardo High School	8:00 am
Thu 3/19	Open		
Thu 3/21	Elmer Runge Invitational*	Patrick Henry High School	8:30 am
Thu 3/26	El Cajon Valley vs. Mt. Miguel	Mt. Miguel High School	4:00 pm
Sat 3/28	ASICS/Mt. Carmel Invitational*	Mt. Carmel High School	10:00 am
	Spring Break		
Thu 4/2	El Cajon Valley vs. Monte Vista	Monte Vista High School	4:00 pm
Sat 4/4	Willie Banks Invitational*	Oceanside High School	8:30 am
Sat 4/11	Jim Cerveny Invitational*	Mission Bay High School	8:30 am
Thu 4/16	El Cajon Valley vs. Granite Hills	El Cajon Valley High School	4:00 pm
Sat 4/18	Viking Relays*	La Jolla High School	1:00p m
Thu 4/23	El Cajon Valley vs. Santana	El Cajon Valley High School	4:00 pm
Sat 4/25	Dick Wilkins Frosh/Soph Invite*	Del Norte High School	8:00 am
Wed 4/29	Grossmont League F/S Finals*	Mt. Miguel High School	2:00 pm
Fri 5/8	Grossmont League Varsity Finals*	Mt. Miguel High School	4:00 pm
Sat 5/16	San Diego Section CIF Prelims*	Mt. Carmel High School	9:00 am
Sat 5/23	San Diego Section CIF Finals*	Mt. Carmel High School	11:00 am
Fri 5/29	California State Prelims*	Buchanan High School, Clovis, CA	2:30 pm
Sat 5/30	California State Finals*	Buchanan High School, Clovis, CA	3:30 pm

- Head Coach: Cameron Gary
 - Email: ecv_braves_track@cox.net
 - Tel: 619-895-4699
- Athletic Director: Ryan Trammell
- Assistant Principal: Douglas Martin
- Principal: Kim Patterson

***: VARSITY ONLY competitions**

BOLD: Home Dual Meets