



ST. CLAIRSVILLE ATHLETIC DEPARTMENT

"Home of the Red Devils"

ST. CLAIRSVILLE HIGH SCHOOL ST. CLAIRSVILLE-RICHLAND CITY SCHOOL DISTRICT

102 Woodrow Avenue, St. Clairsville, Ohio 43950

Phone: (740) 699-2248

Email: luke.nelson@stcschools.com



St. C Athletics - COVID-19 monitoring and updates:

July 8, 2020

You should take your temperature twice a day, watch for [symptoms of COVID-19](#), and notify your health department if you develop symptoms. You should also notify people you had close contact with recently if you become ill, so they can monitor their health. If your symptoms worsen or become severe, you should seek medical care. [Severe symptoms](#) include trouble breathing, persistent pain or pressure in the chest, confusion, inability to wake or stay awake, or bluish lips or face.

If you have been in close contact with someone who has COVID-19, a contact tracer from the health department might contact you to inform you that you've been exposed to COVID-19.

You should stay at home and [self-quarantine](#) for 14 days, starting from the last day you were possibly exposed to COVID-19. The contact tracer will help identify the dates of your self-quarantine. The contact tracer can also provide resources about COVID-19 testing in your area.

- Self-quarantine means staying home, monitoring your health, and maintaining social distancing (at least 6 feet) from others at all times.
- If you need to be around other people or animals in or outside of the home, wear a cloth face covering. This will help protect the people around you.
- If you need support or assistance with self-quarantine, your health department or community organizations may be able to provide assistance.

Some useful links.

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/contact-tracing.html>

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/php/contact-tracing-CDC-role-and-approach.pdf>

<https://coronavirus.ohio.gov/wps/portal/gov/covid-19/responsible-restart-ohio/Contact-Tracing/>

Athlete Reports Being Sick

1. Contact parents to confirm symptoms are consistent with COVID-19. (ex: Fever, Headache, Body Aches, Respiratory and or GI Symptoms)
2. If not, then athletes can return to practice when feeling better.
3. If yes, please talk to parents and strongly suggest consultation with their primary care physician, or COVID-19 assessment clinic. Most insurances have waived copays and coinsurance for COVID-19 related appointments. This should not be a financial burden on anyone.

Dr. Walter E. Skaggs
Superintendent



Justin Sleutz
Principal



Luke Nelson
Athletic Director



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4. If the athlete gets tested, the health dept will be notified and they will assist with contract tracing if a positive test results.
5. If a negative test, the athlete can return to practice by following the CDC guidelines:
 - a. 3 days with no fever and
 - b. Respiratory symptoms have improved (e.g. cough, shortness of breath)
6. If a positive test, the athlete can return to practice per local health department and CDC guidelines:
 - a. contact local health department to notify of positive COVID-19 case and
 - b. 3 days with no fever and
 - c. Respiratory symptoms have improved (e.g. cough, shortness of breath) and
 - d. 14 days since symptoms first appeared
7. If a family member or athlete comes into possible contact with a COVID-19 positive coworker, friend, etc., please follow the following protocol:
 - a. Family members should social distance from the rest of the family and symptom/temp check for 72 hours. Allow for lots of hand washing here.
 - b. Potentially affected family members may not attend practices/scrimmages/games.
 - c. If an athlete is unaffected and wasn't around the COVID-19 positive person, they may continue to come to practice/scrimmages/games UNLESS or UNTIL a family member shows any symptoms. If this happens, all family members must quarantine for 72 hours.
 - d. Athletes may return from their quarantine once all family members have zero symptoms for 24 hours.

St. C Athletics - Return to Action Policy

If an athlete has travelled, or vacationed to a high-risk area:

Travelling and vacationing can bring additional concern and attention to potential COVID-19 cases. If a family member or athlete comes into possible contact with a COVID-19 positive coworker, friend, or other person while traveling or on vacation, please follow the following protocol:

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Superintendent



Justin Sleutz
Principal



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Athletic Director



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1. Family members should social distance from the rest of the family and symptom/temp check for 72 hours. Allow for lots of hand washing during this time. This step should be followed by anyone who has visited a high-risk area (ex: beaches, populated attractions or areas, cities, etc)
2. Potentially affected family members may not attend practices/scrimmages/games.
3. If an athlete is unaffected and wasn't around a COVID-19 positive person or high-risk area, they may continue to come to practice/scrimmages/games UNLESS or UNTIL a family member shows any symptoms. If this happens, all family members must quarantine for 72 hours.
4. Athletes may return from their quarantine once all family members have zero symptoms for 24 hours.
5. If an athlete or family member feels sick during, or upon returning from any vacation, please reference the previous page for the required steps and policy.
6. If an asymptomatic athlete tests positive they must isolate for 10 days after the date of the positive test.
7. Contact of a positive of an athlete makes them a contact and quarantined for 14 days. A family member of an athlete comes in contact with a positive – the athlete is a contact of a contact which is nothing (no quarantine), unless the family member becomes positive then they are now a contact (14 days).

Dr. Walter E. Skaggs
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