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Watkins Mill High School • 10301 Apple Ridge Road • Gaithersburg, Maryland 20879 • Phone: 301-284-4480

## ATHLETICS DEPARTMENT

On Monday September 14<sup>th</sup> we began our first season of virtual engagement. We currently have 136 student-athletes who are participating in our 8 Fall sports: Boys Soccer, Cheerleading, Cross Country, Field Hockey, Football, Girls Soccer, Girls Volleyball, Golf and Team Handball. The coaches and student-athletes have done an outstanding job thus far with making the best out of this situation. The athletic department is excited to see how the rest of the fall season goes and how the rest of the seasons unfold and watch our teams grow off their playing services during these unprecedented times.

Winter and Spring virtual engagement dates are as follows; October 26-December 4 (Winter) and December 14-January 22 (Spring). Winter registration will be open: October 6-October 20. and Spring registration will be open: November 14-December 8. The form to register will be posted on our Athletics Webpage ([www.watkinsmillathletics.com](http://www.watkinsmillathletics.com)), our Twitter (@WMRinesSports), our Instagram (@wmrinessports) and our Facebook page (Watkins Mill Athletics). Be sure to register during the deadline for each sport. Late registrations may not be taken. Registration closes at 11:59pm on the last day.

For student-athletes to participate in virtual engagement (and in person when we return to that), they need a physical on file with the school. If they have a physical from any time since October 2018 and through the 2019-2020 school year, their physical is good now until that date of 2021. If they do not, they need to submit a new physical. Here is the form that must be submitted: [physical form](#). It can be found on our website as well as the MCPS athletics webpage. Normally, physicals in MCPS are good for 1 calendar year, but due to COVID-19 we have made an extension for some physicals. Please note, this policy of 2 years can change at any time. All changes will be communicated immediately through the athletics office. If you have a question about your child's physical, please reach out to our athletic department.

A few exciting things happening within the Athletic Department within the last month:

- Ms. Erin Yates has been named our new Varsity Girls Lacrosse Coach.
- We have partnered with Lead 'Em Up (a motivational company) for the 2020-2021 school year.
- On Wednesday 9/23, Ms. Dana Johnson, former University of Tennessee women's basketball player came and spoke to our Fall student-athletes and staff about her life and how she rose from inner city living to becoming one of UT's greatest women's basketball players.

The athletic department hopes that everyone continues to stay safe and healthy during this time. We cannot wait to be back in person in our royal blue and orange and rooting on our Wolverines. If you have any questions, please do not hesitate to reach out to, Lisa Magness, Athletic Specialist (AD), at [Lisa\\_Magness@mcpsmd.org](mailto:Lisa_Magness@mcpsmd.org). GO 'RINES!