



# Chino Hills High School

## Girls Volleyball Summer Camp

**July 7th & 9th:** Tuesday/ Thursday 9am to 10am

\* Strength & Conditioning

**Week of July 13:** Monday to Thursday 9am to 11am

\*\* Outdoor Training

**Week of July 20th:** Monday to Thursday 9am to 11am

\*\* Indoor Training

**Week of July 27th:** Monday to Thursday 9am to 11am

\*\* Preliminary Tryouts

*\*\* Please keep in mind all scheduled events are conditionally based on the current Phase the program has been approved. Schedule may be pruned to change or cancellation*

Always check with the school, district and/ or program head to ensure that your athlete has met all requirements to return to athletic activities at Chino Hills High School.

### **Mandatory Requirements**

A physical exam that has been signed by a doctor  
Athletic Clearance completed at [athleticclearance.com](http://athleticclearance.com)  
A parent/ guarded signed Release and Waiver of Liability form  
Approval to return from CHHS administration

Other requirements may be added. Please note there will be precautions to prevent the spread of Covid-19 that every staff member, coach, volunteer and athlete must adhere to, to be allowed to participate in any CHHS activities.

Donation: \$20 (All donations must be in cash and paid at the time of check in)  
Location: Chino Hills High School, 16150 Pomona Rincon Rd. (Small Gym and/or Fields)

Instructor: Varsity Head Coach, Joe Schnake

Contact Information: [joeschnake@gmail.com](mailto:joeschnake@gmail.com) \* (951) 852-4390