

Seneca Valley Winter Tryout/practice schedule –first 4 days

These are the approximate times of each winter teams Tryout/practice schedule for the first four days-Times are subject to change- please refer to www.svhsathletics.org for any updates. It is the expectation that student athletes attend every practice. Failure to do so may lead to not making the team. Many teams will be on a rotating schedule, Please refer to the practice and events link for [a Google calendar](#) with all events and times.

Wrestling

- Thursday-Friday, November 15th-16th-3-4- Study Hall- RM 4; Practice 4-630 Wrestling Room (9)
- Saturday, November 17th- 9-11/ 1-3- Wrestling Room (9)
- Monday, November 19th-3-4- Study Hall- RM 4; Practice 4-630 Wrestling Room (9)

Girls Basketball-Varsity and JV

- Thursday-Friday, November 15th-16th- 530-730-Main gym and Aux Gym
- Saturday, November 17th- 8-10/ 12-2- Main and aux gym
- Monday, November 19th- 530-7:30-Main Gym

Boys Varsity and JV Basketball

- Thursday-Friday, November 15th-16th-3:30-5:30- Main and Aux Gym
- Saturday, November 17th- Scrimmage at Landon
- Monday, November 19th- 3:30-5:30- Main and Aux Gym

Indoor Track

- Thursday, November 15th- 2:45-4:30 pm- Rm 102A
- Friday, November 16th- 2:45- 5:15- WMHS- Bus leaves promptly at 2:45 pm
- Saturday, November 17th- 10-12 pm- ???
- Monday, November 19th- 3-5- pm- Gunners Lake

Swim and Diving

- Thursday, November 15th- 5 am- 6 am- Germantown Indoor
- Tuesday, November 20th- 5 am- 6 am- Germantown Indoor
- Tuesday, November 27th- 5 am- 6 am- Germantown Indoor
- Thursday, November 29th- 5 am- 6 am- Germantown Indoor

Bocce Ball

- Monday, December 3rd- 245-4- NJROTC Hallway

Cheer

- Monday, November 19th- 4:30-6:30- Cafeteria-tryouts

Poms

- Thursday, November 15th- 530-7:30-Cafeteria
- Friday, November 16th- 5:30-7:30- Cafeteria
- Monday, November 19th- 2:45-4:30- Main Gym/ Cafe