

INFORMATION ABOUT FALL ATHLETICS AT SENECA VALLEY HS

**ONLINE REGISTRATION OPENS JULY 15TH- ALL STUDENT ATHLETES MUST REGISTER ONLINE TO TRYOUT- PHYSICALS CAN BE UPLOADED ON THE REGISTRATION SITE- BUT WILL ALSO BE COLLECTED IF NECESSARY.

FOR ANY OTHER QUESTIONS, CONTACT ATHLETIC DIRECTOR- Mr. Jesse Irvin

FALL SPORT	EMAIL	TRYOUTS BEGIN	WHAT TO BRING	SUMMER CONDITIONING	OTHER
Cheerleading (Varsity and JV)	senecavarsitycheer@gmail.com senecajvcheer@gmail.com	August 14-16, 2019	Water, Report Card, Character Assessment Questionnaire	Tuesday and Thursday 4:30-6:30 pm	Athletic wear, Tennis shoes
Poms	Svhspoms07@gmail.com	August 14 th -17 th	-water- dance shoes/athletic shoes	Tuesday-Thursday- in July- except July 4 th	Make sure to have your completed physical.
Cross Country	Jordana N ashe@mcpsmd.org	August 14	Running shoes, running clothes, water bottle	There is a schedule to follow on the information sheet	
Field Hockey (Varsity and JV)					
Football-Varsity & JV	Justin Sickeri@mcpsmd.org	Equipment- Aug 13 th - TBD 1 st day- Aug 14 th - 130- TBD	Sneakers, Athletic Wear, extra socks, cleats, sunblock, food and water	Begins June 18 th - Mon, Tues, Thurs and Fri 730-10 SVHS	
Golf	TBD				
Handball	jancalyja@gmail.com janae@mcpsmd.org	2 nd week of school	Practice clothes-including running shoes, knee pads- if they have them and water/drink	3 times per wk- starting June 18 th - 1-3 pm Mon, Wed, Fri	
Boys Soccer (Varsity and JV)	hugozapata080479@verizon.net	August 14 th 330- 530	Cleats, light clothes and water	June 18 th - 6-7:30-Tues-Thur soccer workouts gunners- updated physical-water- running shoes	
Girls Soccer (Varsity and JV)	Joel tcheimegni@mcpsmd.org	August 14 th 330- 530	Cleats, light clothes and water	Tues-wed-Thur 6-730- Gunners Park	
Girls Volleyball (Varsity and JV)	madavisxxi@gmail.com scott.velasquez@journeycrossing.org	August 14 th - main gym	Practice clothes/ shorts, running clothes, water bottle, knee pads	N/A	

Jesse_a_irvin@mcpsmd.org or 301-353-8028