

<b>Durango Girls Soccer</b>	<b>Durango Girls Soccer</b>
<b>Player Checklist</b>	<b>Player Checklist</b>
<b>Summer Clinic (July 10 - Aug. 2)</b>	<b>Summer Clinic (July 10 - Aug. 2)</b>
Tuesday, Wednesday, Thursday 7:00 - 10:00am Soccer Fields	Tuesday, Wednesday, Thursday 7:00 - 10:00am Soccer Fields
Required Items: Water, Snack, Size 5 Soccer Ball. Cleates would be preferred <u>not required</u> .	Required Items: Water, Snack, Size 5 Soccer Ball. Cleates would be preferred <u>not required</u> .
<b>Try-out: Aug. 13th 1:45-3:15pm Soccer Fields</b>	<b>Try-out: Aug. 13th 1:45-3:15pm Soccer Fields</b>
MUST PASs THE "DUPREE" = 6 rounds for a time	MUST PASs THE "DUPREE" = 6 rounds for a time
400m Run 10 Burpee Laterals 25 Sit-ups 5 10m Shuttle Sprints	400m Run 10 Burpee Laterals 25 Sit-ups 5 10m Shuttle Sprints
<b>Varsity: 34 min. JV: 36 min. B-Team: No Test</b>	<b>Varsity: 34 min. JV: 36 min. B-Team: No Test</b>
<b>Season (Aug. 13-Oct. 30)</b>	<b>Season (Aug. 13-Oct. 30)</b>
Practices Daily 1:45-3:15pm on the Soccer Fields	Practices Daily 1:45-3:15pm on the Soccer Fields
<b>Eligibility</b>	<b>Eligibility</b>
10-12 grade (9th graders do not have this requirement)	10-12 grade (9th graders do not have this requirement)
Need a 2.0 GPA (Only 1 Fail is allowed) to participate in soccer.	Need a 2.0 GPA (Only 1 Fail is allowed) to participate in soccer.
<b>Athletic Packets (Due Aug. 2)</b>	<b>Athletic Packets (Due Aug. 2)</b>
Complete Registermyathlete.com (Pay \$25 Athletic fee with Credit Card or Bring cash to Banker)	Complete Registermyathlete.com (Pay \$25 Athletic fee with Credit Card or Bring cash to Banker)
Necessary items (Birth Certificate, Utility Bill, Sports Insurance, & Physical)	Necessary items (Birth Certificate, Utility Bill, Sports Insurance, & Physical)
<b>Durango Impact Test (Due Aug. 2)</b>	<b>Durango Impact Test (Due Aug. 2)</b>
Only take if you have never completed this test for any high school athletics in Nevada.	Only take if you have never completed this test for any high school athletics in Nevada.
<a href="http://www.durangohighschool.net/">http://www.durangohighschool.net/</a> Click on Athletics Click Impact Applications Code: A8F136C445 Take the test	<a href="http://www.durangohighschool.net/">http://www.durangohighschool.net/</a> Click on Athletics Click Impact Applications Code: A8F136C445 Take the test
<b>PRINT</b> out the sheet that says you successfully took the test and turn into me.	<b>PRINT</b> out the sheet that says you successfully took the test and turn into me.
<b>Soccer Fees (Due Aug. 13)</b>	<b>Soccer Fees (Due Aug. 13)</b>
Pay Banker \$100 for soccer fundraiser. Student will receive training shorts and T-Shirt, Long Sleeve T-Shirt, 3 pairs of athletic socks.	Pay Banker \$100 for soccer fundraiser. Student will receive training shorts and T-Shirt, Long Sleeve T-Shirt, 3 pairs of athletic socks.



**Create memories and come have some fun  
playing soccer!**

**We have Freshman, Junior Varsity, & Varsity teams!**

**Mark Your Calendars:**

**July 10 - Aug. 2      7:00-10:00am      Free Summer Clinic**

**Tuesday, Wednesday, Thursday**

Highly suggested to prepare for the soccer season in August!!!

**Required Try-Out    August 13      1:45 - 3:15pm**



If you have any questions please contact  
Mrs. Dupree at [heifnll@nv.ccsd.net](mailto:heifnll@nv.ccsd.net)

***Looking forward to meeting you!***