

**Mission Bay High School  
2019 Spring Sports Information**

**Badminton**

*Practices:*

TBA

*Head Coach:*

Drew Phillips

[gphillipsjr@sandi.net](mailto:gphillipsjr@sandi.net)

**Baseball**

*Tryouts:*

Saturday, February 9 at 10 a.m.

Baseball Field

*Practices:*

Monday-Friday, at 2:30 p.m. on A days and 1:00 p.m. on B days, some Saturdays

Baseball Field

*Head Coach:*

Dennis Pugh

[dpugh17@outlook.com](mailto:dpugh17@outlook.com)

**Boys Golf**

*Practices:*

Monday-Friday at 2:30 p.m.

Mission Bay Golf Course

*Head Coach:*

Gebel Anderson

[ganderson1@sandi.net](mailto:ganderson1@sandi.net)

**Boys Lacrosse**

*Tryouts:*

Tuesday-Thursday, February 19-21 at 2:30 p.m.

Stadium Field/Grass JV Field

*Practices:*

Monday-Friday, 2:30 p.m., some Saturdays

Stadium Field/Grass JV Field

*Head Coach:*

Brandon Rhodes

[brandon.rhodes91@gmail.com](mailto:brandon.rhodes91@gmail.com)

**Girls Lacrosse**

*Tryouts:*

Tuesday, February 19 and Wednesday, February 20 at 2:30 p.m.

All new players start practice on Thursday,

February 21 at 2:30 p.m.

Stadium Field/Grass JV Field

*Practices:*

Monday-Friday at 2:30 p.m.

Stadium Field/JV Grass Field

*Head Coach:*

Antoinette Tessaro

[atessaro@sandi.net](mailto:atessaro@sandi.net)

**Girls Sand Volleyball**

*Tryouts:*

Tuesday, February 13 at 3:30 p.m.

South Mission Beach Courts

*Practices:*

TBA

*Head Coach:*

Brittany Johnson

[Brittj.ut05@gmail.com](mailto:Brittj.ut05@gmail.com)

**Softball**

*Tryouts:*

TBA

Softball Facility

*Practices:*

Monday-Friday at 2:30 p.m., some Saturdays

Softball Facility

*Coach:*

Vince Ichihara

[vincesoftware24@gmail.com](mailto:vincesoftware24@gmail.com)

**Swimming**

*Tryouts:*

Begin Tuesday February 11 at 2:30 p.m.

Tierrasanta Pool

*Practices:*

TBA

*Head Coach:*

Lyndsay Sutterley

[lsutterley@sandi.net](mailto:lsutterley@sandi.net)

**Track and Field**

*Practices:*

Begin Monday, February 11 at 2:30 p.m.

Stadium Field

*Head Coach:*

Greg Farrar

[gfarrrar@sandi.net](mailto:gfarrrar@sandi.net)

**Boys Tennis**

*Practices:*

Monday-Friday at 2:30 p.m.

*Head Coach:*

Trong Tong

[sandiegotennisenthusiast@gmail.com](mailto:sandiegotennisenthusiast@gmail.com)

**Boys Volleyball**

*Practices:*

Begin Monday, February 10; time TBD  
Gym

*Head Coach:*

Nikki and Jeff Caufield

[niknjeff@aol.com](mailto:niknjeff@aol.com)