



Lapeer High School Athletics

FALL
SEASON
2020-2021

Welcome: We are proud you
have chosen to become an
athlete for Lapeer High School!



Agenda

- ▶ General Athletic Information
- ▶ Athlete Expectations
- ▶ Parent Information
- ▶ Athlete/Parent Information
- ▶ Covid-19 Update
- ▶ School Information

Athletic Department

- ▶ District Athletic Director– Shad Spilski
 - ▶ 810-538-2367
 - ▶ sspilski@lapeerschools.org
- ▶ Athletic Secretary – Denise Loper
 - ▶ 810-667-2457
 - ▶ dloper@lapeerschools.org
- ▶ Principal – Doug Lindsay
 - ▶ 810-667-2418 ext 3115
 - ▶ dlindsay@lapeerschools.org
- ▶ Building Athletic Manager -- Mike Smith
 - ▶ 810-667-2419 ext 3133
 - ▶ msmith@lapeerschools.org

Within the Athletes' Control



Attendance

- ▶ Athletes must be in school a full day in order to practice or compete that day
 - ▶ Only exceptions – Doctor/dentist appointments, and funerals which have been **prearranged at least one day in advance** through the athletic director via
 - ▶ Phone call 810-538-2367
 - ▶ Voicemail 810-538-2367
 - ▶ Email sspilski@lapeerschools.org

Attendance

- ▶ Students lose extracurricular activities if they have excessive absences and/or tardies.
 - ▶ More than 9 absences per semester
 - ▶ More than 6 tardies per semester.

Eligibility

- ▶ Lapeer Community Schools requires that students who are failing one class must carry a current GPA of 2.0 to retain their eligibility
- ▶ Weekly eligibility checks are done for every athlete after the 4th week of the semester
- ▶ Athletes who had D's or F's in the prior term will be on progress reports beginning week two

Code of Conduct

- ▶ Please read the Code of Conduct book
- ▶ Conduct Unbecoming of an Athlete
- ▶ 365 Days a year for the duration of high school athletic career
 - ▶ 1st violation: up to 25% of the season
 - ▶ 2nd violation: up to one school calendar year
 - ▶ 3rd violation: up to the duration of the high school career

End of Season Awards



- ▶ Athletes must successfully complete their season in good standing in order to earn their end of season award and to be eligible for post season awards.

Within the Parents' Control



Athletic Booster Club

- ▶ Raising money to help support LHS athletics
- ▶ Welcoming volunteers
 - ▶ To receive benefits from the club, each team will need a parent representative on the Booster Club.
 - ▶ Next meeting is Tuesday, Sept. 15th at 7pm at LHS

We need you each to get involved

Pay to Participate Fee

- ▶ \$150
- ▶ **Due before athlete may play in a game**
- ▶ Free and reduced forms are available in the main office
 - ▶ Free lunch PTP fee is \$25
 - ▶ Reduced lunch PTP fee is \$75

Free and Reduced Lunch and Free and Reduced Athletics are two separate forms. Both are available in the main office.

Where can you see
schedules, scores, &
updates?

▶ www.lapeerlightning.com

▶ Select season

▶ Fall, Winter, Spring

▶ Select sport

▶ Select level

For Both the Athlete and
the Parents



Covid-19 Update

- ▶ Following requirements from the MI Safe Schools Roadmap
- ▶ All coaches/athletes completing daily COVID-19 screening
- ▶ [Misymptomapp.state.mi.us/login](https://misymptomapp.state.mi.us/login)
 - ▶ Create an account with student email
 - ▶ Answer questions daily before each practice/competition

Sportsmanship



- ▶ We expect outstanding sportsmanship from our athletes and parents at all times.
- ▶ Cheer for Lapeer High School, not against the opponent or officials.
- ▶ The officials make the game possible... we are to treat them with respect.

Volunteers

- ▶ We welcome volunteers
- ▶ All volunteers must be registered through the district
 - ▶ Forms are in the athletic office
 - ▶ Volunteer Drivers – only registered volunteer drivers may drive children who are not their own.

Line of Communication

- ▶ Player speaks with coach
- ▶ Parent and player speak with coach
- ▶ Player speaks to athletic director
- ▶ Parent and player speak to athletic director

Within the School's Control



Health and Safety



- ▶ We are going to do our best to take care of your child(ren).
- ▶ Athletic Trainers to manage in season sports injuries.
- ▶ ImPACT testing for concussions.
- ▶ AED/CPR certification for all coaches. We have AEDs and portable AEDs.
- ▶ Coach Advancement Program for all coaches with some training in First Aid.

Athletic Trainers

- ▶ **Melissa Meiner:** mmeiner@lapeerschools.org
- ▶ **Grace Iverson**
- ▶ Health Quest PT partnership, has a location downtown
- ▶ Covers most home events
- ▶ Works to return athletes safely and quickly to competition
- ▶ Concussion management
- ▶ Make sure your athletes carry their emergency medications (Epi-Pens, Inhalers, etc.) at all practices and games
- ▶ Keep med card information up to date. If you have a change in phone number, address, insurance, or medical information contact Melissa

Injury Protocol

- ▶ A student who seeks care from a doctor cannot participate again until he/she has a written signed permission by the doctor (MD/DO/PA/NP). The student cannot practice or compete until the athletic trainer (or coach until the athletic trainer is available) receives the written medical release.

ImPact Testing

- ▶ All athletes will have an up-to-date baseline (pre-concussion) cognitive exam
- ▶ If a student sustains a blow and is determined to have a possible concussion, he/she must be assessed by a doctor (MD/DO/PA/NP). During the process of receiving medical clearance for activity, the athlete will complete the ImPACT test again (perhaps multiple times). There should be a minimal gap between the athlete's baseline score and the post concussion score before an athlete will begin the physical progression of multiple, daily steps leading to full participation.

Concussion Education

- ▶ http://www.lapeerschools.org/about_lcs/athletics
- ▶ The following concussion program has been established for use with all Lapeer Community Schools athletes. The concussion program contains three components:
 - baseline testing of athletes
 - assessment of injury
 - return to play procedures
- ▶ The purpose of the LCS concussion program is to provide specific procedures to manage concussions in accordance with current medical standards and research and to be in compliance with the policies and procedures of the following organizations:
 1. Lapeer Community Schools
 2. Michigan High School Athletic Association (MHSAA)
- ▶ The concussion program is managed by the certified athletic trainer, who serves as the Lapeer Community Schools Athletic Department "Designated Healthcare Professional."

AEDs

▶ LHS Locations:

- ▶ Cafeteria by south gym doors
- ▶ Main hall outside school store
- ▶ Main hall near Auditorium entrance
- ▶ Portable carried by athletic trainer
- ▶ Soccer Field Announcing Booth

▶ CFI West Campus Locations:

- ▶ Cafeteria by north gym doors
- ▶ Main hall outside main office
- ▶ Portable carried by athletic trainer
- ▶ Softball Stadium stairwell (seasonal)
- ▶ Fitzpatrick Field/Stadium Home Team Room

Please Do Not

Pay \$5.00 to get
into a game.

SAVE MONEY

WITH THE PUNCH

CARD!

Punch Cards

- ▶ Punch cards may be purchased for \$25. Good for \$50 worth of admission to any Lapeer Community Schools athletic contest
- ▶ Never expire
- ▶ Buy 5 punch cards at the same time and get the 6th one free
 - ▶ Equals \$300 in admissions dollars for \$125
 - ▶ Available for purchase in the Athletic Office and at the ticket booths/tables at events

Lapeer Community Schools Elementary School age children free when accompanied by a parent or adult guardian

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