



Ritenour High School  
**ACTIVITY &  
ATHLETIC  
OPPORTUNITIES**



**Ritenour High School**  
Home of the Huskies

Revised 08/14/14

## **Ritenour School District Mission and Vision**

### **Mission**

The mission of Ritenour School District is to ensure learning occurs in a supportive environment that enables every student to think critically, solve problems and develop the knowledge and skills necessary for success in our diverse, global society.

### **Vision**

Ritenour School District, in partnership with parents and community, will develop leaders recognized for academic excellence and produce graduates who will become productive citizens and lead lives of personal integrity and fulfillment.

## **Ritenour High School Mission and Vision**

### **Mission**

The mission of Ritenour High School is to ensure rigorous and supportive learning experiences, so each student reaches his or her maximum potential

### **Vision**

Ritenour High School students will become productive, engaged, global citizens who lead lives of personal integrity and fulfillment.



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# **INTERSCHOLASTIC ATHLETICS AND COMPETITIVE TEAMS**

Drew Lohnes, Athletic Director  
Jerry Nolen, Activities Director  
Marty McMahan, Secretary  
Activities/Athletic Office Phone: (314) 493-6135

## **FALL SPORTS**



**Boys' Cross Country**  
**Girls' Cross Country**  
**Football**  
**Girls' Golf**  
**Boys' Soccer**  
**Softball**  
**Boys' Swimming**  
**Girls' Tennis**  
**Girls' Volleyball**

## **WINTER SPORTS**



**Boys' Basketball**  
**Girls' Basketball**  
**Girls' Swimming**  
**Wrestling**

## **SPRING SPORTS**



**Baseball**  
**Boys' Golf**  
**Girls' Soccer**  
**Boys' Tennis**  
**Boys' Track**  
**Girls' Track**  
**Boys' Volleyball**

## YEAR-LONG COMPETITIVE TEAMS

Cheerleading  
Rhythmettes (Dance Team)  
Speech and Debate



### CHEERLEADING

Cheerleading is a year-round activity that holds tryouts in March/April for the following year. We feature varsity, junior varsity and freshmen teams that cheer for football, boys' soccer, girls' and boys' basketball and wrestling events. We also perform in assemblies, parades, and special events, including State and Regional Competitions and camps. Practices are held before and after school. Summer practices are held 2-3 times per week. Students wishing to participate must meet the Missouri State High School Activities Association's Eligibility Guidelines.



### RHYTHMETTES (DANCE TEAM)

Rhythmettes is the RHS dance team composed of dedicated, loyal, and responsible students. Our team includes two squads – varsity and junior varsity. This is a fall/winter activity. Our primary goal is to boost and promote school spirit and enthusiasm. We perform at all home football games and girls' and boys' basketball games. We also participate in local parades and our Homecoming Parade. Dancers learn choreographed hip-hop, street jazz, funk, pom, and step/drill routines. We attend a well-known dance studio or dance camp annually to learn techniques and routines. Other events include the Ritenour School District Band Tour, assemblies, and regional and state competitions. Regular practices are from 3 - 5:15 p.m. on Mondays, Wednesdays, and Thursdays. We do practice during the summer. Times and dates are confirmed prior to the close of the school year. Students wishing to participate must meet Missouri State High School Activities Association's Eligibility Guidelines.



### SPEECH AND DEBATE

This team is ideal for students who want to develop their confidence and communication skills. Students will experience interscholastic debate, public speaking, and interpretation/acting on the local, state, and national levels. Requirements are as follows: 1) Effective listening 2) Critical thinking 3) Research and analysis skills 4) Organization 5) Delivery styles 6) Travel/competition 7) Regular attendance at after school practices 8) Recommended 3.0 grade point average and strong writing skills. Students wishing to participate must meet the Missouri State High School Activities Association's Eligibility Guidelines.

## **CLUBS AND ORGANIZATIONS**

Drew Lohnes, Athletic Director

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American Field Studies (AFS) – Foreign Exchange Students

Anime Club

Band

- Concert Band
- Symphonic Band
- Marching Band
- Jazz Band
- Chamber Wind Ensemble

Band Auxiliary (Color Guard)

Choir

- A Capella Choir
- Advanced Women's Chorus
- Chamber Singers
- Men's Chorus
- Women's Chorus
- Glee
- Gospel Chorus

Distributive Education Clubs of America (DECA)

Drama Club – See Thespian Troupe/Drama Club

Fall and Spring Plays

Family, Career and Community Leaders of America (FCCLA)

Fellowship of Christian Athletes (FCA)

French Honor Society (La Société Honoraire de Français)

Freshman Class Council

Future Business Leaders of America (FBLA)

Gay Straight Alliance (GSA)

German Honor Society

Japanese Club

Junior Class Council

KRHS (Radio Station)

Leadership/Student Council

MAD-HOPE

Mu Alpha Theta

Musical

National Honor Society (NHS)

Orchestra

- Chamber Orchestra
- Sinfonia
- Symphonic Orchestra

Pack of Pals  
Pepper Box  
RAT Pack (Ritenour Autism Teens)  
Reflections (Literary Magazine)  
Renaissance  
RHS Step Club  
Ritenour Cardinal Ordinates (RCO)  
Ritenour Readers  
Robotics Club  
Science Discovery Club  
Scribblers Art Club  
Senior Class Council  
Sophomore Class Council  
Spanish Honor Society (La Sociedad Honoraria Hispánica)  
Speech and Debate  
Students on the Go!  
Technology Student Association (TSA)  
Thespian Troupe/Drama Club  
Table Top Games Club  
Trading Card Club  
World Languages Club  
Yearbook (Melaureus)



## **AMERICAN FIELD STUDIES (AFS)**

American Field Studies helps to make the world a brighter place by bringing international groups together. The main goal of AFS is to achieve world peace by celebrating cultural diversity.



## **ANIME CLUB**

This club is an organization that explores animation, mostly from Japan. Anyone may participate in Anime Club.



## **BANDS**

### **Concert Band**

Concert Band is for all students not in the Symphonic Band. The Concert Band performs in several concerts during the school year, playing a variety of music including marches, classical, semi-classical, jazz, pop, and rock. Students in this ensemble (along with Symphonic Band) comprise the Marching Band, performing at home football games, parades, and other scheduled performances. Solos and small ensembles are encouraged. This is the ensemble all freshmen will be enrolled in unless they receive special instructions from the director.

### **Symphonic Band**

Symphonic Band is formed by audition and recommendation with an expectation of a higher performance standard than the Concert Band. The students in this ensemble perform in several concerts during the school year, playing a variety of music, including marches, classical, semi-classical, jazz, pop, and rock. Students in this ensemble (along with Concert Band) comprise the Marching Band, performing at home football games, parades, and other scheduled performances. Solos and small ensembles are encouraged.

### **Marching Band**

Directed by Mr. Hadley Haux, the band is known throughout the community. Concert Band and Symphonic Band students are combined to form the Marching Band. Marching Band practices after school daily, performing for home football games and several parades, including the televised Mid-America Holiday Parade. Students enrolled in Concert and Symphonic Band are expected to march. Those participating in *after-school activities* that conflict *directly* with rehearsals (i.e. – football, cheerleading, varsity volleyball, etc.) are excused. All band members will enjoy several opportunities for travel each year, including at least one out-of-town overnight or weekend trip to a college campus or festival in cities like Chicago.

### **Jazz Band**

The Jazz Band consists of a select group of students chosen through audition. Students will learn about the language, performance practices, forms, and history of jazz. Practical application of knowledge and skills will occur through frequent public performances at various assemblies, concerts, and outside gigs (some in semi-professional settings). Students will develop increased musical independence through a chamber-music sensibility. Musical styles vary from the Big Band era to jazz and the latest pop and rock charts. Attendance at home basketball games is a requirement of the ensemble. Students enrolled for honors credit (available either junior or senior year) will also audition for All-Suburban Jazz Band and receive increased focus on the development of improvisational skills

(Bands continued on next page)



## **BANDS (continued)**

### **Chamber Wind Ensemble**

Chamber Wind Ensemble is an intensive course designed for advanced wind and percussion musicians. Advanced/professional literature selected will form the basis of experience needed to successfully pursue college study/performance. Designed for exceptional performance standards, members will work to develop proficiencies necessary for obtaining college music scholarships. Daily home practice is required for success in this advanced ensemble. Students will also perform with the Orchestra and participate at the Solo/Ensemble Festival. Students enrolled for honors credit (available either junior or senior year) will also audition for the All-Suburban Band.

There may be other additional requirements at the discretion of the instructor for each band.

Missouri State High School Activities Association Eligibility Guidelines apply to students in all ensembles regarding participation in competitive or evaluative festivals.



## **BAND AUXILIARY (COLOR GUARD)**

Members of this organization participate with the Marching Band in parades and football games. They also have been included in performances such as the half-time show of a Mizzou football game, as well as traveling to schools in the Ritenour School District to perform for students and faculty. All members are required to attend daily practices from August through October and other times as needed for performances. Students wishing to participate must meet the Missouri State High School Activities Association's Eligibility Guidelines.



## **CHOIRS**

### **A Cappella Choir**

A Cappella Choir is a vocal performance group open to sophomores, juniors, and seniors. Candidates for this choir must audition in the spring or at the beginning of the school year. This group will present several concerts and the annual spring musical.

### **Advanced Women's Chorus**

This choir will be open to sophomore, junior, and senior women. We will be studying and performing music that has been written specifically for female voices. The group will participate in concerts, as well as the Missouri Music Educators Association adjudication in March. A certain amount of proficiency in vocal production will be required and will be determined by an audition.

### **Chamber Singers**

Chamber Singers is a small vocal group consisting mostly of juniors and seniors, depending on the director's needs. This choir will set high expectations vocally, as well as behaviorally. Students will be given the opportunity to study music to a greater degree preparing them for their future in singing whether as a music major/minor or in a community chorus. Literature selected will be advanced/professional caliber.

(Choirs continued on next page)



## **CHOIRS (continued)**

### **Women's Chorus**

Women's Chorus is open to Freshman students who have been recommended by their eighth grade teacher or have auditioned. This choir performs four (4) concerts each year. Members must be able to match pitch during the audition.

### **Glee**

This choir is open to new students. Students in this choir will learn to sing and dance, as well as learn the basic skills of musicianship and perform together at least twice each semester.

### **Mixed Chorus**

Mixed Chorus 9 is for any freshman who is interested in singing choral music. This group will perform three concerts during the school year. Attendance at each concert is mandatory. This group will focus on the skills needed to: produce a school choral sound, read music and be responsible to the group.

Missouri State High School Activities Association Eligibility Guidelines apply to students in all ensembles regarding participation in competitive or evaluative festivals.



## **DISTRIBUTIVE EDUCATIONS CLUBS OF AMERICA (DECA)**

Distributive Education Clubs of America is a national organization designed to help success-oriented students who plan to enter the business field. The organization offers students a chance to learn about the different aspects of business and marketing. Students participate in school and community service projects and are given the opportunity to compete against DECA clubs from other schools to demonstrate their knowledge of and abilities in different areas of marketing.



## **DRAMA CLUB**

See Thespian Troupe/Drama Club



## **FALL AND SPRING PLAYS**

All RHS students are encouraged to audition for the plays. The cast of characters in the play limits the number of students acting, but there are many technical jobs that need to be covered. Plays that have been performed in the past include *All I Really Need to Know I Learned in Kindergarten*, *The Brothers Grimm Spectaculathon*, *The Crucible*, and *Almost Maine*, *The Miracle Worker*.

Play rehearsal will take place after school regularly for two months, which ends with three evening performances and one matinee performance. Activities that could be performed while working on the play include set construction, prop construction, costuming, publicity, lighting and sound crew, backstage crew, and/or acting. Stage Managers work with the director on rehearsals and final performances.



### **FAMILY, CAREER AND COMMUNITY LEADERS OF AMERICA (FCCLA)**

This is a national student organization that helps young men and women become leaders and address important personal, family, work, and societal issues through family and consumer sciences education. Meetings are held the first and third Tuesday of each month.



### **FELLOWSHIP OF CHRISTIAN ATHLETES (FCA)**

The purpose of FCA is to present to athletes and coaches, and all whom they influence, the challenges and adventure of receiving Jesus Christ as Savior and Lord, serving Him in their relationships and in the fellowship of the church.

**(This organization is student lead organization, not a school sponsored club.)**



### **FRENCH HONOR SOCIETY (Société Honoraire de Français)**

La Société Honoraire de Français is the National French Honor Society sponsored by the American Association of Teachers of French (AATF). Membership is open to regularly enrolled students of secondary schools who have maintained an honor average (4.0) in the study of French for a minimum of three semesters at the high school level. The annual induction ceremony is held in May of each year. Members pay a \$5.00 fee at initiation and receive an honor certificate and pin. Seniors will receive an honor cord for graduation ceremonies, as long as they remain in good standing. The SHF does not meet regularly during the year but students who are members become eligible for scholarships and awards through the AATF.



### **FRESHMAN CLASS COUNCIL**

The Freshmen Class Council will work with the freshman class officers and the class sponsor to plan freshman activities. A major focus of the class council will be participation in the Homecoming Parade. This is open to any freshman.



### **FUTURE BUSINESS LEADERS OF AMERICA (FBLA)**

Ritenour's chapter of the Future Business Leaders of America (FBLA) is a group designed to bring students interested in the business field together. The group learns about business procedures and skills by attending leadership training and meeting with business professionals.



### **GAY STRAIGHT ALLIANCE (GSA)**

The mission of the GSA at Ritenour High School is to provide an environment fostering the open discussion of issues concerning gay and straight students at the High School, as well as promoting tolerance of different views. The goal of the GSA is to help all students become ready to deal with the ever-changing society in which we all live.



### **GERMAN HONOR SOCIETY (Delta Epsilon Phi)**

Delta Epsilon Phi is the National German Honor Society sponsored by the American Association of Teachers of German (AATG). Membership is open to students who have attained an average of 3.6 in German and a 3.0 general average in these three semesters. An annual induction ceremony is held in May of each year. Seniors will receive an honor cord for graduation ceremonies, as long as they remain in good standing. The GHS does not meet regularly during the year, but students who are members become eligible for scholarships and awards through the AATG.



### **JAPANESE CLUB**

This club is an organization that explores the culture of Japan. We do this through drawing, trips, sampling foods, listening to music, and listening to guest speakers etc. Anyone may participate in Japanese Club.



### **JUNIOR CLASS COUNCIL**

The Junior Class Council will work with the junior class officers and the class sponsor to plan junior activities. Fundraising and planning for prom is the major focus of the class council. The junior class council will also plan the Powderpuff football game. The class will be participating in the Homecoming Parade. This is open to any junior.



### **KRHS (RADIO STATION)**

KRHS 90.1FM, our school's radio station, has been broadcasting since 1976. This organization is limited to students who are taking the class in their junior and senior years. KRHS is the only high school radio station in Missouri. Our morning show is from 7:00 a.m. – 8:00 a.m., with a second broadcast from 11:00 a.m. – 4:00 p.m. We also broadcast special events at RHS including sports and Black and Orange Day.



### **LEADERSHIP CLASS/STUDENT COUNCIL**

Leadership Class promotes school spirit and is involved in many activities. This organization hosts such events as the Homecoming, Student-Faculty Games, a lock-in, a blood drive, Make-A-Wish Foundation fundraisers, various community service activities, and fundraisers for charities. This class also helps to create ceremonies, rituals, celebrations, and incentives that honor and recognize academic achievement. Leadership Class is also in charge of the Spirit Point Competition and bringing together other ideas from the group to promote school spirit and community unity. Students must apply for the class.



### **MAD-HOPE**

MAD-HOPE is a club for students who are interested in world problems. This club's focus is how Ritenour High School students can help others around the world live a better life.



## MU ALPHA THETA

Mu Alpha Theta is an organization that recognizes strong math students and promotes awareness, importance, and excellence of mathematics within the Ritenour School District. They help NHS with the after-school tutoring program. To be invited to join, a student must have a 4.0 in math if a junior or a 3.8 in math if a senior and must be currently be enrolled in Fundamentals of Advanced Mathematics (FOAM), College Algebra, Statistics, Math Analysis or Calculus.



## MUSICAL

All students are encouraged to audition for the musical. The cast of characters limits the number of students performing, but all students are encouraged to be involved in performance or technical work. Musicals that have been performed in the past include *Anything Goes*, *Seven Brides for Seven Brothers*, *Grease!* and *Meet Me In St. Louis*

Musical practice will take place after school regularly prior to the musical, culminating with four evening performances and two matinee performances. Activities that could be performed associated with the musical include set construction, prop construction, costuming, publicity, lighting and sound crew, backstage crew, and/or performing.



## NATIONAL HONOR SOCIETY (NHS)

National Honor Society members are chosen through an approved selection process. The group's purpose is to recognize outstanding scholarship, leadership, service, and character. If selected, students are expected to maintain these standards through service projects in the school and community. Projects include: Big Brother/Big Sister Program, a blood drive, tutoring, fund raising for the needy such as Old Newsboy's Day, American Heart Association, and others. Students must maintain a 3.2 cumulative GPA. This organization is open to sophomores, juniors and seniors.



## ORCHESTRAS

Includes Chamber Orchestra, Sinfonia, and Symphonic Orchestra. The orchestras play many concerts of diverse musical styles. Concerts are performed in school, community, and university auditoriums. Each year, they travel to a college or university to tour the school, learn about academic and scholarship opportunities, and participate in clinics. The Instrumental Department undertakes a major tour on alternating years. The orchestras provide music for such events as the National Honor Society Investiture, Presidential Excellence Awards Program dinner, Hall of Fame Dinner, RHS Musical, Christmas Concerts, mall tours, and perform at retirement communities. Daily home practice is necessary for participation in these ensembles. Advanced students perform for Solo and Ensemble contests and are encouraged to participate in adult community orchestras.

(Orchestras continued on next page)



## **ORCHESTRAS (continued)**

### **Chamber Orchestra**

Chamber Orchestra is a performance group for sophomores, juniors, and seniors. This orchestra is an intensive course that will explore the world of concert performance practice encountered by young professional musicians. Music selected will form the basis of experience needed to successfully pursue college study and prepare for an exciting lifetime career in the music world. Select wind and percussion players from the Wind Ensemble will join the strings for Chamber Orchestra. Designed for exceptional performance standards, each member will develop proficiencies necessary for obtaining music scholarships. Home practice will be required every day for membership in this advanced ensemble. Students will perform for Solo and Ensemble Contest.

### **Sinfonia**

Freshmen (who participated in Eighth Grade Orchestra) are eligible for Sinfonia. This is a group designed to provide modern-popular selections for string orchestra, an alternative to standard classical orchestra literature. Sinfonia performs several concerts each year and concentrates on technical proficiency and scale studies. Students may audition with the High School director for selection as members of the Symphony Orchestra and Chamber Orchestra.

### **Symphonic Orchestra**

This orchestra is open to sophomores, juniors, and seniors. The group extends previous instruction in string instruments of the orchestra. Performing in many musical styles, the orchestra presents eight public performances each year, including the Christmas Concert and All District Festival. Advanced students are encouraged to participate in special ensembles perform for special events.

Missouri State High School Activities Association Eligibility Guidelines apply to students in all ensembles regarding participation in competitive or evaluative festivals.



## **PACK OF PALS**

Pack of Pals is a club that gives students in our Life Skill Program an opportunity to hang out with friends from Leadership. It helps every student build social skills and positive relationships while having fun. The Pack of Pals meets once a month after school for an hour and a half. Past activities have supporting our athletic teams at RHS, walking over to Dairy Queen to eat ice cream, creating arts and crafts, watching movies, playing a variety of games, organizing and attending a friendship dance in February and we have even gone to a Cardinals game! Everyone who shows up always has a great time and wants to come back again!



## **PEPPER BOX (School Newspaper)**

This news composition course is offered to sophomores, juniors, and seniors. Prerequisites are an applications process and teacher recommendation. News composition students produce the High School newspaper. Students write and edit news, editorials, features, sports, human interest, and other stories. The class consists of approximately 15 percent sophomores, 35 percent juniors, and 50 percent seniors. Pepper Box is also offered as an after school club.



### **RAT Pack (Ritenour Autism Teens)**

Ritenour Autism Teens is an organization whose purpose is to raise awareness of autism and the challenges autistic individuals must face. The club sponsors Autism Awareness Week at Ritenour High School. The club is for students with autism and students that are interested in autism.



### **REFLECTIONS (Literary Magazine)**

The annual art and literary magazine “Reflections” publishes poetry, short stories and artwork by RHS students. A student staff meets approximately twice a month to review submissions, select those to be published, and layout the magazine. The magazine’s staff also runs an annual cover contest and sells the magazine during lunch hours. This activity is open to all students.



### **RENAISSANCE**

Renaissance is an exciting and powerful program designed to promote and recognize academic achievement in schools across the country. Renaissance is the process by which schools promote the pursuit of excellence and weave the concept of academic achievement into the fabric of the school community. The process revolves around three primary principles: Promotion, Performance, and Partnership. We want to showcase academic achievements of Ritenour High School students, recognize outstanding teachers, and promote the school within the community. Renaissance continually works with the staff and community to expand activities and recognition. This group will build, organize and implement the activities and events that make up the Ritenour Renaissance Program.



### **RHS STEP CLUB**

The Step Squad is an all female club that uses the body as an instrument to create rhythms and sound through a combination of footsteps and clapping. At RHS, the Step Squad promotes the academic and social development of students as well as school spirit. The squad may participate in high school step competitions, pep rallies, assemblies, and other events. The squad allows students an opportunity to have fun, make new friends and be a part of Ritenour High School.



### **RITENOUR CARDINAL ORDINATES (RCO)**

This is a leadership organization designed to teach young people to lead and promote harmony among those leaders. The Ritenour Cardinal Ordinates Program uses outdoor educational experiences (camping, orienteering, hiking, etc.) to build self-awareness, interpersonal skills and problem-solving skills. Students are nominated by teachers late in their freshmen year and chosen by the RCO sponsors to join the group as sophomores. Chosen students remain in the group until graduation. “Leadership Through Service To Others” is the RCO motto.



### **RITENOUR READERS**

This organization is for students and teachers at Ritenour who enjoy reading. Meetings will take place once a week and events will be held once a month. Activities and events include discussing and trading awesome books, writing and publishing book reviews on the school library's electronic card catalogue, creating bulletin boards about favorite books, hosting movies events, speakers, book talks etc., reading to younger students after school, sponsoring reading-related competitions, volunteering for and attending book fairs and sales as well as other creative ideas. Join the Ritenour Readers & bring your brilliant ideas! Remember, our motto is: READ, READ, READ!!!



### **ROBOTICS CLUB**

The Ritenour Robotics Club team is comprised of up to 10 students who are responsible for designing, building, and programming a robot to compete in the First Tech Challenge (FTC) competition, a part of the FIRST (For Inspiration and Recognition of Science and Technology) program. Teams compete in an alliance format against other teams. Teams are recognized for the competition as well as for community outreach, design, and other real-world accomplishments.



### **SCIENCE DISCOVERY CLUB**

This club is for students who want to learn more about science on their own time. The Science Club will provide students the opportunity to get more exposure to the sciences and the curriculum offered by the Ritenour High School Science Department. The club will be involved in the Science Olympiad in March.



### **SCRIBBLERS ART CLUB**

This club is for students who want to learn more about art on their own time. The Scribblers Club will provide students the opportunity to get more exposure to the visual arts and the curriculum offered by the Ritenour High School Art Department. The club will help develop an interest in fine and current art through activities such as an arts night, art displays, field trips to museums and galleries, open studio, and other events throughout the year. The students will also have the opportunity to work on developing portfolios by working with the club sponsor and open studios.



### **SENIOR CLASS COUNCIL**

The Senior Class Council will work with the senior class officers and the class sponsor to plan senior activities. The class council will focus on participation in the Homecoming Parade and fundraising for the graduation activities. This is open to any senior.



### **SOPHOMORE CLASS COUNCIL**

The Sophomore Class Council will work with the sophomore class officers and the class sponsor to plan sophomore activities. A major focus of the class council will be participation in the Homecoming Parade. This is open to any sophomore.



## **SPANISH HONOR SOCIETY (La Sociedad Honoraria Hispánica)**

La Sociedad Honoraria Hispánica is a national honor society sponsored by the American Teachers of Spanish and Portuguese. Membership is open to regularly enrolled students of secondary schools who have maintained an honor average (4.0) in the study of Spanish or Portuguese for a minimum of three semesters at the high school level. Members may participate in scholarship and paid travel programs. Eight \$2,000.00 and twenty \$1,000.00 scholarships will be awarded to seniors and eight paid trips, about ten days, to Spain, will be awarded to juniors across the United States. Members' contributions published in the SHH newsletter, "Albriccias!", are awarded \$25.00 each with \$35.00 awards presented for graphic art designs for the cover. Membership certificates are presented to each student inducted at the initiation ceremony and membership may be entered on a student's transcript. Each student pays a \$4.00 fee at initiation. We do not meet on a regular basis. However, any business is carried on during Spanish III and Spanish IV classes.



## **SPEECH AND DEBATE**

This competitive team is ideal for students who want to develop their confidence and communication skills. Students will experience interscholastic debate, public speaking, and interpretation/acting on the local, state, and national levels. Requirements are as follows: 1) Effective listening 2) Critical thinking 3) Research and analysis skills 4) Organization 5) Delivery styles 6) Travel/competition 7) Regular attendance at after school practices 8) Recommended 3.0 grade point average and strong writing skills.

Students wishing to participate must meet the Missouri State High School Activities Association's Eligibility Guidelines.



## **SPORTS MEDICINE CLUB**

Our purpose is to promote the profession of athletic training and to allow students the opportunity to gain insight on the profession itself. We strive to provide students with the skills they will need when applying to college Athletic Training Programs (ATEPs) while being a part of a fun and dynamic club. Student aides will gain knowledge of general anatomy and physiology and key injuries in relation to sport. They also will assist with immediate care of injuries, once proper skills are obtained, observe and understand rehabilitation techniques, assist with the application of modalities and understand the effectiveness of each and assist with general athletic training procedures during games and practices. We are the active team members in the dugouts, on the sidelines, courts and mats.



## **STUDENTS ON THE GO!**

Students on the Go! is a group that will train for the GO! St. Louis Marathon in April. It's the grown up version of Read, Write, Run your siblings may have completed. We usually run two to three days a week after school with long runs on Saturdays at Forest Park (with snacks provided). Students that complete the training program will receive running shoes, a Students on the Go! jacket or sweatshirt, a Students on the GO! shirt for race day, complementary entry into the GO! St. Louis Half Marathon, a bag of goodies from the event, and a finisher's medal.



### **TABLE TOP GAMES**

If you are into playing various board games and card games, come check Totally Table Top. This club usually meets once a week.



### **TECHNOLOGY STUDENT ASSOCIATION (TSA)**

The Technology Student Association (TSA) is a student organization devoted exclusively to the needs of students interested in technology. Open to students enrolled in or who have completed technology education courses. TSA is supported by educators, parents and business leaders who believe in the need for a technologically literate society. Members learn through exciting competitive events, leadership opportunities and much more. The diversity of activities makes TSA a positive experience for every student.



### **THESPIAN TROUPE/DRAMA CLUB**

Ritenour High School's Thespian Troupe 5095 is a part of the International Thespian Society, an international theatre honor society. Meetings are every two weeks, usually on Wednesdays. Activities include Homecoming float building, Halloween Party, Repertory Theater field trips, improvisational games, acting, and educational meetings. Any student may join Thespians/ Drama Club, but to remain member of Thespian Troupe/ Drama Club, students must earn points to qualify for the Thespian Troupe during their first year of involvement. Students earn points by participating on some level in the plays and in other Thespian/ Drama events.



### **TRADING CARD CLUB**

The basic premise of the trading card games is that the two players represent different teams dueling in fictional scenarios. The cards in players' decks represent characters that players can "Call" to the field to fight for them. Players alternate turns calling, attacking and defending with units. When one player has six or more damage, or there are no more cards in his or her deck, that player loses the game. The game uses many similar elements from other card games animes such as Yu-Gi-Oh! and Vanguard.



### **WORLD LANGUAGES CLUB**

This club is open to any student who wants to learn more about world languages and cultures. We do this through cooking activities, listening to music, watching foreign movies, and enjoying various games that enhance world languages speaking abilities.

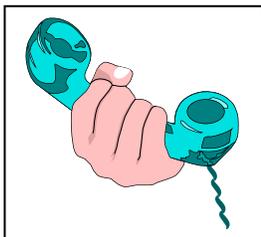


### **YEARBOOK (Melaureus)**

This Yearbook course is offered to sophomore, junior and seniors. Prerequisites are an applications process and teacher recommendation. Yearbook students have the primary responsibility of producing Melaureus, the school's yearbook, using computers. Students work with layout design, book planning, copy writing and photography. The successful yearbook student must be self-motivated, multi-talented, interested in detail and accuracy, a team player and enthusiastic about sharing Ritenour at its best. This activity is also offered as an after school club.

# Ritenour High School Activities Line

(A recording of the daily and upcoming events at Ritenour High School)



**(314) 493-6100**

**Press 2 – Daily Activities**

**Press 3 – Upcoming Activities**

Call this number to hear a listing of the daily events and upcoming events scheduled for Ritenour High School. Events include, but are not limited to, athletic competitions, debates, concerts, plays, musicals, practices, and meetings. In case of inclement weather, the message will reflect school closings. The line is updated generally after 1:30 p.m. The time of the update is also included.

For information regarding directions to opposing schools or playing site locations, you may call the Activities and Athletic Office at (314) 493-6135.

To see a calendar of activity events, go to the Ritenour School District website: [www.ritenour.k12.mo.us](http://www.ritenour.k12.mo.us), then click on calendar.

To follow Ritenour Activities and Athletics, “Like” us on Facebook. “Ritenour High School Activities and Athletics”

**Ritenour Athletic Booster Club** ..... (314) 493-6135

If interested, please contact Drew Lohnes

E-mail: [lohnesd@ritenour.k12.mo.us](mailto:lohnesd@ritenour.k12.mo.us)

**Ritenour Music Booster Club** ..... (314) 493-6165

Hadley Haux, Band Director

Email: [hauxh@ritenour.k12.mo.us](mailto:hauxh@ritenour.k12.mo.us)

Julianna Campbell, Orchestra Director

Email: [campbellj@ritenour.k12.mo.us](mailto:campbellj@ritenour.k12.mo.us)

Dr. Richard Bell, Choir Director

Email: [bellr@ritenour.k12.mo.us](mailto:bellr@ritenour.k12.mo.us)

Meetings: 1<sup>st</sup> Monday of each month

7:30 p.m. – RHS Band Room

**Ritenour Parent Teacher Organization** ..... (314) 493-6040

Mr. Gary Spiller, Principal

Email: [spillerg@ritenour.k12.mo.us](mailto:spillerg@ritenour.k12.mo.us)

Meeting: 1<sup>st</sup> Thursday of each month

6:30 p.m. – Library

Coaches and sponsors are listed on the next two pages. To leave a message with a coach or sponsor, you may call (314) 493-6000 and press the extension number listed after their name.

FALL SPORTS	WINTER SPORTS	SPRING SPORTS
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**Cross Country (B/G)**

Michael Wheeler\* (1215)  
Kevin Daniels (1352)  
(Co-coaches)

**Football**

Hoyt Gregory\* (1100)  
Rick Shelton (1167)  
Mario Patton (2908)  
Billy Boner (2529)  
Deric Edwards (8919)  
Jake Kim (1102)  
Josh McGrotty (1100)  
Chris Farrar (1100)  
Matt Elder (1315)  
Dave Bishline (1324)  
Alonzo McKinney (1100)

**Soccer (B)**

Mike Murray\* (1328) **VARSIITY**  
Jim Coletta (3021) **VARSIITY**  
David Walters (4511) **JV**  
Zach Buxman (1328)  
Doug Eaves (8927) **C TEAM**

**Swimming (B)**

Jennifer Wakefield\* (1255)  
Andrea Rivera (3131)

**Softball**

Denise Harper\* (2712) **VARSIITY**  
Tom Anderson (2139) **VARSIITY**  
Alexis Baez (2712) **JV**  
Mandi Little (8918) **C TEAM**

**Tennis (G)**

Beth Seibold (3300)

**Volleyball (G)**

Ellen Kim\* (1113) **VARSIITY**  
Lauren Siebenaller (1303) **VAR**  
Lloyd Givens (1113) **JV**  
Tim Schluessler (1312) **FRESH**

**Golf (G)**

Jack Heeter\* (1165)  
Keri Westhoff (1124) (M)

**Basketball (B)**

David Watkins\* (1137) **VAR**  
George Lee (1137) **SOPH**  
Jake Kim (1102) **FRESH**  
TBA  
TBA

**Basketball (G)**

Ronald Steinschriber (1244) **VAR**  
Mark Harris (8903) **JV**  
Nuru Allen (8903) **FRESH**  
TBA

**Swimming (G)**

Andrea Rivera\* (3131)  
Jennifer Wakefield (1229)

**Wrestling**

Conye Ausar\* (2300) **VARSIITY**  
TBA **VARSIITY**  
Myron Fletcher (1134) **JV**  
Josh McGrotty (1134) **Fresh**

**Baseball**

Tom Anderson\* (2139) **VARSIITY**  
Brett Mueller (1148) **VARSIITY**  
Cortney Koehler (6231) **JV**  
Zach Buxman () **JV**  
Dan Mueller (8903) **FRESH**

**Golf (B)**

Jack Heeter\* (1165)

**Soccer (G)**

Jim Coletta (3021)\* **VARSIITY**  
Natalie Mayhall (3021) **VARSIITY**  
Alexis Baez (3021) **VARSIITY**  
David Walters (4511) **JV**  
Emily Castello (6611) **JV**  
Mike Murray **C TEAM**

**Tennis (B)**

Kyle Frayne\* (3309)

**Track (B)**

Hoyt Gregory\* (1100)  
Rick Shelton (1167)  
Josh McGrotty (1315)  
Bill Boner (1315)

**Track (G)**

Mike Wheeler\* (1215)  
Kevin Daniels (1135)  
Abby Callier (8923)

**Volleyball (B)**

Ellen Kim\* (1113)  
Tim Schluessler (1312) **JV**

(M) = Mentor Coach

To contact a coach dial (314) 493-6000, then press the coach's extension number. The extension number is in parentheses after his or her name.

## YEAR LONG COMPETITIVE TEAMS

**Cheerleading**

Danielle Swallow (1106)      Alyssa Dunsing (1106)      Alayna Niederkorn (1148)      Lindsey Ives (3300)

**Rhythmettes (Dance Team)**

Nikki Krbec\* (3300)      Emily Castello (3300)      TBA

**Speech and Debate**

Christina Andrade\* (1244)      Jessica Todd (2300)      Helen Burton (1252)

## Clubs and Organizations

AFS.....	Tavonda Palmer (1224)
Anime Club .....	Chris Pearson (1213)
Band Director .....	Hadley Haux (1666)
Assistant .....	Cliff McDaniel (2023) HMS
Band Auxiliary (Color Guard).....	Stephanie Goetz (2804) HMS
Choir/Musical Director.....	Dr. Richard Bell (1630)
DECA .....	Jack Heeter (1141) and Kelly Holloway (1140)
Drama Club/Fall and Spring Plays .....	Gregory Jones (1611)
FBLA .....	Kelly Holloway (1140) and Jack Heeter (1141)
FCCLA .....	Janet Knese (1114) and Kelleen McFate (1299)
Fellowship of Christian Athletes (FCA).....	Tavonda Palmer (1124)
Freshman Class Advisor (Class of 2018) .....	TBA
Gay/Straight Alliance .....	Kevin Daniels (1135)
German Honor Society (GSA).....	Dr. Christopher Bailes (1222)
Japanese Club .....	Nancy Gamble (1130)
Jazz Band.....	Hadley Haux (1353)
Junior Class Advisors (Class of 2015).....	Jennifer Montgomery (1136), Abbie Callier (9823) and TBA
KRHS .....	Jane Bannester (1543)
La Sociedad Honoraria Hispánica .....	Tavonda Palmer (1224)
La Société Honoraire de Français.....	Jennifer Tadsen (1226)
MAD_HOPE .....	TBA
Melaureus (Yearbook).....	Ronald Steinschriber (1240)
Mu Alpha Theta (Math Honor Society).....	Karla Conrey (1139) and Penni Martin (1115)
National Honor Society .....	Megan Jurs (1239)
Orchestra Director .....	Julianna Campbell (1623)
Pack of Pals .....	Laura Leuckenhoff (1150)
Pepper Box (Newspaper) .....	Ronald Steinschriber (1544)
RAT Pack (Ritenour Autism Teens).....	Abbie Callier (9823)
Reflections.....	Collette Love Hilliard (1233)
Renaissance .....	Denise Schindler (1126)
RHS Step Club .....	Joelle McIntosh (1162) and Lindsay Webster (1008)
Ritenour Cardinal Ordinates (RCO) .....	David Appelbaum (1118), Keri Westhoff (1122), Tabitha Milam (1132), Angela Huber (1249) and TBA
Ritenour Readers .....	Riina Hirsch (1238 )
Robotics Club .....	Jennifer Strathman (1160) and Tim Burkard (1334)
Science Discovery Club .....	Dr. Heather Bonner (1300) and Tracy Weber (1308)
Science Fiction and Fantasy Club.....	Laura Beamer (1340) and Kristi Ponder (1318)
Scribblers (Art Club) .....	Kristi Ponder (1318)
Senior Class Advisors (Class of 2014).....	Jennifer Montgomery (1136), Abbie Callier (9823) and Louise Haar-Chapman (1250)
Sophomore Class Advisor (Class of 2016).....	Kerri Westhoff (1124)
Speech and Debate.....	Christina Andrade (1244), Jessica Todd (2900) and Helen Burton (1244)
Sports Medicine Club .....	Petra Knight, MS, ATC, LAT 314-482-7620
Student Council/Leadership.....	Tavonda Palmer (1224)
Students on the Go.....	Louise Haar-Chapman (1250) and Penni Martin (1115)
Table Top Games.....	Catherine Lampshire (1313)
Thespian Actors.....	Gregory Jones (1611)
Technology Student Association (TSA).....	Ashley Gregory (1165) and Jennifer Strathman (1335)
Trading Card Club.....	Mike Murray (1328) and Christopher Pearson (1213)
World Languages Club.....	TBA

To contact a sponsor, dial (314) 493-6000, then press the sponsor's extension number. The extension number is in parentheses after his or her name.

**Ritenour High School**

**PRIDE**

**Personal Responsibility In Daily Effort**



9100 St. Charles Rock Road  
St. Louis, MO 63114-4241  
(314) 493-6105