



DO YOU LIKE TO CHEER & JUMP? DO YOU WANT TO BE A CHEERLEADER ONE DAY?
THEN COME CHEER WITH

Ritenour High School Cheerleaders!

ATTENTION: Kindergarten through eighth-grade students

WHAT: 2019 CHEERLEADER CLINIC

Clinic will consist of three days of two-hour fun-filled practices where you will learn fun cheers, chants, stretching, basic gymnastics, games, jumps, a dance plus team bonding. You get the chance to work with the Ritenour cheerleaders and receive a Ritenour cheerleaders T-shirt. **You will get to cheer with the cheerleaders the first half of the game, then perform with cheerleaders at half-time on the field!**

WHERE: Ritenour High School, 9100 St. Charles Rock Road

WHEN: Clinic dates are: Sept. 17-19 (Tuesday through Thursday)

Must be present all days to perform! Performance is on Friday, Sept. 20, 2019 at the home varsity football game! (This is also Elementary Night, so it is a great opportunity to show off your talent in front of your classmates.)

TIME: Practices are from 4 to 6 p.m. (in lower lobby; Drop child off at circle drive/auditorium doors). For game performance on Friday, drop your child off at lower lobby by 6 p.m. No later, please!

COST: \$40 per child (Includes T-shirt)

ATTIRE: Wear any appropriate gym attire. (No jeans; need to wear sneakers!) You will get all information about game day, directions and attire plus t-shirt on Thursday.

(Please turn in lower portion to the high school and release form with payment by: **Tuesday, Sept. 10.**

Please put on envelope: **Attn: Ritenour Cheerleaders and Coach Kimberly**

Make check payable to: Ritenour School District **Memo:** Cheer Clinic

Any Questions Contact: Head Cheer Coach Kimberly Daus (314) 249-3458 or dausk@ritenourschools.org

RITENOUR CHEER CLINIC—Football 2019

Child's Name: _____
 Address: _____ City: _____ ZIP Code: _____
 School: _____ Age: _____
 Grade _____

Contact Parent: _____
 Contact Number: _____ EMAIL _____

Child's T-Shirt Size: _____ (YOUTH - S, M, L, XL) OR (ADULT - S, M, L, XL)

Parent's Signature: _____ DATE: _____

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