

MONTAGUE NBC FOOTBALL PRE-SEASON NEWSLETTER 2019



Dear potential NBC football player:

The purpose of this letter is to inform you of some very important items regarding NBC football.

- **Preseason Conditioning:**
 - We will hold preseason conditioning on the following dates. All sessions will be at NBC. Please plan according. We will either be outside or inside depending on the weather. (Bring cleats and running shoes). **I strongly encourage you to attend these sessions.**
 - Monday, August 5
 - Wednesday, August 7
 - Monday, August 12
 - Wednesday, August 14
 - All sessions will run from 6:00 – 7:30 p.m.

- **Athletic Admission Ticket**
 - In order to practice / tryout for any NBC athletic team, a completed athletic admission ticket must be filled out prior hand.
 - Items on the athletic admission ticket.
 - Current athletic physical on file (Dated on or after April 15, 2019)
 - Pay to participate fees (\$50)
 - Enrolled at NBC
 - Eligibility check (from previous semester)
 - MAPS athletic code – given to you at registration
 - MAPS informed consent – given to you at registration
 - Athletic office hours for athletic admission tickets to be completed by the athlete / parent / athletic director are as follows.
 - Monday, August 19 @ NBC: 7:00 – 11:00 a.m. / 1:00 – 3:00 p.m. / 5:00 – 7:00 p.m.
 - Prior arrangements must be made in advance if you cannot attend any of these sessions.

A mailing will be sent to you in August from NBC outlining this and other important school related information.

- **1st Day of Practice:**
 - Our first official day of practice will be Tuesday, August 20. Practice will run from 3:00 – 6:00 p.m. @ NBC.
 - IN ORDER TO PRACTICE ON THE 20th, YOU MUST HAVE A COMPLETED ATHLETIC ADMISSION TICKET.
 - **Please refer to the following website for additional information and a blank physical card if needed.** www.montagueathletics.com

I look forward to seeing you as we lead up to the start of our season. I encourage you to recruit more student athletes who would like to be part of our football family. Of course, if you or your parents have any questions please do not hesitate to contact me.

Questions: Coach Mulder / 730-2626 / mulderj@mapsk12.org

Go WILDCATS!

Coach Mulder