



# Athletic Family Meeting



## Marshall and Marshall LMS Athletes

For all incoming 9<sup>th</sup> – 12<sup>th</sup> graders

- All New and Returning Athletes and Parent(s) need to attend

# April 23<sup>rd</sup>

## 6:30 PM

## Marshall Auditorium

### Topics of Discussion:

- Information on Strength Conditioning
- Information on Sports Specific Training
- Upcoming Sports Camps
- Report Dates for Fall Sports
- Facility Upgrades