



ARSHALL - NISD - UIL Tennis Plan - Summer 2020

- Check the schedule and changes on Classroom and sportsYou
- I will check attendance and take forehead temperature before you start practice to check for possible fever. You will also self-screen at home, and will fill out a daily questionnaire for COVID-19 symptoms. If you do not feel well, do not come. If you are late – you will not be able to practice.
- Locker Room will be unavailable.– Go home to shower after practice
Be careful about touching face and eyes during practice
- Come dressed to play – do not change or share towels, hats, sweatbands, racquets, etc. Locker rooms will not be available. Restroom – one at a time.
- We will have hand sanitizer available– use it when you get there – use it before you leave – use it when you want to during practice.
- No water will be provided – bring your own jug, with your name on it, and don't share.
- Be aware if someone in your household is potentially sick or has fever - If we have one person come down with Covid and they have been at practice, all of us may be restricted for at least 2 weeks.



- Come in through the entrance by court one. Keep distance from other players on the way in, 10 feet is necessary. - Don't congregate around the net post on side changes – keep distance
- You will have to have a completed medical card to practice – physicals from last year will be valid still, but medical cards need to be completed
- No shaking hands or high five's
- If we have more than 24 players at a practice, we will make adjustments so that spacing will not be compromised.
- Let do the right things so we can get back to doing what we want to do safely

Questions- email, text, or call me – douglas.mckee@nisd.net 210-415-2183