

Thousand Oaks High School
Lancer Coaching Staff

Fall Sports	Head Coach	Email Address
Cross Country	Andrew Thompson	athompson@outlook.com
Girls Field Hockey	Jacob Schlosser	jacob_schlosser@hotmail.com
Football	Chris Casillas	ccasillas@conejousd.org
Girls Golf	Ryan Geisler	rgeisler@conejousd.org
Girls Tennis	Dave Assorson	Gassorson63@verizon.net
Girls Volleyball	James Park	tohsvolleyball@gmail.com
Boys Water Polo	Zach Graper	coachzachgraper@gmail.com
Winter Sports	Head Coach	Email Address
Boys Basketball	Rich Endres	rendres@conejousd.org
Girls Basketball	Jenna Bandy	jenna.r.bandy@gmail.com
Boys Soccer	Mark Tietjen	Love2kickit@aol.com
Girls Soccer	Clay Cameron	Coach_clay@hotmail.com
Girls Water Polo	Antonio Pereles	antoniopolo9@hotmail.com
Wrestling	Dennis Ritterbush	dritterbush@lvusd.org
Spring Sports	Head Coach	Email Address
Baseball	Jack Wilson	jax2will2@gmail.com
Competitive Sport Cheer	Kelly Abrams	kabrams@conejousd.org
Diving	Ann Wright	ann.wright3@gmail.com
Boys Golf	Jordan Daigneault	jdaigneault@conejousd.org
Boys Lacrosse	Mike Delabar	michaeldelabar@gmail.com
Girls Lacrosse	Anthony Estrada	truelacrosse13@gmail.com
Softball	John Monise	monise1@verizon.net
Swimming	Thomas Smith	tsmith@conejousd.org
Boys Tennis	Dave Assorson	Gassorson63@verizon.net
Track & Field	Tracy Spencer	t.spencer@sportsscholarshipsusa.co
Boys Volleyball	Seth Burnham	sburnham@conejousd.org