**JUNIOR ARTESIANS SPEED CLUB**



*Club for all 2nd-8th Graders Interested in Becoming a Better Athlete!*

**WHO:**

Any MALE or FEMALE athletes in **2nd grade- 8th grade** that are in the Martinsville School District. Athletes will be training in plyometric exercises and speed and agility drills. Focus on proper technique for injury prevention will be emphasized along with improving sprinting mechanics and first step quickness.

**WHERE:**

Drop-off and pick-up for students will be in the Martinsville High School Weightroom.

**WHEN:**

The FIRST CAMP will begin **May 2nd, 2018** and will run every Monday and Wednesday until **May 23rd, 2018.**

The SECOND CAMP will begin **June 4th, 2018** and will run every Monday and Wednesday until **June 20th, 2018.**

\*If all sessions cannot be made then camp registration will be prorated.

**IF SCHOOL IS CANCELED DUE TO WEATHER or HOLIDAY**, then JR Artesian Speed Club is also canceled for that day.  We will work to reschedule a day that same week, including Holiday weeks.

**COST:  $30.00 each CAMP – Card, Cash or Check**

MAKE ALL CHECKS PAYABLE TO: **Ethan Breach**.

\*There is no registration fee for 8th graders.  They are given same opportunities as high school and therefore there is no fee for Power Club.

\*MULTIPLE CHILD DISCOUNT. Contact Coach Breach for more information.

\*Contact Coach Breach about payment options.

[ethan.breach@msdmartinsville.org](mailto:ethan.breach@msdmartinsville.org)

**WHAT TIME:** **Training Sessions are 5:00-5:45pm, Monday and Wednesday**

**ADMINISTERED BY:**

Ethan Breach, ethan.breach@msdmartinsville.org

\*Strength and Conditioning Specialist

Jeremy Belcher, Jeremy.belcher@msdmartinsville.org

\*High School Assistant Varsity Football Coach

**REQUIREMENT OF AT LEAST 20 ATHLETES NEEDS TO BE ENROLLED**

**PLEASE EMAIL COACH BREACH WITH THE INTENT TO REGISTER BY APRIL 30TH OR JUNE 1ST**

Registration Form

Due the first day of Camp

Student-Athlete’s Name:  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student-Athlete’s Grade:  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/ Guardian Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/ Guardian Phone #:  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/ Guardian Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I/WE do hereby present to the Junior Artesian Power Club this Waiver of Liability and do hereby waive any and all rights and claims against the Junior Artesian Power Club and its instructional staff.  I/WE do further agree to indemnify and save harmless the Junior Artesian Power Club and its staff from any liability whatsoever arising from injuries suffered as participants in this clinic.  It is agreed that this Waiver of Liability is submitted as an inducement to enroll.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student-Athlete’s Name

This agreement is signed as a free and voluntary act with full knowledge of the contents thereof.

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Parent/Guardian Signature         Date

Return this signed form to either Ethan Breach or Jeremy Belcher on your first day of camp.

**Please make checks payable to**

**Ethan Breach**

You may also mail your registration and fee to the High School:

Attn:  Ethan Breach

1360 East Gray Street

Martinsville, IN 46151