

Super Quick Camp

Who: Boys and Girls in grades 1st-8th

When: Monday, May 20th- Friday, May 24th

Time: 5-6 pm

Where: J.R. Wooden (gym and outdoor track - meet in the gym each day)

Price: \$50- includes camp t-shirt

Attire: Athletes should wear athletic clothing and tennis shoes

Sign-ups: Mail registration to the address indicated below or drop it off at Martinsville High School.

Super Quick Camp is designed and ran by high school football coach Carter Whitson and high school girls basketball coach Jessi Johnson. All kids are welcome; not just football and basketball players. This co-ed camp is designed to provide girls and boys in the Martinsville community the opportunity to learn and improve the following:

- Agility
- Speed Development
- Flexibility
- Proper Running Form
- Plyometrics
- Improved Balance



Camper Name: _____

Grade: _____ Parent/Guardian Name: _____

Parent/Guardian Phone Number: _____

Medical Conditions: _____

T-shirt Size: please circle

YS YM YL S M L XL XXL

Cash or check accepted. Please make checks payable to **Jessica Johnson**

Mailing Address:

Martinsville High School
Attn: Jessi Johnson
1360 E. Grey Street
Martinsville, IN 46151



Artesians