

Philip Simmons High School
Iron Horse Football


2019 Master Calendar

ALL DATES, TIMES, AND EVENTS ARE SUBJECT TO CHANGE. FOR ANY INFORMATION REGARDING THIS CALENDAR, OR TO DISCUSS ANY ISSUES, PLEASE CONTACT HEAD FOOTBALL COACH ERIC BENDIG AT BENDIGE@BCSDSCHOOLS.NET

JUNE 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>SUMMER WORKOUT ATTENDANCE STARTS JUNE 3RD - PLEASE COMMUNICATE IF YOU NEED TO MISS</u></p>	<p><u>SCHEDULE FOR JUNE WORKOUTS</u> 8:00 AM BREAKFAST 8:20-10:40 WORKOUT/PRACTICE 11AM LUNCH</p>	<p>*STARTING JUNE 5TH WE WILL WORK OUT ON SCHEDULE TO THE LEFT*</p>	<p>BREAKFAST AND LUNCH IS PROVIDED BY BCSD AND SERVED IN PSHS CAFETERIA. IT IS FREE TO ALL OF OUR ATHLETES. WE HIGHLY ENCOURAGE THE PLAYERS TO EAT BOTH MEALS HERE IN ORDER TO PROVIDE THE PROPER NOURISHMENT TO THEIR BODY FOR THE DAILY WORKOUT. WE WILL BE VERY ACTIVE FROM 8:20 TO 10:40 SO WE NEED TO MAKE SURE WE FUEL UP!</p>			<p>1 Lowcountry Food Bank Service Day 9am-12pm</p>
2	<p>3 DAY 1 4 PM-5:30 PM</p>	<p>4 DAY 2 HALF DAY 12PM-2PM WORKOUT</p>	<p>5 DAY 3 LAST DAY OF SCHOOL 8 AM WORKOUT</p>	<p>6 DAY 4 8AM WORKOUT CANE BAY 7 ON 7</p>	<p>7 OFF</p>	8
9	<p>10 DAY 5</p>	<p>11 DAY 6</p>	<p>12 DAY 7</p>	<p>13 DAY 8 CANE BAY 7 ON 7</p>	<p>14 OFF</p>	15
<p>16 YOUTH FOOTBALL CAMP WEEK FATHER'S DAY</p>	<p>17 DAY 9 SERVICE DAY WITH PATTISONS ACADEMY 1PM</p>	<p>18 DAY 10</p>	<p>19 DAY 11</p>	<p>20 DAY 12</p>	<p>21 OFF</p>	22
23	<p>24 DAY 13</p>	<p>25 DAY 14</p>	<p>26 DAY 15</p>	<p>27 DAY 16 CANE BAY 7 ON 7</p>	<p>28 OFF</p>	29
30				<p>CANE BAY 7 ON 7 WILL BE FROM 10AM-12PM. ONLY A SELECT GROUP OF PLAYERS ATTEND. WE WILL USE A PSHS BUS AND BE BACK BY 12:30PM.</p>		

JULY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>SCHEDULE FOR WORKOUTS</u> 8:00AM BREAKFAST 8:20-11:10 WORKOUT/PRACTICE 11:15-11:30 LUNCH	1 OPTIONAL LIFT 9AM-10:30AM	2 OPTIONAL LIFT 9AM-10:30AM	3 OPTIONAL LIFT 9AM-10:30AM	4  OFF	5 OFF	6
7	8 DAY 17	9 DAY 18 STRATFORD 7 ON 7 TIMES TBA	10 DAY 19 STRATFORD 7 ON 7 TIMES TBA	11 DAY 20	12 OFF	13
14	15 DAY 21	16 DAY 22	17 DAY 23	18 DAY 24	19 OFF	20
21 MAX OUT WEEK	22 DAY 25	23 DAY 26	24 DAY 27	25 DAY 28	26 OFF	27
28 SCACA MEETINGS	29 OPTIONAL LIFT 9AM-10:30AM	30 OPTIONAL LIFT 9AM-10:30AM	31 OPTIONAL LIFT 9AM-10:30AM			

AUGUST 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	AUGUST STARTS MANDATORY DAYS FOR FOOTBALL. VARSITY IS EXPECTED TO ATTEND AUGUST 1 ST FOR THE FIRST TEAM MEETING AND EQUIPMENT ISSUE. FROM AUGUST 2 ND TO THE END OF THE SEASON IS MANDATORY AND ABCSNCES WILL COUNT TOWARDS POSSIBLE SUSPENSIONS AND DISMISSAL FROM TEAM.			1 TEAM MEETING/EQUIPMENT ISSUE/ LIFT/CONDITIONING TEST/MAKEUP MAXES 8AM-11:30AM	2 PRACTICE 1 8AM-12PM HELMETS	3 PRACTICE 2- HELMETS 8AM-12PM 12PM-1PM PARENT MEETING
4 OFF	5 PRACTICE/LIFT 3 8AM-12PM SHELLS	6 PRACTICE 4 8AM-12PM SHELLS	7 PRACTICE/LIFT 5 8AM-12PM FULL	8 PRACTICE 6 SCRIMMAGE VS STALL 10AM REPORT TIME IS 8AM FINISHED AT 12:30PM	9 PRACTICE 7 8AM-10AM PRACTICE 1 10AM-11AM LIFT 11AM-12PM MEETINGS/ FILM 12PM-12:30PM LUNCH 12:30PM-1PM SPECIAL TEAMS/WALK THRU 1PM-1:30PM TREATMENT/DRESS 1:30PM-4:30PM PRACTICE 2	10 PRACTICE 8 8AM-12PM FULL
11 OFF	12 PRACTICE 9 SCRIMMAGE @ WACCAMAW- TIME TBD	13 PRACTICE 10 8AM-12PM	14 PRACTICE 11 8AM-10AM PRACTICE 1 10AM-11AM LIFT 11AM-12PM MEETINGS/ FILM 12PM-12:30PM LUNCH 12:30PM-1PM SPECIAL TEAMS/WALK THRU 1PM-1:30PM TREATMENT/DRESS 1:30PM-4:30PM PRACTICE 2	15 PRACTICE 12 3:30PM-7:30PM	16 PRACTICE 13 1PM REPORT FOR TEAM ACTIVITY/LIFT SCRIMMAGE VS WANDO 7PM	17 COACHES/ SENIORS/ACCOUNTABILITY TEAM/ TEAM CAPTAINS/ CHAMPIONS CLUBS MEAL @ 5:30 PM
18 GAME WEEK	19 STUDENTS RETURN- PRACTICE AFTER SCHOOL EVERYDAY OF WEEK	20	21	22	23 @ ST. JOHN'S 7:30	24 JV JAMBOREE @ASHLEY RIDGE- TIME TBD
25 GAME WEEK	26	27	28	29 JV @GEORGETOWN 6PM	30 HELMET NIGHT VS GEORGETOWN 7:30	31

SEPTEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 GAME WEEK	2 LABOR DAY NO SCHOOL MANDATORY 8 AM PRACTICE	3	4	5 JV VS COLLETON COUNTY 6PM	6 @CHARLESTON CHARTER 7:30	7
8 GAME WEEK	9	10	11 LATE IN	12 JV @ BE 6:30PM	13 VS BISHOP ENGLAND 7:30 SPIRIT WEEK	14
15 GAME WEEK	16	17	18	19 JV VS HANAHAH 6:30	20 @ HANAHAH 7:30	21
22 GAME WEEK	23	24	25	26 JV VS WHALE BRANCH 6PM	27 @ WHALE BRANCH 7:30	28
29 REGION GAME	30					

OCTOBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 LATE IN	3 JV @TIMBERLAND 6:30PM	4 VS. TIMBERLAND 7:30 FEEDER SCHOOL NIGHT	5
6 REGION GAME	7	8	9	10 JV VS ANDREWS 6:30PM	11 @ NORTH CHARLESTON 7:30	12
13 REGION GAME	14	15	16	17 JV @OCEANSIDE 4PM	18 VS. OCEANSIDE 7:30 PINK GAME/TEACHER APPRECIATION NIGHT	19
20 BYE WEEK	21	22	23	24 JV VS WACCAMAW 6:30PM	25 BYE WEEK TEACHER WORKDAY/PLAYERS OFF	26 SELECT JV PLAYERS WILL BE ADDED TO VARSITY ROSTER AT THIS TIME
27 REGION GAME	28	29	30	31		

NOVEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 VS. BURKE 7:30 SENIOR NIGHT	2
3	4	5	6 LATE IN	7	8 1ST ROUND PLAYOFFS	9
10	11	12	13	14	15 2ND ROUND PLAYOFFS	16
17	18	19	20	21	22 3RD ROUND PLAYOFFS	23
24	25	26	27 NO SCHOOL 8 AM PRACTICE	28 THANKSGIVING DAY- NO SCHOOL 8 AM PRACTICE TEAM MEAL	29 NO SCHOOL SEMIFINALS PLAYOFFS	30

DECEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6 STATE CHAMPIONSHIP	7
8	9	10	11	12	13	14 NORTH SOUTH GAME
15 PRE- WINTER MAX OUT WEEK	16	17	18	19	20 HALF DAY	21 SHRINE BOWL GAME
22 WINTER BREAK	23	24	25	26	27	28
29	30	31				