

February 2018 Weight Room Schedule / Speed Camp Dates

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Kim Curtis Training 3-5 p.m.	2	3
4	5 Kim Curtis Training 3-5 p.m. Speed Camp 5:30-6:30 p.m.	6	7	8 No Training	9	10
11	12 Kim Curtis 3-5 p.m. Speed Camp 5:30-6:30 p.m.	13	14	15 Kim Curtis Training 3-5 p.m.	16	17
18	19 Presidents' Day	20	21	22 Kim Curtis Training 3-5 p.m.	23	24
25	26 Kim Curtis Training 3-5 p.m. Speed Camp 5:30-6:30 p.m.	27	28	Notes:		