



2017 Region 5AA Champions – Boys & Girls
 2017 CGMSAL Runner-Up - Boys

2018 Schedule

<u>Date</u>	<u>Race</u>	<u>Host</u>	<u>Teams</u>	<u>Time</u>
Aug. 14	Upton-Lee Relays	Upton-lee HS	V/JV	5:30 PM
Aug. 18	Rock Springs Invitational	Rock Springs Academy	MS	7:30 am
Aug. 23	Small School Showcase	Georgia Military College	V/JV	5:30 PM
Aug. 29	Stratford Invitational	Stratford Academy	V/JV/MS	4:30 PM
Sep. 13	Strong Rock Mini Invite	Strong Rock Christian	V/JV	4:00 PM
Sep. 13	Hurricane Sprint	Monticello MS	MS	5:00 PM
Sep. 22	Buggython Road Race^^	LC Athletics	V/JV/MS	7:30 AM
Sep. 29	Rock Ranch Invitational	Upton-Lee HS	V/JV/MS	8:30 AM
Oct. 5	Disney Cross Country	ESPN	V/JV	9:00 AM

POST SEASON RACE SCHEDULE

<u>Date</u>	<u>Race</u>	<u>Host</u>	<u>Time</u>
TBD	Middle School League Championship	Upton-Lee HS	TBD
Oct. 13	Middle School State Championship	Bleckley County	8:30 AM
Oct. 23	Region 5AA Championships	Jordan HS	11:30 AM
Nov. 3	GHSA State Championships	Carrollton HS	9:30 AM

Superintendent	Dr. Jute Wilson
LCHS Principal	Dr. David Boland
LCMS Principal	Dr. Andrea Scandrett
Athletic Director	Mike Oberg
Head Coach	Mike Oberg
MS Head Coach	Elizabeth Branan

^^ Denotes an individual race; Not affiliated with GHSA

Note: Oftentimes, races are added or taken away throughout the season depending on where we are as a program. Please be aware that changes can/may occur to the schedule throughout the season.