



Athletic Department Preparticipation Information 2018-19 Spring Season at Northmont High School/Middle School

To tryout or participate, you **MUST**

1. Complete registration ONLINE through Info Snap
2. Complete your Sports Physical (OHSAA Pre-Participation Form)
You can access the form online at www.NorthmontAthletics.com under the "Forms" tab. A doctor or physician must sign off before the Sports Physical Form is valid.
3. HS Pay the Participation Fee \$40 (free & reduced lunch/Freshman team)/\$60 cash/check to the Athletic Office (checks made out to Northmont Athletics) DUE BY FIRST REGULAR SEASON GAME/CONTEST
4. MS Pay the Participation Fee \$25.00 cash/check to the Athletic Office (checks made out to Northmont Athletics) DUE BY FIRST REGULAR SEASON GAME/CONTEST

High School Baseball

1. Administrative Items: Complete all information in InfoSnap, have a valid physical on file, *pay your participation fee (*if you are selected to be on the team).
2. Pre-tryout items: Conditioning in the Thunderdome/Bolts Gym on Mondays, Tuesdays, and Thursdays (Check times at on the Athletics Website at <https://northmontathletics.com/baseball-calendar-2/>)
3. Tryout details: Begins Monday, February 18th at 8:00 am in the Thunderdome/Bolts Gym. Check times on the Athletics Website at <https://northmontathletics.com/baseball-calendar-2/>.
4. Coaching contact: Coach Kincaid, email: kincaid@northmontschools.net

High School Softball

1. Administrative Items: Complete all information in InfoSnap, have a valid physical on file, pay your participation fee.
2. Pre-tryout items: Mondays & Wednesdays Hitting 3:30-4:30 pm at Main on Main, Tuesdays & Thursdays- Conditioning/Throwing 3:05-4:15pm
3. Tryout details: February 19-25 at 4:45-7:45pm (times could change based on basketball outcomes)
4. Coaching contact: Coach Kris Mangen: kmangen@northmontschools.net
or Coach Bre Fisher: bfisher@northmontschools.net

Middle School Softball

1. Administrative items: Complete all information in InfoSnap, have a valid physical on file, pay your participation fee.
2. Pre-tryout items: None
3. Tryout details: Tuesday, February 19th - 22nd (3:00 - 5:00) Middle School Gym
4. Coaching: Seth Forrest sforrest@northmontschools.net or Amy Mangen amangen@northmontschools.net

High School Boys Tennis

1. Administrative items: Complete all information in InfoSnap, have a valid physical on file, pay your participation fee.
2. Pre-tryout items: Conditioning activities currently Tuesdays and Thursdays 3:15 - 4:15. Meet at the indoor high school track.
3. Tryout details: March 4th 3:30 - 5 at high school tennis courts.
4. Coaching contact: Matt Shaltry: Cell 937-974-8849 or email mshaltry@northmontschools.net

Girls/Boys High School Track & Field

1. Administrative items: Complete all information in InfoSnap, have a valid physical on file, pay your participation fee.
2. Pre-tryout items:
3. Tryout details: No Tryouts Official Practice Start March 4, 2019 3:00-5:30pm
4. Coaching contact: Girls Head Coach Joe Barnes jbarnes@northmontschools.net
Boys Head Coach Tony Broering abroering@northmontschools.net

Girls/Boys Middle School Track & Field

1. Administrative items: Complete all information in InfoSnap, have a valid physical on file, pay your participation fee.
2. Pre-tryout items: fundraising opportunities
3. Tryout details: Monday March 4th, 2019 3 - 4:45 pm
4. Coaching contact: Mark Mays mmays@northmontschools.net

Boys High School Volleyball

1. Administrative items: Complete all information in InfoSnap, have a valid physical on file, pay your participation fee.
2. Pre-tryout items:
3. Tryout details: Monday, March 4. 7-9pm in Thunderdome.
4. Coaching Contact: SJ Smith, sjsmith@northmontschools.net

Where to obtain an OHSAA preparticipation physical?

It is recommended that each student-athlete utilizes their primary care physician. As for Northmont City Schools partnering with Premier Health, there are local options available.

Paper copies of the OHSAA form are available in the Athletic Office at Northmont High School, or can be printed from www.northmontathletics.com under the "Forms" tab.

For more information, contact the Northmont Athletic Department at (937)-832-6016.

