

Salem Girls Swim and Dive 2019

><https://salemathletics.com> > FALL SPORTS > GIRLS SWIMMING Varsity



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Important Dates

June 2- Suit Fitting at Colony
July 1- Team Order Deadline
August 14- First day of practice
August 22- Team Picnic at Plymouth
Township Park

Welcome new and returning swimmers!

****First Event- SUIT AND APPAREL FITTING
Sunday, June 2nd 5pm at Colony Swim Club**
8300 N. Beck Road**

Practice Schedule

High School sports seasons are only a few months long, but are quite intensive. Fall sports begin in August. First day of swim practice will be **Wednesday, August 14th**. In the past, the team practices M-F BEFORE the school year starts. Once the school year BEGINS, practice takes place every day there is not a meet as well as a couple of mornings a week. Times and final schedule will depend on the new coach.

Physicals

Each girl will need a physical on file that is dated on or after **April 15th, 2019**. The form can be found on the Salem Athletics website. Last year, Salem HS had athletes turn in their physicals in online through Athlete Arbiter. Athletes and parents need to create an account. Please visit Salem HS athletic page for more information.

<https://salemathletics.com/athlete-registration/>

Girls will not be allowed to practice until physicals have been turned in AND approved by athletic department.

Register for Pay to Play

Please register your athlete on the District Funded High School Sports before the first day of practice. The link is: <https://pccsk12.revtrak.net/athletics/#/list> The fee for Pay to Play is \$385.

Dual Meets, Invitationals and Championship Meets

There are 7 dual meets scheduled on Thursdays evenings (1 Wednesday) during the season. We are waiting for the meet packets for Dexter, Wayne, MISCA, JV and Conferences. Those meets are typically on Saturdays and not all swimmers/divers participate in these meets.

FROM PARENT BOOSTER COMMITTEE

Email: salemswimanddive@gmail.com

Team Booster Fee

The Team Booster Fee for athletes is \$150 (Checks made to PCCS) and should be paid at the Swim Fitting Social on **Sunday, June 2nd at 5pm**. This fee allows us to provide each

athlete with a Salem suit and Salem cap, as well as three items of team apparel to be worn during the season. In lieu of a single plain Salem cap, we are offering the option of two (2) personalized caps with the athlete's last name for an **additional fee** of \$15.

New to Team- The team warm up is worn by all team members at meets. The athlete's name is embroidered on it and this is a one-time purchase for the athlete to wear all four years. The warm up fee is an **additional \$86 for swimmers** and **\$100 for the diver's parka**.

The Salem Swim and Dive completed Order Form and check must be submitted by **Monday, July 1** to receive items by the August picnic.

What do I need to do if my swimmer cannot attend the swim fitting at Colony on June 2nd?

Print out the attached order form.

1. Please take the order form and go to Sun and Snow in downtown Plymouth to get fitted for the team suit after **Sunday, June 9**.

2. Team Apparel & Warm-ups

If you would like to try-on the team warm ups and apparel, they will be available **Monday, June 17** from 6-8pm at the Pryce House (6711 Sturbridge Lane Canton 48187).

3. Mail completed order form and check to PCCS (memo: Swim and Dive) by **JULY 1st** to: Sharon Pryce 6711 Sturbridge Lane Canton, MI 48187

4. Email salemswimanddive@gmail.com to let us know order was mailed so we can be on the lookout for it.

***Late orders will be significantly delayed and may not arrive until after season begins. After July 1st, money cannot be refunded. ***

Team Picnic at Plymouth Township Park

We will be having our kickoff potluck picnic on **Thursday, August 22 from 6-8 pm**. Each grade will be assigned an item to bring. We hope to have suits and team apparel for those who ordered by the July 1st deadline. The coaches and captains will be sharing information for the upcoming season. We will also be taking group photos of each class.

Volunteering

We need help from our parents to ensure a fun and successful season. Prior to the picnic, you will be receiving a Sign-Up Genius for volunteering. It is the expectation that every swimmer or diver's family volunteer or donate food items. Look for the sign up in August!

Spirit Wear

Parents and athletes can purchase additional Salem Swim wear directly from TeamSports. An email with the link will be emailed to families in July. Items can be ordered online and Salem wear will include hoodies, tshirts, shorts, sweat pants, etc.

Bottle Drive Fundraiser

The team will be holding a bottle drive in August. Captains will pick the date and will communicate it out. This is a great team bonding experience for the girls. If you know anyone who is having a graduation party or summer parties, let them know you can take

their cans and bottles off their hands and you appreciate their support for Salem Girls Swim and Dive Team!

Swim Camp

Salem Girls Swim and Dive is hosting a swim camp for incoming 3rd-9th graders as a fundraiser **June 18th-20th, from 10:30-am-12:30pm**. Please help us spread the word!! Direct any prospective swimmers to register on the PCCS Community Ed website and the link is: <https://www.pcceregister.com/CourseActivities.aspx?id=38&cat=11>

This camp is to help elementary and middle-school aged kids who can already swim improve their stroke technique. This year we are also offering it for incoming freshman who would like to meet some upper classmen and experience typical workouts. Captains will be contacting returning girls to help run camp. This was a very successful fundraiser for the team last year. Please help promote the camp this summer!

Communication

Remind 101

Captains will be communicating with girls through Remind 101. Make sure your daughter has been in touch with a captain to be added to this group.

The Booster Board will send out emails as needed. Once the season begins, weekly emails will be sent on Sunday. Please take the time to read the emails so you and your daughter are aware of the schedule. Sometimes last-minute changes do happen and the coach and/or captains will communicate directly with girls. Please double check with your daughter that she has contacted a captain to receive these messages.

We are all excited about the coming season! Feel free to email the Board with any questions.

Salem Swim and Dive Parent Booster Board

Sharon Pryce, Greta Branford, Maryann Hammill, Lauren Cummings, and Jessica Adelman

Email: salemswimanddive@gmail.com (Parent Booster email)

GO ROCKS!!!