CAMP PHILOSOPHY
This camp emphasizes sportsmanship and the fundamentals of basketball. All campers will develop improved individual offensive & defensive performance, team skills and concepts, and learn advanced techniques.

AREAS OF INSTRUCTION INCLUDE:
- Defensive & Offensive Footwork
- Ball Handling, Passing & Receiving
- Rebounding
- Dribbling
- Cutting & Screening
- Lay-Ups, Form & Jump Shooting
- One-on-One Moves
- On Ball, Deny, Help Defense
- Team Defense & Offense
- Lay-Ups, Form & Jump Shooting
- One-on-One Moves
- On Ball, Deny, Help Defense
- Team Defense & Offense

MEETING CAMP OBJECTIVES
Instructional coaching in a competitive, fun, Air-Conditioned learning environment inside Lakota West Athletic Facility with:

Three gyms...4 Courts...12 Baskets Plus 6-Basket Shooting Wall.
Campers grouped according to grade & ability levels. Requests for “Buddy Groups” honored when possible.

Lakota West Camp Coaching Staff
- Ohio Coach of the Year: Andy Fishman
- State Champion HS and JHS COACHES
- Current & Former HS Players
- Current and Former College Players
- Special Fitness Training by Izak Tanner

LAkota West Summer League
GIRLS Entering Fall GRADES 3-9

Sign up for one of our 18th scholastic Firebird Hoops Summer League Teams.
This year our league will run nights 5:30-9:30pm from June 5, 6, 7 & 11, 12, 13
For Practice and Games

All Lakota Girls in the League get:
- Summer League Team T-shirt
- 1-2 practices
- LWGB Coach
- 8 Officiated Games
- Games at Lakota West HS

Register early to reserve a spot on a Lakota team for your grade level. As you remember from last year, the Lakota Teams did not have enough room to accommodate all interested!

Lakota West Girls Basketball “Camp of Champions”
http://westfirebirds.com/hq/camp-of-champions/

ALL GAMES AT LAKOTA WEST
HIGH SCHOOL...JHS & HS also Travel!

Play in a league with other Lakota Girls and compete against the best teams from other communities too!

This is an enrichment opportunity provided by our Coaches and not Lakota School Board responsible, and or affiliated.

Where Champions Get Better!
SAVE $ ONLINE through MARCH …as of APRIL 1 $ INCREASE

Enrollment is limited! Camp sold out for the 13th consecutive summer. By April 30, 2017, over 90 campers were registered for Firebird Hoops Camp. Since camp will sell out early, send registration today.

All registered campers will receive a confirmation by e-mail. Once camp is at capacity for your grade, a waiting list is formed for any cancellations that may occur.

Please e-mail questions to Coach Fishman at a.fishman@lakotaonline.com or Coach Schwartz at andrea.schwartz1@gmail.com

Rush Registration to ensure spot in Camp, 1st 125 get Camp Basketball, Nike Camp T-shirt, and a Basketball.

INSURANCE
Each camper must have her own medical insurance. Lakota and/or any camp staff member shall assume NO responsibility for injuries incurred while at this camp. In signing this application, parents or guardians are assuming any medical insurance risks.

REFUNDS
Refunds will only be granted through May 20, 2018 in the case of injury or medical conditions. All such refund requests will require a statement from your physicians and require a $40 processing and equipment fee. These campers will still get a Camp T-shirt and a basketball.

This is an official, Lakota School Board Approved Enrichment opportunity for the community, and Lakota West Athletic Department Fundraiser.

DATES, TIMES & GEAR

CAMPERS ENTERING GRADES K-5

<table>
<thead>
<tr>
<th>Day</th>
<th>June 11</th>
<th>8:30 - 11:30am</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>June 12</td>
<td>8:30 - 11:30am</td>
</tr>
<tr>
<td>Tuesday</td>
<td>June 13</td>
<td>8:30 - 11:30am</td>
</tr>
<tr>
<td>Wednesday</td>
<td>June 14</td>
<td>8:30 - 11:30am</td>
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</tbody>
</table>

CAMPERS ENTERING GRADES 6-9

<table>
<thead>
<tr>
<th>Day</th>
<th>June 11</th>
<th>1:00 - 4:00pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>June 12</td>
<td>1:00 - 4:00pm</td>
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<tr>
<td>Wednesday</td>
<td>June 14</td>
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</tr>
</tbody>
</table>

CHECK IN TIME
Please arrive at LWHS 20 minutes prior to your session on Monday, June 11, 2018.

WHAT TO BRING /WEAR?

- A Sport Bottle
- A Basketball
- Gr 2-3 Youth (27.5 - 27.75)
- Grades 4-9 (28.5)
  - With your name on it!

WHAT TO WEAR?

- T-Shirt
- Gym Shorts
- Sneakers

Go Online or Mail in Registration Today!

#15 Sarah Jones

Seniors: L-R Jada, Ally, Jas, Abby, Mads, Sarah & Nina

Please make all checks payable to: LAKOTA WEST GIRLS BASKETBALL

B-Dates

Registration & Release form (please complete online at westfirebirds.com & return).

Check Appropriate Selections: Lakota Students PLEASE use EZ Pay

Camp & League Only (Entering Grades 2-9) $100

Camp, League & LWGB TEAM CAMP Combo (Gr. 8-9) $250

Fill Orders

Please e-mail questions to Coach Fishman at a.fishman@lakotaonline.com or Coach Schwartz at andrea.schwartz1@gmail.com

Please make all checks payable to: LAKOTA WEST GIRLS BASKETBALL