

The purpose of the Lakeshore Lancer athletic camps is to involve as many young students in athletics as possible. The goal is to foster a love and interest in the various sports that students may compete in during their high school years. The main focus will be on teaching technique and various skills, while developing sportsmanship, teamwork, and the value of hard work that may be applied in all areas of their lives. Below is a list of the camps that will be offered this summer.

Camp Offerings

Basketball	Volleyball
Football	Soccer
Softball	Tennis
Lil' Cheer	Little Lancer Golf

Camp Locations:

- Boys Basketball Camp — Lakeshore High School Gyms
- Lady Lancer Basketball Camp — Lakeshore High School Gyms
- Football Camp — Lakeshore High School practice field and Al Stockman Stadium.
- Soccer Camp — Rocky Weed Soccer Complex
- Softball Camp — Betty Kohn Field
- Tennis Camp — LHS Tennis Courts.
- VolleyTots & Elementary Volleyball Camp — Lakeshore High School Gym
- Middle School/High School Volleyball Camp—TBA
- Lil' Cheer Camp—Lakeshore Middle School
- Little Lancer Golf—Blossomland Trail Golf Course

“One important key to success is self-confidence. An important key to self-confidence is preparation”
-Arthur Ashe

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Lakeshore Lancer Athletics



LAKESHORE LANCER ATHLETIC CAMPS 2019



**EARLY REGISTRATION DEADLINE IS
MONDAY, JUNE 3 TO ENSURE A T-SHIRT ON
THE FIRST DAY**

www.lakeshorelancerathletics.com

Camp Offerings:

Boys Basketball Camp (June 17-28 M-F) The primary purpose of the Lancer Basketball Camp is to give every child of the Lakeshore Public School system the opportunity to develop basketball skills. One of our camp goals is to build a strong desire within each camper to continue to develop his newly learned skills. Our overall objective is to provide a pleasurable experience for the young people of Lakeshore. The camp session will run from June 17-28th. The first week of the session will deal with individual instruction of fundamentals. The second week will be devoted more to team play in 3 on 3 and 5 on 5 games. The camp staff will include the Varsity, Jr. Varsity, Freshman, Seventh and Eighth coaches. The camp will run five days a week Monday thru Friday. Cost for the camp is \$80.00 and includes a camp t-shirt. Any family having two or more boys in the camp can subtract \$5.00 for each additional participant. The times for the respective age groups are as follows:

- Grades 1-3 8:00-9:30 am held at LHS Auxiliary Gym
- Grades 4-6 9:30-11:00 am held at LHS Main Gym
- Grades 7-8 11:30-1:30 pm held at LHS Main Gym
- Grades 9 9:30-11:30 am held at LHS Auxiliary Gym
- Grades 10-12 7:30-9:30 am held at LHS Main Gym

Lady Lancers Basketball Camp (June 17-21 M-F) This camp is open to all girls entering grades 1st-8th. Fundamentals will be stressed in all camp functions. The objectives of this camp are to give every girl in the Lakeshore community the opportunity to develop basketball skills while stressing individual and team fundamentals, discipline, self improvement, and the importance of practice while providing a fun and pleasurable experience. Cost is \$40.00 and includes a camp t-shirt. Any family having two or more girls attending basketball camp (regardless of age group) can subtract \$5.00 for each additional participant (so two girls would be \$40 + \$35 = \$75). All girls will need to bring gym shoes, socks, shorts and t-shirt/jersey.

- Grades 1-3 4:00-5:30pm Auxiliary Gym
- Grades 4-6 4:00-5:30pm Main Gym
- Grades 7-8 5:30-7:30pm Main Gym

Football Camps (June 13, 14, 16, & 17 for grades 7-12) (July 29, 30, 31 & August 1 for grades 9-12) The objectives for this camp are to teach techniques of all positions on both offense and defense for middle school and high school football players and to develop friendships and sportsmanship among all camp participants. Cost for the camp is \$40.00 and includes a t-shirt. The staff will include Lakeshore Lancer Head Football Coach Bryan Keim and the Lakeshore Football Staff. Bring a water bottle with you. Lakeshore players may pick up a helmet at the field a half-hour before their first camp session starts! This camp will be held at the practice field and Al Stockman Stadium. Times for campers are:

- Grades 7-8: 4:00-5:00 pm
- Grades 9-12: 4:00-6:00 pm

Soccer Camp (June 17-19) This fantastic summer camp will emphasize individual soccer skills development, with age appropriate training sessions and game experience. Goalkeeping sessions will be offered as well. This camp's coaching staff will consist of Lakeshore Boy's & Girl's Varsity Head Coach Brian Samuel, Lakeshore Boy's & Girl's JV Head Coach Don Plichta and Lakeshore Goalkeeper Coach Jo Schau along with the Lakeshore High School Boy's and Girl's Varsity and Jr. Varsity players. Cost for this camp is \$35.00 for the Mini Camp and \$50.00 for Youth and Goalkeeper sessions. There will be a \$5.00 discount per player for families with multiple players attending the Youth Camp session only. The cost includes a Lancer Soccer t-shirt. Please pre-register to guarantee receipt of a t-shirt. Bring water, shoes, and shin guards. Goalkeepers must bring soccer goalkeeper gloves, long-sleeved shirt, long pants, shin guards, soccer cleats. Head gear is optional. Location of the camp will be at the Rocky Weed Soccer Complex. Times for the camp are as follows:

- Ages 5-8 Mini Camp: 10:00-11:30 am
- Ages 9-14 Field Sessions: 9:00-12:00 pm
- Goalkeeper Sessions: 9:00-12:00 pm

Softball Camp (June 17-20 M-Th) The camp will take place at The Betty Kohn field. Lakeshore has a winning tradition in Softball including seven state championships and one runner up. This camp will be led by Coach Denny Dock, with help from his Assistant Coaches and players. The daily program will include proper warm-up stretching and throwing techniques. Group and individual instruction will be given on hitting, bunting, infield and outfield, along with pitching/catching and base running. All campers must bring a glove and dress comfortably — shorts and tees are fine! Don't forget the sunscreen and a water bottle. Cost of this camp is \$40.00 (\$15.00 for each additional family member) and includes a t-shirt. Times for campers are as follows:

- Grades 4-6: 9:00 -10:30 am
- Grades 7-9: 11:00 - 1:15 pm

Elementary & Middle School Tennis Camps (June 17-21) This camp is open to all boys and girls entering 2nd—8th grade that are interested in learning the great game of tennis. You will meet at the LHS tennis courts from 9:30 am—11:00 am. The cost is \$40.00 for one week which includes a camp shirt. You must register by June 5th in order to receive a camp shirt. If you have a tennis racket please bring this to camp. This camp will be coached by LHS boys coach, Curtis Partee along with other certified professional tennis teachers.

Boys Tennis Camp (June 17-21) This camp is open to all boys entering 9th—12th grade. The objective of this tennis camp is to teach the fundamentals of tennis including serve, forehand, backhand, volley's (backhand, overhead), forehand approach shot (slice), backhand approach shot (slice), topspin lob, etc. You will meet from 11:30-1:30 pm. Camp will be led by Coach Curtis Partee and associates. The cost is \$40.00 and includes a camp shirt.

VolleyTot and Elementary Volleyball Camp (July 8-11 M-Th) This camp will take place at Lakeshore High School. Summer elementary volleyball camps are full of fun while we learn and practice the basic skills of volleyball. Passing, setting, attacking, blocking and serving will be taught through a variety of stations and games while we are jamming to music! Camps will be instructed by LVB program players and the LVB Coaching Staff. All BOYS and GIRLS are invited to participate. Whether this is your first experience with volleyball or you have played many times before, we will have equipment to help children at ALL levels feel successful, including balloons, beach balls, VolleyLites, and game play volleyballs. FIRE UP LANCER VOLLEYBALL!!

VolleyTots (ages 3-2nd Grade) 9:00-10:00 am \$40 (boys & girls)

Instruction through stations and active play

3-6 Grade: 10:30am-12:00pm \$60 (boys & girls)

Instruction through drills in grade level groups followed by scrimmage play

Middle/High School Volleyball Camp TBA—Please check our website for the most up to date calendar of events: lakeshorevolleyball.weebly.com

Lil' Cheer Camp (June 17-19) This is your chance to be a cheerleader! Learn jumps, stunts, tumbling, games, and chants from the Varsity team. Snacks will be provided each day. Cost is \$35.00 per student with a \$5.00 discount for each additional family member. A t-shirt is included in the cost of this camp. Pre-registration is suggested, but walk-ins are welcome. Shirts are not guaranteed on the first day for walk-ins. The camp will be held at Lakeshore Middle School with a parent show being held in the Lakeshore Middle School gymnasium at 6:30 pm on June 19

- Grades K-2 10:30-12:30 pm
- Grades 3-6 1:00-3:00pm

Little Lakeshore Lancer Golf—(June 5, June 12, June 19, June 16, July 10 July 17 (Rain Date July 24). This camp will take place at Blossom Trails Golf Course from 6-8pm on Wednesdays and the cost is \$75.00 It will be taught by the Lakeshore Boys Golf Coaching Staff. The Little Lancers program will consist of instruction each night, drills and fundamentals. After instruction each night the kids will be sent out to play golf until 8pm under the supervision of the Coaching Staff and the Varsity-Junior Varsity Golf Team members. Each Camper will receive a official Lancer Boys Golf T-shirt. This camp is open to any boys entering grade 3-9 in the fall.

Training Room Coverage/Summer Circuit Reconditioning June 13, 18, 20, 25, 27 with Athletic Trainer Dan Tinkey. 10:30am—12:30 pm. Location Training Room and Weight Room

Lakeshore Lancer Summer Camps
Please mail or return registration form with payment to the
Lakeshore High School Office
 Each participant must register on a separate registration form
Checks can be made out to Lakeshore Athletics
 Additional registration forms can be downloaded from the Lakeshore Athletics Website:
www.lakeshorelancerathletics.com

Camp Selection: Please Circle	Date	Time/Age Groups	Price
Boys Basketball Camp	June 17-28 Monday-Friday	*See camp description	\$80.00
Lady Lancer Basketball Camp	June 17-21 Monday-Friday	*See camp description	\$40.00
Football	Middle School & High School June 13, 14, 16 & 17 High Sch. Only July 29,30,31 & Aug. 1	*See camp description	\$40.00
Soccer Camp	June 17-19	*See camp description	\$35.00 (Mini Camp) \$50.00 (Youth & Goalkeeper Camp)
Softball Camp	June 17-20	*See camp description	\$40.00 (\$15.00 each additional family member)
Boys Tennis Camp	June 17-21	*See camp description	\$40.00
Elementary & Middle School Tennis Camp	June 17-21	*See camp description	\$40.00
VolleyTots & Elementary	July 8-11 (Mon—Thur)	*See camp description	VolleyTots Age 3-2nd grade \$40.00 Elementary 3rd-6th grade \$60.00
Middle School/High School Volleyball Camp	TBA	*See camp description	
Lil' Cheer Camp	June 17-19	*See camp description	\$35.00
Golf Camp	July 5, 12, 19, 26, July 10, & 17	*See camp description	\$75.00
Training Room Coverage Summer Circuit Reconditioning	June 13, 18, 20, 25, 27	High School	Free

Total _____

T-Shirt Size (Please Circle) YS YM YL AS AM AL AXL A2XL

Enter Campers Grade for the Fall 2018 _____

Child's Name _____

Name of Parent/Guardian _____

Address _____

City/State _____

Email Address _____

Home Phone _____

Cell Phone _____

Emergency Contact Name _____

Phone Number _____



Detach here