

UHS Spring Sports Tryout Information

Sport	Tryout Information	Coaches and Contact Info
Baseball <i>(All teams will be made at the conclusion of April 20th)</i>	Saturday April 17 Session 1 11:30am - 1pm Session 2 1pm-2:30pm Monday April 19 Session 1 2:30pm - 4pm Session 2 4pm - 5:30pm Tuesday April 20 Session 1 2:30pm - 4pm Session 2 4pm - 5:30pm	Michael Frownfelter michael.frownfelter@fcps.org Coach Frownfelter will post which session you should attend
Softball <i>Selections announced at conclusion of Tuesday tryouts</i>	Saturday April 17 - 1pm-3pm Monday April 19 - 4:00 pm - 6:00 pm Tuesday April 20 - 4:00 pm - 6:00 pm	Frank Husson - Husson@comcast.net Nicole Webb - coachnicole9@gmail.com
Boys Lacrosse <i>(All teams will be made at the conclusion of April 20th)</i>	Saturday April 17th - Virtual tryout 9:00AM Monday April 19th Varsity - 5:00PM-7:00PM JV - 7:00PM-9:00PM Tuesday April 20th Varsity - 5:00PM-7:00PM JV - 7:00PM-9:00PM	Gavin Donahue - Gavin.Donahue@fcps.org Please contact me for both JV and varsity info until teams are made
Girls Lacrosse <i>(All teams should be made after 3rd day)</i>	Saturday April 17th Varsity at 8-10am and jv at 8:30-10am Mon April 19th Varsity at 2:30-4pm and jv at 3-4:30pm Tues April 20th (first practice) Varsity at 2:30-4pm and jv at 3-4:30pm	Ann Lewis - ann.lewis@fcps.org Contact me for both jv and varsity info until teams are made
Boys Tennis	Saturday, April 17th from 9:00-11:30 Varsity Team and Exhibition Teams will be selected (no cuts)	Jon Walton jonathan.walton@fcps.org
Girls Tennis	Saturday, April 17th from 11:30-1:30pm	AJ Stuart andrea.stuart@fcps.org
Boys Track & Field	No Try-Outs. First Practice: Monday, April 19th @3:00	Kyle Grimm Kyle.Grimm@fcps.org
Girls Track & Field	No Try-Outs. First Practice: Monday, April 19th @3:00	CJ Ecalono Charles.Ecalono@fcps.org
Unified Track & Field	No Try-Outs First Practice is Monday April 19th at 3pm	Karin Bauer karin.bauer@fcps.org