

# IMPORTANT DATES – EARLY SEASON 2018-2019

MONDAY 11/5/18

Mandatory Team Meeting – 3:20 – Room 413  
(expect to attend for about an hour)

WEDNESDAY 11/7/18

UFC 2017 – 3:15-4:45  
(EARLY DISMISSAL DAY)  
+ Returning Sr/Lettermen Dinner – 6:30 – site TBA

FRIDAY 11/9/18

1<sup>st</sup> Official Practice 3:36-6:00

SATURDAY 11/10/18

Practice & Power Day Lift 10:00-1:00

SUNDAY 11/11/18

Mandatory Parent-Athlete Meeting  
6:00 – Trent Arena  
Wrestling Meeting in Library to follow

MONDAY 11/12/18

Rules Sign-off Form Due!

WEDNESDAY 11/14/18

Study Tables Begin!

THURSDAY 11/15/18

Practice 3:36-5:30 / Team Pics 6:00-end

FRIDAY 11/16/18

CLOTHES ORDERS & POWER DAY \$\$\$ DUE!!!

SATURDAY 11/17/18

Scrimmage @ Miamisburg

WEDNESDAY 11/21/18

Official Weight Certification @ KFHS  
(Arrive 7:30 a.m. / Test 8:00 a.m.)  
\*Parents Club Provides Breakfast\*  
+ Scrimmage 10:00-12:30 @ KFHS

SATURDAY 11/24/18

Scrimmage @ Mason

SATURDAY 12/1/18

COMPETITION BEGINS!  
V @ Elder Duals  
JV @ Lakota East Tournament

## POWER DAY INCENTIVES

*YOUR MINIMUM GOAL IS \$100*

Nov. 5-10 Get Sponsors • Nov. 10 Pull-up Test • Nov. 10-16 – Collect \$ • Nov. 16 - Turn in \$  
*You get people to sponsor your pull-up total! More money = more FREE stuff!*

*LEVEL 1 – You raise \$100 - you get 2 FREE ITEMS*  
Shorts & Short-sleeve T

*LEVEL 2 – You raise \$200 - you get 3 FREE ITEMS*  
Shorts – Short-sleeve T – Long-sleeve T

*LEVEL 3 – You raise \$300 - you get 4 FREE ITEMS*  
Shorts – Short-sleeve T – Long-sleeve T – Hoodie or Crew

*LEVEL 4 – You raise \$400 - you get 5 FREE ITEMS*  
Shorts – Short-sleeve T – Long-sleeve T – Sweatshirt (Hoodie or Crew) – Pants (Jogger or Regular)

*LEVEL 5 – You raise \$500 - you get 6 FREE ITEMS*  
Shorts – Short-sleeve T – Long-sleeve T – Sweatshirt (Hoodie or Crew)  
Pants (Jogger or Regular) – Jacket

*LEVEL 6 – You raise \$600 - you get 12 FREE ITEMS*  
Shorts – Short-sleeve T – Long-sleeve T – Sweatshirt (Hoodie or Crew) – Pants (Jogger or Regular)  
– Jacket + Mandatory \$115 Team Warm-up Package (6 items – Jacket/Shorts/Sweats/3 Shirts)!