

Fairmont Wrestling

NOVEMBER 2018


MEDIA
 fairmontwrestling.com
 fairmont.firebirdwrestling
 @FHSWrestling

REMIN (WRESTLERS)
 Text @8kde to 81010
REMIN (PARENTS)
 Text @33hh9 to 81010

Baxter 470-3889 Horcher 847-334-5033 Cableck 307-5539 Justin Sage 231-1798 Jake Sage 232-1906 Biondie 671-1046 Lehman 513-258-1054 Kellerman 513-295-6273

ALL EVENTS/TIMES SUBJECT TO CHANGE

Updated Google Calendar can be found @ <https://kffirebirds.com/wrestling-calendar/>

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|---|---|---|--|---|
| | | | | 1 Youth Practice 6:15-8:15 | 2 | 3 |
| 4 | 5 MANDATORY TEAM MTG RM. 413 - 3:20 Youth Practice 6:15-8:15 | 6 <u>NO SCHOOL</u> STAFF MEETING | 7 UFC 2018 3:15-4:45 Sr/Lettermen Dinner 6:30 - Site TBA | 8 Youth Practice 6:15-8:15 | 9 NEED PHYSICAL & FINAL FORMS! MANDATORY PRACTICE BEGINS! 3:36-6:00 | 10 Practice 10:00-1:00 (Includes Power Day Lift) Get Power Day Sponsors!!! |
| 11 MANDATORY AD & WR MTGS 6:00-Trent Arena 6:30-Library | 12 Practice 3:36-5:45 RULES FORM DUE! Youth Practice 6:15-8:15 | 13 Practice 3:36-6:00 Middle School Practice 6:15-8:15 | 14 <u>Early Dismissal</u> Practice 3:36-6:00 Study Table 6:30-7:30 Youth Practice 6:15-8:15 | 15 Practice 3:36-5:30 TEAM PICS 6-6:30 | 16 Practice 3:36-6:00 Clothes & PD \$ DUE by end of practice | 17 Scrimmage @ Miamisburg |
| 18 | 19 <u>NO SCHOOL</u> Practice 10:00-1:00 PM Workout - TBA Youth Practice 6:15-8:15 | 20 <u>NO SCHOOL</u> Practice 10:00-1:00 PM Workout - TBA Middle School Practice 6:15-8:15 | 21 <u>NO SCHOOL</u> WGT CERT 8 a.m. ARRIVE 7:30 a.m. Home Scrimmage 10:00-12:30 | 22 <u>NO SCHOOL</u>  | 23 <u>NO SCHOOL</u> Practice 10:00-1:00 | 24 Scrimmage @ Mason |
| 25 | 26 Practice 3:36-5:45 Study Table 6:15-7:15 Youth Practice 6:15-8:15 | 27 Practice 3:36-5:45 (Wrestle-offs) Middle School Practice 6:15-8:15 | 28 Practice 3:36-5:45 (Wrestle-offs) Study Table 6:15-7:15 | 29 Practice 3:36-5:45 Youth Practice 6:15-8:15 | 30 Practice 3:36-5:45 | |

"Nothing begins unless first a dream."

Fairmont Wrestling

DECEMBER 2018


MEDIA
 fairmontwrestling.com
 fairmont.firebirdwrestling
 @FHSWrestling

REMIND (WRESTLERS)
 Text @8kde to 81010
REMIND (PARENTS)
 Text @33hh9 to 81010

Baxter 470-3889 Horcher 847-334-5033 Cableck 307-5539 Justin Sage 231-1798 Jake Sage 232-1906 Biondie 671-1046 Lehman 513-258-1054 Kellerman 513-295-6273

ALL EVENTS/TIMES SUBJECT TO CHANGE

Updated Google Calendar can be found @ <https://kffirebirds.com/wrestling-calendar/>

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-----------------------------------|---|--|--|---|---|---|
| | | | | | | 1 V @ Elder JV @ Lakota East |
| 2 | 3 Practice 3:36-5:45 Study Table 6:15-7:15 Youth Practice 6:15-8:15 | 4 JV/FR @ Carroll V Practice 3:36-5:45 Middle School Practice 6:15-8:15 | 5 Practice 3:36-5:45 Study Table 6:15-7:15 | 6 Practice 3:36-5:45 Study Table 6:15-7:15 (Silver) Depart - 7pm Youth Practice 6:15-8:15 | 7 Practice 3:36-5:45 V-Silver @ Ironman | 8 V @ Bellefontaine JV/FR @ Fairfield |
| 9 | 10 Practice 3:36-5:45 Study Table 6:15-7:15 Youth Practice 6:15-8:15 | 11 Practice 3:36-5:45 Middle School Practice 6:15-8:15 | 12 v Practice 3:36-5:45 Study Table 6:15-7:15 JV/FR @ Miamisburg Parents Mtg. / 413 / 6:30 | 13 Practice 3:36-5:45 Youth Practice 6:15-8:15 | 14 Practice 3:36-5:45 Classic Setup 6-9 PM ALL TEAM MEMBERS! | 15 V - Classic XIV ALL TEAM MEMBERS! |
| 16 | 17 Practice 3:36-5:45 Study Table 6:15-7:15 Youth Practice 6:15-8:15 | 18 | 19 | 20 | 21 | 22 |
| SEMESTER EXAMS - STUDY!!! | | | | | | |
| YOUTH TOURN. & CLEAN-UP 3:30-5:30 | Practice 3:36-5:45 Study Table 6:15-7:15 Youth Practice 6:15-8:15 | Practice 3:36-5:45 Middle School Practice 6:15-8:15 | Practice 3:36-5:45 Study Table 6:15-7:15 | V - Alumni Duals JV/FR Practice 3:36-5:15 Youth Practice 6:15-8:15 | Practice 3:36-5:45 End of 2nd 9 Weeks MAKE THE GRADE! | JV/FR @ Butler V Practice 10:00-12:00 |
| 23 | 24 <u>NO SCHOOL</u> Practice 10:00-11:30 Santa Claus Practice | 25 <u>NO SCHOOL</u> | 26 <u>NO SCHOOL</u> Practice 10:00-1:00 PM Workout - TBA | 27 <u>NO SCHOOL</u> Practice 10:00-11:30 V depart - 1pm | 28 <u>NO SCHOOL</u> V @ Brecksville | 29 |
| 30 | 31 <u>NO SCHOOL</u> Practice 10:00-1:00 Make Good Choices! |  | | NON-VARSITY (JV/FR) - OFF | | |

"Champions expect more than others think is possible."

Fairmont Wrestling JANUARY 2019

MEDIA
 fairmontwrestling.com
 fairmont.firebirdwrestling
 @FHSWrestling

REMIN (WRESTLERS)
 Text @8kde to 81010
REMIN (PARENTS)
 Text @33hh9 to 81010

Baxter 470-3889 Horcher 847-334-5033 Cableck 307-5539 Justin Sage 231-1798 Jake Sage 232-1906 Biondie 671-1046 Lehman 513-258-1054 Kellerman 513-295-6273

ALL EVENTS/TIMES SUBJECT TO CHANGE

Updated Google Calendar can be found @ <https://kffirebirds.com/wrestling-calendar/>

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|---|--|--|---|---|--|
| | | <i>NO SCHOOL</i> 1 Practice TBA <i>(EXPECT TO PRACTICE!)</i> PM Workout - TBA | <i>NO SCHOOL</i> 2 Practice 10:00-1:00 PM Workout - TBA <small>Youth Practice 6:15-8:15</small> | <i>NO SCHOOL</i> 3 V/JV/FR - B'creek County Line XI | <i>NO SCHOOL</i> 4 Practice 10:00-1:00 <i>(Subject to Change)</i> | 5 Practice 10:00-12:00 |
| 6 | <i>NO SCHOOL</i> 7 Practice 3:36-5:45 <small>Youth Practice 6:15-8:15</small> | 8 V Practice 3:36-5:45 JV/FR @ Carroll Parents Mtg. / 413 / 6:30 <small>Middle School Practice 6:15-8:15</small> | 9 V/JV/FR - C'ville Far Hills XIII | 10 Practice 3:36-5:45 <small>Youth Practice 6:15-8:15</small> | 11 Practice 3:36-5:45 | 12 V @ Middletown JV/FR - TBA |
| 13 | 14 Practice 3:36-5:45 <small>Youth Practice 6:15-8:15</small> | 15 Practice 3:36-5:45 <small>Middle School Practice 6:15-8:15</small> | 16 JV/FR @ Miamisburg V Practice 3:36-5:45 | 17 Practice 3:36-5:30 V depart - 7pm <small>Youth Practice 6:15-8:15</small> | 18 V @ Maumee Bay Tournament FR @ Buckeye Classic (Fri-Sat) JV - TBA | 19 |
| 20 | <i>NO SCHOOL</i> 21 Practice 10:00-1:00 | 22 Practice 3:36-5:45 <small>Youth Practice 6:15-8:15</small> | 23 Practice 3:36-5:45 | 24 <i>College Night</i> V - Fairmont Duals JV/FR Practice 3:36-5:15 <small>Youth Practice 6:15-8:15</small> | 25 Practice 3:36-5:45 | 26 JV/FR @ Butler V Practice 10:00-12:00 <i>(Subject to Change)</i> |
| 27 | 28 Practice 3:36-5:30 <small>Youth Practice 6:15-8:15</small> | 29 Practice 3:36-5:30 <small>Middle School Practice 6:15-8:15</small> | 30 Practice 3:36-5:30 | 31 JV/FR-Palooza V Practice 3:36-5:15 <i>(then V work JV tables!)</i> <small>Youth Practice 6:15-8:15</small> | | |

"The harder you work, the harder it is to surrender."

Fairmont Wrestling

FEBRUARY 2019

MEDIA
 fairmontwrestling.com
 fairmont.firebirdwrestling
 @FHSWrestling

REMIND (WRESTLERS)
 Text @8kde to 81010
REMIND (PARENTS)
 Text @33hh9 to 81010

Baxter 470-3889 Horcher 847-334-5033 Cableck 307-5539 Justin Sage 231-1798 Jake Sage 232-1906 Biondie 671-1046 Lehman 513-258-1054 Kellerman 513-295-6273

ALL EVENTS/TIMES SUBJECT TO CHANGE

Updated Google Calendar can be found @ <https://kffirebirds.com/wrestling-calendar/>

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|---|--|--|---|
| | | | | | 1 Practice 3:36-5:15 <i>GMVWA Sch'ship Deadline</i> | 2 V @ Team State (@ B'creek) ALL TEAM MEMBERS! |
| 3 | 4 Practice 3:36-5:30 <i>Youth Practice 6:15-8:15</i> | 5 Practice 3:36-5:30 <i>Middle School Practice 6:15-8:15</i> | 6 Practice 3:36-5:30 Parents Mtg. / 413 / 6:30 | 7 Practice 3:36-5:30 <i>Youth Practice 6:15-8:15</i> | 8 | 9 |
| | | | | | IT'S GO TIME! GWOC CHAMPIONSHIPS V @ BUTLER | |
| 10 V @ Team Duals (tentative) <i>Youth Practice 6:15-8:15</i> | 11 Practice 3:36-5:30 | 12 Practice 3:36-5:30 | 13 Practice 3:36-5:30 | 14 JV/FR-Palooza V Practice 3:36-5:15 (then V work JV tables!) <i>Youth Practice 6:15-8:15</i> | 15 Practice 3:36-5:15 | 16 Practice 10:00-12:00 JV/FR - Equipment & Individual Mtgs. |
| 17 | 18 NO SCHOOL Practice 10:00-12:00 JV/FR - Equipment & Individual Mtgs. PM Workout - TBA | 19 Practice 3:36-5:15 JV/FR - Equipment & Individual Mtgs. | 20 Practice 3:36-5:15 JV/FR - Equipment & Individual Mtgs. | 21 Practice 3:36-5:15 | 22 | 23 |
| | | | | | IT'S GO TIME! SECTIONAL CHAMPIONSHIPS @ Centerville High School | |
| 24 <i>GMVWA All-Area Selection</i> | 25 Practice 3:36-5:15 V/JV/FR - Equipment & Individual Mtgs. | 26 Practice 3:36-5:15 V/JV/FR - Equipment & Individual Mtgs. | 27 Practice 3:36-5:15 V/JV/FR - Equipment & Individual Mtgs. | 28 Practice 3:36-5:15 District Setup 6-9 pm ALL TEAM MEMBERS! | | |

Talent doesn't determine the winner. Work determines the winner.

Fairmont Wrestling

MARCH 2019

MEDIA
 fairmontwrestling.com
 fairmont.firebirdwrestling
 @FHSWrestling

REMIND (WRESTLERS)
 Text @8kde to 81010
REMIND (PARENTS)
 Text @33hh9 to 81010

Baxter 470-3889 Horcher 847-334-5033 Cableck 307-5539 Justin Sage 231-1798 Jake Sage 232-1906 Biondie 671-1046 Lehman 513-258-1054 Kellerman 513-295-6273

ALL EVENTS/TIMES SUBJECT TO CHANGE

Updated Google Calendar can be found @ <https://kffirebirds.com/wrestling-calendar/>

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--|--|---|---|---|------------------------------------|
| | | | | | 1 | 2 |
| | | | | | IT'S GO TIME! DISTRICT CHAMPIONSHIPS TRENT ARENA ALL TEAM MEMBERS WORK/ATTEND! | |
| 3 | 4 Practice 3:36-5:00 V/JV/FR - Equipment & Individual Mtgs. | 5 Practice 3:36-5:00 V/JV/FR - Equipment & Individual Mtgs. | 6 <i>Early Dismissal</i> Practice 3:36-4:45 | 7 | 8 | 9 |
| | | | | IT'S GO TIME! OHSAA STATE TOURNAMENT Ohio State Univ. SESSION 1 Preliminaries Ohio State Univ. SESSIONS 2-3 Quarters & Semis Ohio State Univ. SESSIONS 4-5 Medal Round & Finals | | |
| 10 | 11 V/JV/FR - Equipment & Individual Mtgs. | 12 Coaches Mtg, 4pm V/JV/FR - Equipment & Individual Mtgs. | 13 Parents Mtg. / 413 / 6:30 | 14 | 15 | 16 |
| 17 | <u>NO SCHOOL</u> | 18 <u>NO SCHOOL</u> | 19 <u>NO SCHOOL</u> | 20 <u>NO SCHOOL</u> | 21 <u>NO SCHOOL</u> | 22 <u>NO SCHOOL</u> |
| | | | | 23 WATCH ESPN NCAA Wrestling | 24 WATCH ESPN NCAA Wrestling | 25 WATCH ESPN NCAA Wrestling |
| 24 | 25 | 26 AWARDS BANQUET 6:30 p.m. FHS Cafeteria <i>Everyone attends! Dress up!</i> | 27 | 28 Off-Season Meeting Room 413, 3:15 pm <i>The Road to Columbus 2019-2020</i> | 29 | 30 |
| 31 | | | | | | |

"The impossible is what no one can do until someone does."