

SELFLESS, PASSIONATE, UNITED, TRUSTWORTHY

TROY TROJANS HIGH SCHOOL BOYS BASKETBALL

July 2019						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 LIFT 10:15-11:30AM SHOOT 11:30-12:15	2 LIFT 10:15-11:30AM SHOOT 11:30-12:15AM	3 OPEN GYM 6:00-7:30PM	4 OFF	5 OFF	6
7	8 LIFT 10:15-11:30 AM SHOOT 11:30-12:15	9 LIFT 10:15-11:30 SHOOT 11:30-12:15 4Players A 5:00-6:00 PM 4Players B 6:00-7:00PM	10 OFF	11 LIFT 10:15-11:30AM	12 LIFT 10:15-11:30AM	13
14	15 LIFT 10:15-11:30 AM SHOOT 11:30-12:15	16 LIFT 10:15-11:30 4Players A 5:00-6:00 PM 4Players B 6:00-7:00PM	17 OPEN GYM 6:00-7:30 PM	18 LIFT 10:15-11:30 4Players A 5:00-6:00 PM 4Players B 6:00-7:00PM	19 LIFT 10:15-11:30 AM	20
21	22 LIFT 10:15-11:30 AM SHOOT 11:30-12:15	23 LIFT 10:15-11:30 SHOOT 11:30-12:15 4Players A 5:00-6:00 PM 4Players B 6:00-7:00PM	24 OPEN GYM 6:00-7:30 PM	25 LIFT 10:15-11:30 SHOOT 11:30-12:15 4Players A 5:00-6:00 PM 4Players B 6:00-7:00PM	26 LIFT 10:15-11:30 AM SHOOT 11:30-12:15	27
28	29 LIFT 10:15-11:30 AM SHOOT 11:30-12:15	30 LIFT 10:15-11:30 SHOOT 11:30-12:15 4Players A 5:00-6:00 PM 4Players B 6:00-7:00PM	31 OPEN GYM 6:00-7:30 PM			

Coach Mark Hess : (614) 499-9389

"I've always believed that if you put in the work, the results will come" MJ

Coach Brock Moon : (937) 441-0164

"Whether you are on a sports team, in an office or a member of a family, if you can't trust one another there's going to be trouble." Stephen Covey