



## Troy Cheerleading Tryout Information 2020 – 2021

Dear Cheerleader Candidates and Parents,

I am excited that you are interested in representing our school as a Troy Trojan Cheerleader. **Please keep pages 1 – 4 for your information. Pages 5 – 6** are the actual Troy Cheerleading Application which will **need to be completed and turned in no later than Thursday, April 16<sup>th</sup>, by 3:15 pm to the Troy High School Cheerleading mailbox (in the Athletic/Main Office). If you do not have all of your paperwork turned in, you will not be permitted to participate in tryouts.** **Please carefully read all the information included in this packet.** Feel free to contact me if you have questions.

Troy Cheerleading will be a demanding and time-consuming sport that begins in **June**. Building skills in tumbling and cheerleading are important, but we will continue to focus on community service, character, leadership, and teamwork while being a part of Troy Cheerleading.

Tryouts will begin with the clinic which will be held for two days followed by a formal tryout on the third day. All tryout sessions are mandatory. All sessions are held in the main gym at Troy High School. Please arrive 10 minutes prior to your start time.

<b>Junior High</b> (Future 7 <sup>th</sup> and 8 <sup>th</sup> graders)	Tryout Clinic	Monday, April 27	3:00 – 4:30
	Tryout Clinic	Tuesday, April 28	3:00 – 4:30
	Formal Tryouts	Wednesday, April 29	3:30 – 4:30
	Results Meetings	Thursday, April 30	3:00 – 4:15

<b>High School</b> (Future 9 <sup>th</sup> – 12 <sup>th</sup> graders)	Tryout Clinic	Monday, April 27	4:30 – 6:00
	Tryout Clinic	Tuesday, April 28	4:30 – 6:00
	Formal Tryouts	Wednesday, April 29	4:30 – 5:30
	Results Meetings	Thursday, April 30	4:15 – 5:30

\*\* If extra practice or assistance is needed, JH candidates may attend the first 30 minutes of the HS clinic (4:30-5:00) on Tuesday and HS candidates may attend the last 30 minutes of the JH clinic (4:00-4:30) on Tuesday.

\*\* If your child makes a Troy Cheerleading squad, there will be a parent meeting in the Troy High School cafeteria on **Tuesday, May 12, 2020, at 6:00 pm.**

I look forward to seeing your child at tryouts. If you have any questions, please feel free to email me at [anderson-a@troy.k12.oh.us](mailto:anderson-a@troy.k12.oh.us).

Angie Anderson  
Troy Head Cheerleading Advisor

### Tryout Information

Qualified judges will evaluate each potential cheerleader. The decision of the judges and advisor will be final. Tryout clinics and formal tryouts are closed to all spectators. For the **clinics**, cheerleading candidates should wear comfortable gym clothes and gym shoes. Sports bras should not show, and shirts should be tucked in for tumbling. Hair should be pulled up with bangs out of the face. For the **formal tryout** on Wednesday, April 29<sup>th</sup>, girls should wear black or red shorts with an all-white t-shirt or tank top. Again, sports bras should not show, and shirts should be tucked in for tumbling. Hair should be pulled up with bangs out of the face. No jewelry should be worn.

# Tryout Evaluations – 200 total points

## Judges' Evaluation: 150 points

On Wednesday, potential cheerleaders will be evaluated by **outside** judges assigned to three stations. Judges will focus on specific elements of cheerleading and will evaluate each participant, based on the criteria shown below. Higher scores will reflect more advanced skill levels. Athletes will be split into groups of 3-4 and will rotate, spending approximately 5 minutes per station.

**Station 1 (Cheer/Chant):** Athletes will perform one required cheer and one required chant taught during clinic.

**Station 2 (Dance):** Athletes will perform a short dance taught during clinic.

**Station 3 (Jumps/Tumbling):** Athletes will perform a toe touch and a herkie, as well as a jump of choice such as a double toe touch, front hurdler, pike, etc. Athletes will also have the opportunity to perform tumbling skills. Points will be weighted depending on the difficulty of skill. (See sample score sheet.) A mat will be provided. **ANY TUMBLING THAT IS PERFORMED AT TRYOUTS WILL BE EXPECTED TO BE EXECUTED DURING THE REGULAR SEASON! (\*\* Strikes or removal from squad possible for non-compliance, with the exception of injuries)**

\*\*The judges may ask any of the above skills to be repeated if needed. This does not indicate a mistake. It is only to verify the point value earned.

*\*This tryout format is modeled after multiple OHSAA schools' tryout procedures. It has been created with the help of The Ohio State University and Kent State University coaches.*

## Clinic Evaluation/Prior Coaches' Evaluations: 30 points

At the tryout clinic on Monday and Tuesday, potential cheerleaders will be evaluated in areas such as proper attire, ability to learn the material, teamwork, effort, attitude, punctuality, dedication, etc. Coaches will evaluate past performance of previous cheerleaders in the above areas as well.

## Teacher Evaluation: 10 points

Teachers will rank each potential cheerleader from 1 – 5 in the areas of leadership, dependability, attitude, character, and attendance.

## Grades: 10 points

Each student's current GPA will be multiplied by 2.5. (For example, if a student has a 4.0 GPA, they will receive 10 points in this category.  $4.0 \times 2.5 = 10$ )

## Troy Cheerleading Tryout Score Sheet

### Jumps (30 points possible)

**Toe Touch** ..... 1 2 3 4 5 6 7 8 9 10

Correct form, chest up, toes pointed, good prep, high jump

**Herkie**..... 1 2 3 4 5 6 7 8 9 10

Correct form, toes pointed, good prep, high jump

**Choice Jump**..... 1 2 3 4 5 6 7 8 9 10

Front hurdler, pike, double toe touch, etc.

### Tumbling (20 points possible)

**Standing Tumbling**.....1 2 3 4 5 6 7 8 9 10

Back Handspring: 1 – 3

Multiple Back Handsprings: 4 – 5

Back Handspring Tuck: 6 – 8

Standing Back Tuck: 9 – 10

\*The higher range is for better form and quality of skill. If the skill is not landed, no points will be given.

**Running Tumbling**.....1 2 3 4 5 6 7 8 9 10

Roundoff: 1 – 2

Roundoff Back Handspring or Multiple Back Handsprings: 3 – 4

Roundoff Back Handspring(s) Tuck or Roundoff Tuck: 5 – 6

Roundoff Back Handspring Layout: 7 – 8

Specialty Pass or More Difficult: 9 – 10

\*The higher range is for better form and quality of skill. If the skill is not landed, no points will be given.

### Cheer/Chant (50 points possible)

<b>Motions</b> .....	1	2	3	4	5	6	7	8	9	10
Sharp, correctly placed, no broken wrists, solid motions, Fists correct, well-executed										
<b>Voice Projection/Showmanship</b> .....	1	2	3	4	5	6	7	8	9	10
Loud, clear, enthusiastic										
<b>Timing</b> .....	1	2	3	4	5	6	7	8	9	10
Smooth, precise, unified with group										
<b>Memory</b> .....	1	2	3	4	5	6	7	8	9	10
Confident in words, motions, etc.										
<b>Overall Performance/Personality</b> .....	1	2	3	4	5	6	7	8	9	10
Points will be deducted for jewelry, hair, untucked shirts, etc.										

### Dance (50 points possible)

<b>Rhythm/Dance Ability</b> .....	1	2	3	4	5	6	7	8	9	10
Balanced, flowing, smooth, natural										
<b>Execution of Moves</b> .....	1	2	3	4	5	6	7	8	9	10
<b>Timing/Memory</b> .....	1	2	3	4	5	6	7	8	9	10
Smooth, precise, unified with group and music										
<b>Showmanship/Facials</b> .....	1	2	3	4	5	6	7	8	9	10
<b>Overall Impression</b> .....	1	2	3	4	5	6	7	8	9	10

**TOTAL POINTS** \_\_\_\_\_/150

### Tryout Results

The tryout results will be discussed individually with each candidate **on Thursday, April 30<sup>th</sup>** in the THS Main Gym. Please see times listed above. The meetings will be held in numerical order, based upon their tryout number. Due to the Wayne Invitational, THS Track participants will meet beginning at 3:00PM, followed immediately by JH candidates.

#### **Tuesday, May 12, 2020**

\*There will be a mandatory parent meeting for all 2020-2021 cheerleaders and their parent(s) on **May 12 at 6:00PM** in the Troy High School cafeteria.

\*Payment #1 Due (Shoes, Sideline Camp, and Crop or Uniform IF NEEDED) These are **approximate** costs. Checks should be made payable to **TROY CHEER BOOSTERS**.

Shoes:	\$70.00-80.00
Sideline Camp:	\$25.00
Crop:	\$80.00
Varsity Uniform:	\$190.00 (Skirt- \$75, Top- \$125)

#### **Tuesday, May 19, 2020**

\*Fitting Date for uniforms, warm ups, crops, shoes, etc. in Troy High School Cafeteria

**\*\*A PARENT MUST BE PRESENT! \*\*** If your crop top, spunks, warm-ups, or varsity squad uniform still fit and are in good condition, you will not need to purchase them again.

**\*\* BRING YOUR CELL PHONE & WARMUPS, CROPS, AND UNIFORMS TO THE FITTING TO CHECK THEIR FIT AND CONDITION. WRITE YOUR NAME ON ALL TAGS.**

**Varsity Football & Varsity Basketball:** 3:00 – 3:20

**Varsity Soccer:** 3:20 – 3:40 **JV Football & JV Basketball:** 3:40-4:00

**Next Year's 8<sup>th</sup> Grade:** 4:00 – 4:20 **Next Year's 7<sup>th</sup> Grade:** 4:20-4:40??

## June 8-9 (HS) & June 10-11 (JH)

\*HS & JH Sideline Camp at Troy High School Aux. Gym from 9:00AM – 3:00PM (Bring packed lunch & water)- \*\*Mandatory for all cheerleaders

\*Payment #2 Due (Warm-ups and Spanks IF NEEDED. These are **approximate** costs. Checks should be made payable to **TROY CHEER BOOSTERS**.

Warm-ups:	\$170.00 (Pants- \$75, Jacket- \$115)
Spanks:	\$30.00

## July 20-21 (Varsity) & July 27-28 (JH)

\*Varsity Competition Choreography Camp & JH Competition Choreography Camp at Troy High School Aux. Gym from 9:00AM – 3:00PM (Bring packed lunch & water)-

\*\*Mandatory for all Competition Squad cheerleaders

\*Payment #3 for HS & JH Competition Camp **Due 07/08**- includes a complete choreographed routine, multiple days of instruction, and music

JH Competition Squad:	\$125
Varsity Competition Squad:	\$125

These are **approximate** costs. Checks should be made payable to **TROY CHEER BOOSTERS**.



**Please make all payments on time.** All payments must be received before the cheerleader can obtain the above items, squad shirts/sweatshirts, etc. or participate in camps and cheer events.

# Troy Cheerleading Application Page 1

Name \_\_\_\_\_ Grade **next year** (2020 – 2021) \_\_\_\_\_

Address \_\_\_\_\_ Shirt Size \_\_\_\_\_

\_\_\_\_\_ Student's Cell # \_\_\_\_\_

Mother's Name \_\_\_\_\_ Mother's Cell # \_\_\_\_\_

Father's Name \_\_\_\_\_ Father's Cell # \_\_\_\_\_

Parent's email you want to use for contact information, upcoming dates, etc.

**Please print:** \_\_\_\_\_

Activities that may conflict with Troy Cheerleading in the **fall**:

\_\_\_\_\_

Activities that may conflict with Troy Cheerleading in the **winter**:

\_\_\_\_\_

**\*If you are participating in all-star cheer, please attach a letter from your all-star coach stating the following: There will be minimal conflict between all-star and school cheerleading and if there is a conflict, school cheer will ALWAYS come first and no school practices, games, or events will be missed. If a conflict cannot be worked out, the cheerleader will receive a strike for missing a school cheer event.**

Please check the following squad(s) for which you wish to try out. Please indicate a preference by putting a 1 by your **first** choice, a 2 by your **second** choice, and so on. **MARK ALL SQUADS THAT YOU WOULD LIKE TO PARTICIPATE IN, BUT DO NOT PUT A PREFERENCE BY A SQUAD FOR WHICH YOU ARE NOT WILLING TO CHEER.**

\*Current 6<sup>th</sup> and 7<sup>th</sup> graders may try out for Junior High Football and/or Basketball.

\*Current 8<sup>th</sup> graders may try out for any Freshman, JV, and/or Varsity squad.

\*Current 9<sup>th</sup> and 10<sup>th</sup> graders may try out for any JV or Varsity squad.

\*Current 11<sup>th</sup> graders may try out for any Varsity squad only.

\_\_\_\_\_ JH Football \_\_\_\_\_ JV & Freshman Football \_\_\_\_\_ Varsity Soccer \_\_\_\_\_ Varsity Football

\_\_\_\_\_ JH Basketball \_\_\_\_\_ JV Basketball \_\_\_\_\_ Varsity Basketball

**JH Students:** Do you want your scores to be considered for the Competition squad?

YES or NO

**HS Students:** Do you want your scores to be considered for the Competition squad?

YES or NO

**The Competition Squad requires additional practice, and you must remain on the squad for as long as the squad is competing.** There will be a JH Competition Squad and a Varsity Comp Squad. If there is not sufficient voluntary participation, it will be mandatory for varsity football, varsity basketball, and junior high squads. If a HS Cheerleader makes a Competition Squad, it will be an additional \$125 est. If a JH Cheerleader makes the Competition Squad, it will be an additional \$125 est. This will pay for the choreography and music.

Student Signature

Date

Parent Signature

## Troy Cheerleading Application Page 2

Please read each item carefully to ensure you fully understand the expectations of Troy Cheerleaders in the event you are placed on a squad. By signing below, both athlete and parent agree that they will abide by these rules and regulations and agree that the athlete has parental permission to participate in tryouts for Troy Cheerleading. **More detailed information will be provided once the cheerleading candidate makes a squad.**

You are a **STUDENT FIRST** and an athlete second. We believe all our athletes should strive for academic excellence in the classroom. Your education is your **NUMBER ONE** priority. You must maintain scholastic eligibility as established by the OHSAA and TCS to participate in all cheerleading functions.

All athletes are expected to comply with the Code of Conduct and the Athletic Policy set forth by the Troy City Schools Student Code of Conduct and the rules mandated by the OHSAA. Breaking this code of conduct will result in disciplinary actions by the athletic director and/or the advisor. The cheerleader will receive two strikes if he/she breaks the Code of Conduct or the Athletic Policy. Three cumulative strikes will result in removal from the squad.

Any action deemed a serious violation that undermines the school or Troy Cheerleading warrants immediate dismissal from the Troy Cheerleading program, not just the season in which the incident occurred. (Inappropriate internet/social media usage, posting inappropriate pictures, anything involving police, or any action unbecoming of a Troy Cheerleader)

If the athlete is injured, they are required to attend practice but not to participate. A physician's excuse is required.

Respect yourself, parents, teachers, administrators, coaches, teammates, and classmates AT ALL TIMES!

**Inappropriate displays of behavior from parents** can also result in removal of athletes from teams. This applies in all situations such as practices and performances.

Profanity at school, during practices, games, events, on social media, or within the community is **NOT** a proper representation of Troy Cheerleading. Remember you are an ambassador for our school. Please conduct yourself in a manner that represents Troy in a positive light.

If the student is involved in other activities such as choir, plays, all-star cheerleading, etc., he/she must **declare all conflicting activities on page 1 of the tryout application**. These additional activities will be reviewed on an individual basis and could affect your selection to squads, based on the level of commitment required. Please remember that if a cheerleader is involved in all-star cheer, a letter from that coach must be attached to this application. **If additional activities are not disclosed prior to tryouts and discussed with the two coaches involved, you will receive a strike for all missed practices, games, events, etc. These strikes will result in removal from the squad after three incidents.**

As with *any* sport, there will be a financial responsibility to participate in Troy Cheerleading. The Boosters will again provide money to each girl for Squad T-shirts/Sweatshirts and bows. Varsity Football Cheerleading may require additional money for goodie bags, paint for banners, etc.

1 <sup>st</sup> Payment Due May 12	(Shoes, Sideline Camp, Crop/Uniform)
2 <sup>nd</sup> Payment Due June 8 or 10	(Warm-ups, Spanks)- Due 1 <sup>st</sup> day of camp
3 <sup>rd</sup> Payment Due July 8	(Competition Choreography)
** Payment in full and timely payments are required for participation in cheer events and receipt of cheer items	

Sideline Camp is mandatory for all cheerleaders. Competition Choreography Camp is mandatory for all Competition participants.

**HS & JH Sideline Camps** will be held June 8-9 (HS) & June 10-11 (JH) from 9:00AM – 3:00PM at THS Aux. Gym  
**HS & JH Competition Camps** will be held July 20-21 (Varsity) & July 27-28 (JH) from 9:00AM – 3:00PM at THS Aux. Gym

Please sign below indicating you are aware of the rules, requirements, payments, and payment due dates.

Student Name (Please print)

Parent Name (Please print)

Student Signature

Date

Parent Signature