



**VALLEY ATHLETICS**  
**PARENT & STUDENT HANDBOOK**





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**VALLEY ATHLETICS**  
**CORE VALUES**

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## **MISSION**

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Valley High School is committed to the belief that athletics is a vital part of the educational experience. The Valley Athletic Department is committed to harnessing the values of academic achievement, integrity, teamwork, leadership, respect, and commitment. We support the belief that participation in athletics is a privilege and not a right. We believe our coaches provide our student athletes with examples of exemplary behavior, leadership, knowledge, and integrity in a safe, structured environment.



***“WHOSOEVER HOLDS THIS HAMMER,  
IF HE/SHE BE WORTHY, SHALL  
POSSESS THE POWER OF THOR.”***

***- STAN LEE-***

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# VALLEY HS ATHLETIC CONTACT INFORMATION

(702) 799-5450

## Administration

Ramona Esparza	Principal		
Thomas Smith	Athletic Admin & Title IX	x4500	tsmith1@interact.ccsd.net
Adam Zakos/Sergio Segura	Athletic Director	x4120	azakos@interact.ccsd.net
Shaneka Jackson	Athletic Secretary	x4500	adawson1@interact.ccsd.net
Zachary Myers	Athletic Trainer		zjmyers@interact.ccsd.net

## Fall Sports

Quincy Burts	Football		qburts@interact.ccsd.net
Angel Panteleon	Boys Soccer		angel_surgtech@hotmail.com
Jaime Alvarez	Girls Soccer		jalvare1@interact.ccsd.net
Sergio Segura	Cross Country		sisegura@interact.ccsd.net
Karl Hubbard	Girls Volleyball		khubbard@interact.ccsd.net
Matthew Porter	Boys Tennis		MPPorter@interact.ccsd.net
Jeff Barney	Girls Tennis		jbarney@interact.ccsd.net
Steven Flaszka	Golf		sjflasza@interact.ccsd.net

## Winter Sports

Adam Zakos	Boys Basketball	x4120	azakos@interact.ccsd.net
Donna Gentry	Girls Basketball		dgentry@interact.ccsd.net
Tyler Perry	Wrestling		tperry1@interact.ccsd.net
Jim Erikson	Flag Football		jerickson1@interact.ccsd.net
Leslie Samson	Bowling		lasamson@interact.ccsd.net

## Spring Sports

Chris Manning	Baseball		cmanning1@interact.ccsd.net
TBA	Softball		TBA
Sergio Segura	Track and Field		sisegura@interact.ccsd.net
Matthew Porter	Boys Volleyball		MPPorter@interact.ccsd.net
Steven Flaszka	Boys Golf		sjflasza@interact.ccsd.net

## NIAA/CCSD SANCTIONED SPORTS

FALL		WINTER		SPRING	
Boys	Girls	Boys	Girls	Boys	Girls
Cross Country	Cross Country	Basketball	Basketball	Baseball	Softball
Football	Golf	Bowling	Bowling	Golf	Swimming
Soccer	Tennis	Wrestling	Flag Football	Swimming	Track & Field
Tennis	Volleyball			Track & Field	
	Soccer			Volleyball	



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## **NIAA TRANSGENDER PARTICIPATION POSITION STATEMENT AND POLICY**

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Adopted by Action of the NIAA Board of Control April 6, 2016

This position statement and policy addresses eligibility determinations for students who have a gender identity that is different from the gender listed on their official birth certificates. This Position Statement and Policy is not an NIAA regulation under NAC 386.600 et. seq., but is intended to serve as a guideline to assist member schools and their administrative staff with regard to athletic participation of transgender athletes.

It will be the responsibility of the member school through its principal or equivalent officer/administrator to verify they have followed this policy in accordance with school or district policy when the school submits a roster to the NIAA.

For the protection of competitive balance and the integrity of sports, The NIAA will review athletic eligibility decisions based on gender assignment of transgender student-athletes in accordance with its approved policies and appeals procedures set forth at NAC 386.850 through NAC 386.855.

A student shall be permitted to participate on a gender specific sports team that is consistent with the public gender identity of that student for all other purposes. In making a determination of eligibility, the NIAA will first refer to the position of the student and his or her local school regarding the student's gender identification. The NIAA will require that member schools make a determination of a student's eligibility to participate on a gender specific sports team for a particular season based on the gender identification of that student as reflected:

- (1) in current school records, and
- (2) daily life activities in the school and community at the time that sports eligibility is determined.

The decision may be based on the following types of evidence:

1. Documentation from individuals such as, but not limited to, parents/legal guardians appointed by a court of competent jurisdiction, friends and/or teachers, which affirm that the actions, attitudes, dress and manner demonstrate the student's consistent gender identification and expression; or
2. Any other pertinent documentation or information which the student or parent(s)/legal guardian(s) appointed by a court of competent jurisdiction, believe relevant and appropriate.

The NIAA will rely on such a verification to acknowledge that the school and the principal have determined that the students listed on a gender specific sports team are eligible for participation because of their gender identity and that the school has determined that the expression of the student's gender identity is bona fide and not for the purpose of gaining an unfair advantage in competitive athletics.

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Students who may be affected by this policy should address the gender identification issue well in advance of the deadline for athletic eligibility determinations for the sports season in which the student intends to participate. Students shall not be allowed to try out for gender specific sports teams that are different from their publicly identified gender identity.

Nothing in this policy shall be interpreted to entitle a student to selection to any particular team or to permit a student to transfer from one gender specific team to a team of a different gender during a sports season.

This position statement and policy supersedes any previous statements issued by the Nevada Interscholastic Activities Association (NIAA) regarding the participation of transgender students in NIAA sanctioned sports/events

## **INFORMATION, GUIDELINES AND EXPECTATIONS OF PARENTS AND ATHLETES**

The purpose of this handbook is to assist the parent and guardian of the student-athlete of Valley High School. We understand that being a parent is often challenging and trying and that being a parent of an athlete further complicates this effort and responsibility. Participation in high school athletics can be a fulfilling and positive life experience if everyone has a better understanding of the expectations and issues surrounding a student's participation in interscholastic athletics. Please be advised the administration of Valley High School will not tolerate inappropriate behavior by individuals who represent or are associated with Valley High School and its athletes. It is also understood that athletes may be suspended from athletic competitions if their behavior, grades, sportsmanship or participation warrants such action. Please remember that as the parent of an athlete that you are representing yourself, your athlete, and Valley High School.

## **ATHLETE REGISTRATION**

Prospective athletes must create an account and register for their sport of interest through [registermyathlete.com](http://registermyathlete.com). Once the online registration is complete which include all online forms e-signed, uploaded physical, and fees paid online or to the school bank; then the prospective athlete may be eligible to try-out.

### **Register My Athlete**

- Athletes can complete registration intramural or conditioning programs.
- Every athlete must complete their online registration before he/she is allowed to try-out.
- The coach and parent should check to make sure everything is in the packet.
- Physical must be completed on the CCSD form.
- Insurance is mandatory. [Insurance information can be provided by the athletic office]
- Coaches should make a roster of athletes that have submitted packets.



## **Eligibility**

- All students who participate in interscholastic athletics at a school which is a member of the Nevada Interscholastic Activities Association (NIAA) must adhere to the NIAA eligibility rules for student athletes.
- Students who fail to comply with the NIAA rules will lose their eligibility and an opportunity to represent their school in interscholastic athletics.
- If students participate while ineligible, their school or team will be penalized.
- It is, therefore, important for all students to be aware of the eligibility requirements

## **Residency**

- Students are only eligible for interscholastic competition for the school located in the attendance zone in which their parents or legal guardian resides.
- A student living with a legal guardian must be approved through the CCSD Athletic Department.
- Falsification of any documents or being dishonest regarding residency will result in ineligibility for 360 school days (2 years).

## **PHYSICAL EXAMINATIONS**

- All students must pass a physical examination by a licensed physician.
- A complete physical examination is required every year.
- All physical examinations must be completed on the appropriate NIAA forms.
- Examination forms are available in your high school athletic office or on-line at NIAA.com.

Students **ARE REQUIRED** to have accident and health insurance on their own prior to participation in any sport or school sponsored activity

## **ACADEMIC REQUIREMENTS**

- Must be enrolled in at least two (2) units of credits and regularly attend school.
- Students must have successfully completed at least two (2) units of credits the immediate preceding semester.
- Students must obtain a grade point average of at least 2.0 for the immediate preceding semester.

**All incoming freshmen are initially eligible.**





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## SUBSTANCE ABUSE POLICY

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Participation in an NIAA sanctioned sport is a privilege and responsibility which requires all participants to adhere to athletic training rules. A student athlete determined to be in possession of, or to have used tobacco, an alcoholic beverage, or a controlled substance is in violation of the NIAA policy.

### **First violation:**

- ▶ Requires a six (6) competitive week suspension from participation in interscholastic competition.
- ▶ Four (4) competitive weeks of the suspension may be waived if the student successfully completes an appropriate substance abuse intervention program.
- ▶ A student athlete may practice with the team during the suspension period if approved by the coach and principal.

### **Second Violation**

- ▶ The student is suspended from interscholastic competition for a minimum of ninety days which shall include a minimum of six (6) competitive weeks of competition.
- ▶ The student must have a substance abuse evaluation assessment conducted by a licensed alcohol and drug counselor within ten days of the suspension. All requirements must be met before athletic eligibility is reinstated.
- ▶ A student athlete may not practice with the team during the suspension period.

### **Third Violation:**

- ▶ The student athlete shall be ineligible to participate in interscholastic athletics for the remainder of the student's high school career.

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## TRANSFER RULE

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- ▶ Students who move with their parents to a new school will be eligible at the new school provided all other eligibility requirements are met.
  - ▶ Students who transfer schools without their parents will be ineligible for 180 days.
  - ▶ Students whose parents divorce will maintain eligibility with their primary custodial parent. In the case of joint custody eligibility remains at their current school. Students whose parents are separated will retain their eligibility at their current school.
  - ▶ Students on a zone variance are ineligible for 180 days.
  - ▶ Students who have temporary guardianships are ineligible.
  - ▶ Students who transfer from a public to private or private to public school are ineligible for 180 days.
  - ▶ Students who transfer from a magnet school are ineligible for 180 days.
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## HAZING

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Hazing is defined as any verbal or physical act that intimidates, degrades, disgraces, or injures any student; or forces someone to do ridiculous acts or suffer physical or emotional pain as an initiation to a group or program.

There shall be no hazing or the initiation of any student during any district sponsored events, activities, and interscholastic functions.

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## VARSITY LETTERS AND PINS

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Requirements for earning a varsity letter or a pin are established by each coach with the approval of the Athletic Administrator/Director.

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## THE PLAYER-COACH RELATIONSHIP

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The player-coach relationship is perhaps the most critical relationship in athletics and parents can play a major role in cultivating a positive relationship. Parents have the opportunity to positively affect the player-coach relationship. Please consider the importance of encouraging successful interactions even though you may not agree with all decisions made by a coach. When parents express their feelings about coaches, fellow athletes or administration, it has a direct effect on the perception of your son or daughter.

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## PARENT-COACH RELATIONSHIP

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The administration and coaching staff of Valley High School feels that parental support is essential to the overall success of the student athletes. We understand that every parent loves their child unconditionally and is concerned about their child's welfare and that they always want what is best for them. However, allowing the coaches to instruct and guide the team without interference from outside influences is extremely important for individual and team successes.

Choosing an appropriate time to discuss questions, concerns and incidents with a coach is imperative for individual and team success. Picking an appropriate time to have serious discussions will greatly improve the chances of reaching a suitable compromise. If you have questions or concerns about a particular program or situation, please do not approach the coach during practice, immediately after practice, or even at the conclusion of the contest. These may be very emotional times for all participants, and parents are encouraged to call and schedule an appointment to meet in private with the coach in order to discuss the situation in a calm, courteous and logical manner.

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### **Chain of Command**

- Call to set up an appointment to meet with the coach.
  - If a coach can not be reached, call the athletic director. A meeting will be scheduled for you.
  - **DO NOT** attempt to confront a coach before or after a contest or practice.
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These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution.

- If a resolution is not made call to make an appointment with the Athletic Administration, Athletic Director, and Coach.

**If you have a concern that you're meeting with the coach did not provide for an effective or equitable solution your next step is:**

- Contact the athletic director at school.
- Set up an appointment with the athletic director to discuss the situation.
- If the meeting with the Athletic Director does not bring about an effective resolution, contact the Athletic Administration in charge of athletics to set up an appointment.
- In all cases be sure to inform the administrator of the reason for your requested meeting so the administrator may prepare to address your concerns.

## **FAN-CHEERLEADER RELATIONSHIP**

The role of the cheerleaders is to infuse spirit into fans and to lead them in selected cheers. While the emotion and environment at each athletic contest can be extremely exciting, cheerleaders must be allowed to direct and control these aspects. Parental and fan support is both encouraged and appreciated.

## **SPORTSMANSHIP**

Valley High School considers its athletic programs to be an extension of the educational process, and with this belief in mind, we ask that all parents and spectators demonstrate good sportsmanship while serving as a positive role model. Sportsmanship is an overt display of respect for the rules and for all players, coaches, officials and spectators. It also involves a commitment to fair play, ethical behavior and integrity. This means:

- There will be no vulgar or inappropriate language from fans or spectators.
- Taunting or "trash talking" of any individual or team will not be tolerated.
- Spectators should never enter the court or playing field during a contest.
- Spectators should be supportive and positive at all times. Cheering should be done for your team, not against your opponent.
- Spectators should not impede or interfere with our opponent's cheerleaders from leading their cheers.

**The Valley High School athletic department and administration will not tolerate unsportsmanlike behavior from its fans and athletes! Any fan or athlete who exhibits unsportsmanlike behavior toward any official, opponent or another fan will be removed from Valley High School's campus.**



**PLEASE CONTACT THE  
FOLLOWING OFFICES FOR  
ADDITIONAL INFORMATION:**

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**NIAA**

Nevada Interscholastic Activities Association

Bart Thompson, Executive Director

549 Court Streets

Reno, NV 89501

Phone: (775) 453-1012



**CLARK COUNTY SCHOOL DISTRICT (CCSD)**  
**DEPARTMENT OF STUDENT ATHLETICS**

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