

.Lawrence Free State Firebirds Athletic Department.

2020-21 Important Dates

Fall Sports		
First Day - Monday, August 17, 2020 Deadline to Register on Register My Athlete* - August 10, 2020		
Sport	Head Coach	Email Address
Boys & Girls Cross Country	Steve Heffernan	sheffern@usd497.org
Football	Kevin Stewart	Kevin.Stewart@usd497.org
Girls Golf	Layne Meyer	lmeyer@usd497.org
Gymnastics	Katrina Farrow	kfarrow@usd497.org
Boys Soccer	Hussam Mohammed	Hussam.Mohammed@usd497.org
Girls Tennis	Aaron Clark	Randy.Clark@usd497.org
Volleyball	Jayne Savage	jlisher@usd497.org

Fall Buffer Week | Monday, November 09 - Sunday, November 15, 2020

Winter Sports		
First Day - Monday, November 16, 2020 Deadline to Register on Register My Athlete* - November 09, 2020		
Sport	Head Coach	Email Address
Boys Basketball	Sam Stroh	sstroh@usd497.org
Girls Basketball	Chris Linner	Chris.Linner@usd497.org
Boys & Girls Bowling	TBA	TBA
Boys Swim and Dive	Annette McDonald	amcdonal@usd497.org
Wrestling	Randy Streeter	rstreete@usd497.org

KSSAA-Mandated Winter Moratorium | Wednesday, December 23 - Sunday, December 27, 2020

Spring Sports		
First Day - Monday, March 01, 2021 Deadline to Register on Register My Athlete* - February 22, 2021		
Sport	Head Coach	Email Address
Baseball	Mike Hill	mhill@usd497.org
Boys Golf	Chuck Law	claw@usd497.org
Girls Soccer	Hussam Mohammed	Hussam.Mohammed@usd497.org
Softball	Lee Ice	Lice@usd497.org
Girls Swim and Dive	Annette McDonald	amcdonal@usd497.org
Boys Tennis	Aaron Clark	Randy.Clark@usd497.org
Boys & Girls Track and Field	Jordan Rose	jrose@usd497.org

KSHSAA-Mandated Summer Moratorium | TBA

*Prior to a student-athlete trying-out/participating in a sport, he/she must have a completed registration on Register My Athlete (www.registermyathlete.com). Please note enrollment instructions are available on the Free State Athletics website under the "More" tab.

**Valid physicals for the 2020-21 school year must be dated *on or after* May 01, 2020.