

2020-21 Winter Sports Recommendations

Every day, student-athletes/coaches will be required to:

- Implement recommendations from the [“KSHSAA Return to School Activities – Activity Specific Risk Mitigation Strategies”](#) published by the Kansas State High School Activities Association.
- COVID-19 Screening, Including Daily Temperature Checks
 - Per the KSHSAA, if a student-athlete reports having symptoms and/or has a temperature when completing the COVID-19 daily screening, he/she will be sent home immediately. Please note a coach will notify the student-athlete’s parent/guardian if/when this happens.
 - *The student-athlete must provide his/her head coach with medical documentation clearing him/her to return to practice.*
 - If your student-athlete is having symptoms and/or has a temperature, please do NOT send them to practice, and make sure you communicate with his/her head coach.
- Wear Masks Unless Directly Involved in “Live Play”
- Allow 6’ Social Distancing Unless Directly Involved in “Live Play”
- Arrive on Campus Ready to Participate
 - The locker rooms are closed until further notice, so please arrive fully dressed for practice. Please make sure you are wearing clean clothes to practice every day. If you need access to laundry facilities, please contact your head coach so that arrangements can be made to provide assistance.
- Bring their Own Water
 - There will be no communal filling stations, so please plan accordingly.

Sport-Specific Guidelines for Lawrence Public Schools

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| <p>Basketball</p> <ul style="list-style-type: none"> • Practice Restriction: 2-Hour Maximum per Squad • Travel Restriction: 90-Miles, No Overnight Trips • Events with No More than Four Teams* <ul style="list-style-type: none"> ○ *Varsity, JV, Sophomore, Freshmen OR Four Same-Level Teams ○ No Showcases/Tournaments • No More than Two Student Managers per Gym | <p>Bowling</p> <ul style="list-style-type: none"> • Practice Restriction: 2-Hour Maximum per Squad • Travel Restriction: 90-Miles, No Overnight Trips • Events with No More than Three Teams <ul style="list-style-type: none"> ○ No Tournaments |
| <p>Swim & Dive</p> <ul style="list-style-type: none"> • Practice Restriction: 2-Hour Maximum per Squad • Travel Restriction: 90-Miles, No Overnight Trips • Events with No More than Four Teams • No More than Two Student Managers | <p>Wrestling</p> <ul style="list-style-type: none"> • Practice Restriction: 2-Hour Maximum per Squad • Travel Restriction: 90-Miles, No Overnight Trips • JV/Varsity Duals at Home Only • Travel to Events with No More than Four Same-Level Teams (i.e., Varsity Only, JV Only) <ul style="list-style-type: none"> ○ No Tournaments • No More than Two Student Managers |
| <p>Spectators</p> <ul style="list-style-type: none"> • The decision regarding fan attendance has not yet been made. Please note this decision will be made jointly with the Lawrence Public Schools and the Douglas County Unified Command. | |
| <p>Film Sessions</p> <ul style="list-style-type: none"> • Permissible in the Commons (Not in Classrooms) | |
| <p>Team Events Outside Practice/Events are Not Permissible (See Below for Examples)</p> <ul style="list-style-type: none"> • Team Bonding Activities • Team Meals • Banquets | |