



# FREE STATE FIREBIRDS UPDATE

#LetsGoState

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**FREE STATE ATHLETIC  
DEPARTMENT UPDATES**

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# **BOYS BASKETBALL CONGRATULATIONS!**

Lawrence Free State 47 - BV West 46

Lawrence Free State 60 - SM East 47

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# **GIRLS BASKETBALL CONGRATULATIONS!**



Lawrence Free State 46 – Mill Valley 39

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# BOYS BOWLING CONGRATULATIONS!



vs. Olathe North, Washburn Rural | 1<sup>st</sup> Place

CJ Rickert | 2<sup>nd</sup> Place

Warren Williams | 4<sup>th</sup> Place

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# BOYS SWIM & DIVE CONGRATULATIONS!

vs. BV Southwest, BV West | 2<sup>nd</sup> Place

200 Yard Medley - 2<sup>nd</sup> Place

Alexander Moore, Riley Sirimongkhon-Dyck, Dawson Bonnell, Finn VanDyke

200 Yard IM | Dawson Bonnell - 1<sup>st</sup> Place

50 Yard Free | Finn VanDyke - 3<sup>rd</sup> Place

1 Meter Diving

Elliot Ahlvers - 1<sup>st</sup> Place, Jack Keathley-Helms - 2<sup>nd</sup> Place, Michael Leonard - 3<sup>rd</sup> Place

100 Yard Butterfly | Riley Sirimongkhon-Dyck - 1<sup>st</sup> Place, Jacob Heinz - 4<sup>th</sup> Place

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# BOYS SWIM & DIVE CONGRATULATIONS!

vs. BV Southwest, BV West | 2<sup>nd</sup> Place

100 Yard Free | Finn VanDyke - 4<sup>th</sup> Place

500 Yard Free | Dawson Bonnell - 2<sup>nd</sup> Place, Jacob Heinz - 3<sup>rd</sup> Place

200 Yard Free Relay - 3<sup>rd</sup> Place

Alexander Moore, Jackson Waggoner, Finn VanDyke, Riley Sirimongkhon-Dyck

100 Yard Breaststroke | Riley Sirimongkhon-Dyck - 3<sup>rd</sup> Place

400 Yard Free Relay - 4<sup>th</sup> Place

Max Bates, Noah Mast, Jacob Heinz, Dawson Bonnell

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# BOYS SWIM & DIVE CONGRATULATIONS!

vs. Lawrence, SM North, St. Thomas Aquinas | 1<sup>st</sup> Place

200 Yard Medley Relay - 1<sup>st</sup> Place

Alexander Moore, Riley Sirimongkhon-Dyck, Dawson Bonnell, Finn VanDyke

200 Yard Medley Relay - 5<sup>th</sup> Place

Noah Mast, Cole Grassy, Jacob Heinz, Jackson Waggoner

200 Yard Free | Finn VanDyke - 1<sup>st</sup> Place, Gabe Clark - 5<sup>th</sup> Place

200 Yard iM | Dawson Bonnell - 2<sup>nd</sup> Place, Max Bates - 4<sup>th</sup> Place

1 Meter Diving | Elliot Ahlvers - 1<sup>st</sup> Place, Michael Leonard - 2<sup>nd</sup> Place

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# BOYS SWIM & DIVE CONGRATULATIONS!

vs. Lawrence, SM North, St. Thomas Aquinas | 1<sup>st</sup> Place

100 Yard Fly | Riley Sirimongkhon-Dyck - 1<sup>st</sup> Place, Dawson Bonnell - 3<sup>rd</sup> Place

100 Yard Free | Finn VanDyke - 1<sup>st</sup> Place, Alexander Moore - 3<sup>rd</sup> Place

500 Yard Free | Jacob Heinz - 2<sup>nd</sup> Place, Gabe Clark - 5<sup>th</sup> Place

200 Yard Free Relay - 2<sup>nd</sup> Place

Jackson Waggoner, Max Bates, Finn VanDyke, Riley Sirimongkhon-Dyck

100 Yard Backstroke | Alexander Moore - 1<sup>st</sup> Place, Noah Mast - 4<sup>th</sup> Place

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# BOYS SWIM & DIVE CONGRATULATIONS!

vs. Lawrence, SM North, St. Thomas Aquinas | 1<sup>st</sup> Place

100 Yard Breaststroke | Riley Sirimongkhon-Dyck - 1<sup>st</sup> Place

400 Yard Free Relay - 2<sup>nd</sup> Place

Alexander Moore, Noah Mast, Max Bates, Dawson Bonnell

400 Yard Free Relay - 5<sup>th</sup> Place

Jackson Waggoner, Jamie King, Gabe Clark, Jacob Heinz

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# WRESTLING CONGRATULATIONS!

Lawrence Free State 57 – Blue Valley 22

106 | Nolan Bradley – Win by Forfeit!

113 | Eric Streeter – Win by Pin!

120 | Ezra Birdashaw – Win by Forfeit!

126 | Darius Shields – Win by Pin!

145 | Caleb Streeter – Win by Pin!

160 | Laython Biddle – Win by Decision!

182 | Austin Burenheide – Win by Pin!

195 | Alex Allison – Win by Forfeit!

220 | Cole Rorick – Win by Forfeit!

285 | Tai Newhouse – Win by Pin!

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# WRESTLING CONGRATULATIONS!

Lawrence Free State 36 – Mill Valley 25

113 | Eric Streeter – Win by Forfeit!

120 | Darius Shields – Win by Pin!

132 | Mady Gray – Win by Decision!

145 | Ben Mellenbruch – Win by Decision!

160 | Laython Biddle – Win by Pin!

182 | Austin Burenheide – Win by Forfeit!

285 | Tai Newhouse – Win by Pin!

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# WRESTLING CONGRATULATIONS!

Lawrence Free State 42 – Tonganoxie 35

106 | Nolan Bradley – Win by Decision!

113 | Eric Streeter – Win by Pin!

120 | Ezra Birdashaw – Win by Pin!

138 | Caleb Streeter – Win by Pin!

160 | Laython Biddle – Win by Decision!

182 | Austin Burenheide – Win by Pin!

220 | Cole Rorick Win by Forfeit!

285 | Tai Newhouse – Win by Pin!

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# WRESTLING CONGRATULATIONS!



Lawrence Free State 56 – Lawrence 15

106 | Nolan Bradley – Win by Pin!

120 | Darius Shields – Win by Decision!

126 | Ezra Birdashaw – Win by Decision!

132 | Mady Gray – Win by Major Decision!

138 | Caleb Streeter – Win by Pin!

152 | Zach Shepley – Win by Major Decision!

160 | Laython Biddle – Win by Forfeit!

182 | Austin Burenheide – Win by Forfeit!

195 | Alex Allison – Win by Pin!

220 | Cole Rorick – Win by Forfeit!

285 | Tai Newhouse – Win by Forfeit!

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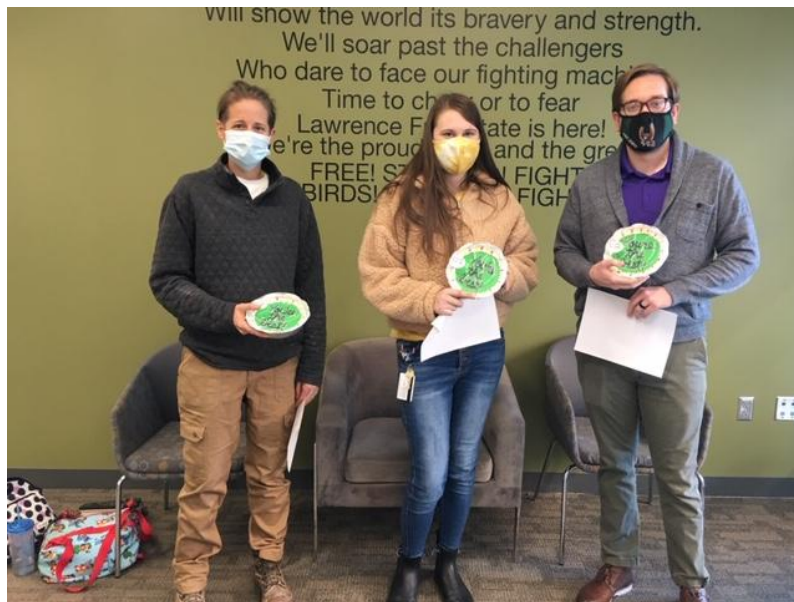
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# **Free STATE FIREBIRDS Announcements**

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# STAFF MEMBERS OF THE MONTH CONGRATULATIONS!



Congratulations to  
Amanda Torbett (CTE),  
Kyleigh Leslie (Para), and  
Jordan Irwin (Math)!





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# ASVAB

Any Junior or Senior student interested in taking the Armed Services Vocational Aptitude Battery exam (ASVAB) to qualify for a job in the United States Army, Navy, Air Force, Marines, or Coast Guard, please email Mr. Hile, Free State Counselor, at [khile@usd497.org](mailto:khile@usd497.org), and your name will be added to the list of examinees.

Room 232 | February 04<sup>th</sup> | 9-11:30am

The testing session is limited to **30** students - if you're interested, please email Mr. Hile soon.

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# **NATIONAL HONOR SOCIETY - MEMBERSHIP APPLICATIONS**



Attention Sophomores and Juniors

if you have a 3.5GPA or higher, you qualify to apply for membership in The National Honor Society.

Please go to <https://fsnhs.weebly.com/> to print the application.

**Packets are due by 3:30pm on February 19<sup>th</sup>.**

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# **NATIONAL HONOR SOCIETY - NHS OFFICER APPLICATIONS**

Attention Current National Honor Society Members  
Are you interested in serving the community as a  
National Honor Society Officer?

Please go to <https://fsnhs.weebly.com/>  
to print off your application.

**Applications are due to the  
Free State Attendance Office  
no later than 3:30pm on February 19<sup>th</sup>.**

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# MATH TUTORING SCHEDULE



## MATH TUTORING SESSIONS

**MONDAY: 3:00 p.m. to 5:00 p.m.**  
<https://usd497.webex.com/meet/rphillippi532>

**MONDAY: 3:30 p.m. to 4:30 p.m. (Geometry)**  
<https://usd497.webex.com/meet/ladd>

**TUESDAY: 3:30 p.m. to 4:30 p.m.**  
<https://usd497.webex.com/meet/bmills>

**THURSDAY: 3:30 p.m. to 4:30 p.m.**  
<https://usd497.webex.com/meet/bmills>

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**JANUARY BIRTHDAY SHOUTOUTS!**

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# JANUARY BIRTHDAY SHOUTOUTS!

Chris Everett | January 26<sup>th</sup>

David Reber | January 28<sup>th</sup>

Taylor Stuart | January 28<sup>th</sup>

Rachel Downs | January 30<sup>th</sup>

Brian Percival | January 30<sup>th</sup>



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**UPCOMING THIS WEEK!**

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**MONDAY, JANUARY 25<sup>TH</sup>**



Varsity Boys & Girls Wrestling at Paola | 6pm

Girls Swim & Dive Sign-Up Meeting  
7:45pm, Coach McDonald's WebEx



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**TUESDAY, JANUARY 26<sup>TH</sup>**

Varsity Boys & Girls Bowling vs. O.East, O.Northwest, SM South  
2pm, Mission Bowl



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# WEDNESDAY, JANUARY 27<sup>TH</sup>

Remote Learning for All Students (Schedule on Next Slide)

Varsity Boys Swim & Dive at Lawrence | 3:30pm

Varsity Boys & Girls Wrestling at Perry-Lecompton | TBA

Varsity Boys Basketball vs. Shawnee Heights | 7pm

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# WEDNESDAY, JANUARY 27<sup>TH</sup>



## Bell Schedule | Remote Learning for All Students

Hour 0 | 7:20–7:54am

Hour 1 | 8–8:34am

Hour 2 | 8:39–9:13am

Hour 3 | 9:18–9:52am

Hour 4 | 9:27–10:31am

Hour 5 | 10:36–11:10am

Lunch | 11:15–11:40am

Hour 6 | 11:45–12:19pm

Hour 7 | 12:24–12:58pm

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# THURSDAY, JANUARY 28<sup>TH</sup>



Communities that Care Survey (Schedule on Next Slide)

Varsity Boys & Girls Bowling vs. BV West, St. Thomas Aquinas  
3pm, Royal Crest

Varsity Girls Basketball vs. Topeka West | 7pm

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# THURSDAY, JANUARY 28<sup>TH</sup>

## Adjusted Bell Schedule for Communities that Care Survey

Hour 0 | 7:00–7:55am

Hour 1 | 8–8:49am

Hour 2 | 8:54–9:43am

Survey for Grades 10 & 12 | 9:43–10:25am

Hour 3 | 10:30–11:19am

Hour 4 | 11:24–12:41pm

Hour 5 | 12:44–1:33pm

Hour 6 | 1:38–2:27pm

Hour 7 | 2:32–3:22pm

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**FRIDAY, JANUARY 29<sup>TH</sup>**



Varsity Boys Basketball at Mill Valley | 7pm

Varsity Girls Basketball vs. SM West | 7pm

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**SATURDAY, JANUARY 30<sup>TH</sup>**



Varsity Boys & Girls Wrestling  
vs. Blue Valley, BV Northwest, O.South  
9am, Blue Valley

2020-21 Free State Homecoming Ceremony | 5:30pm

Varsity Girls Basketball vs. BV Southwest | 6pm

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# 2020-21 FREE STATE HOMECOMING ceremony



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## HOMECOMING CEREMONY



SATURDAY JANUARY 30, 2021  
@ 5:30 PM

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LIVE STREAM ON THE FS STUCO  
INSTAGRAM:  
@FREE\_STATE\_STUCO

**\*Virtual Ceremony\***



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**Next week AT-A-GLANCE**

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# NEXT WEEK AT-A-GLANCE

Monday, February 01<sup>st</sup>

- Varsity Boys & Girls Wrestling vs. Lawrence | 6pm

Tuesday, February 02<sup>nd</sup>

- Varsity Boys & Girls Bowling vs. SM South, SM West  
3pm, Park Lanes
- Varsity Boys Basketball vs. Olathe East | 7pm
- Varsity Girls Basketball at Olathe East | 7pm

Wednesday, February 03<sup>rd</sup>

- Super Flex Wednesday
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# NEXT WEEK AT-A-GLANCE



## Thursday, February 04<sup>th</sup>

- ASVAB | 9-11:30am, Room 232
- Varsity Boys Swim & Dive at Sunflower League

## Friday, February 05<sup>th</sup>

- Varsity Boys Swim & Dive at Sunflower League
- Varsity Boys Basketball vs. Olathe South | 7pm
- Varsity Girls Basketball at Olathe South | 7pm

## Saturday, February 06<sup>th</sup>

- Varsity Boys Swim & Dive at Sunflower League
  - Varsity Girls Basketball at Notre Dame de Sion | 12:30pm
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**LET'S GO STATE!**

