

FREE STATE FIREBIRDS UPDATE

Let's Go State!



UPDATES FROM THE FIREBIRDS ATHLETIC DEPARTMENT

COVID UPDATE RE: ATHLETICS

As allowed under current statute and the Douglas County mask mandate, an exemption has been made to allow for a mask exemption for sports during active play only.

Active play means when you are actively on the court or the mat,

not on the bench while others play (or coach). When not in active play, a mask must be worn.

Spectators will be required to wear a mask while attending Free State athletic events.

Thank you in advance for your cooperation as we work to keep our community safe.



BOYS SWIM & DIVE CONGRATULATIONS!

SM North Invite | 2nd Place

200 Yard Medley Relay | Alexander Moore, Max Bates, Jacob Heinz, Jackson Waggoner - 5th Place

200 Yard Free | Max Bates - 7th Place, Jackson Rea - 8th Place, Ari Mattes - 10th Place

200 Yard IM | Dawson Bonnell - 4th Place, Sina Khosh - 6th Place

50 Yard Free | Jackson Waggoner - 9th Place

1 Meter Diving | Michael Leonard - 2nd Place, Elliot Ahlvers - 3rd Place



BOYS SWIM & DIVE CONGRATULATIONS!

SM North Invite | 2nd Place

100 Yard Butterfly | Dawson Bonnell - 1st Place, Jacob Heinz - 3rd Place, Jackson Rea - 8th Place

100 Yard Free | Alexander Moore - 7th Place, Jack Kempf - 10th Place

500 Yard Free | Sing Khosh - 2nd Place, Jacob Heinz - 6th Place, Nicholas Brucker - 9th Place

200 Yard Free Relay | Dawson Bonnell, Max Bates, Jackson Waggoner, Alexander Moore - 4th

200 Yard Free Relay | Jack Kempf, Levi Bates, Jake King, Jamie King - 7th Place

BOYS SWIM & DIVE CONGRATULATIONS!

SM North Invite | 2nd Place

200 Yard Free Relay | Ari Mattes, Tiger Sievers, Mason Walter, Asher Zelvy - 10th Place

100 Yard Backstroke | Max Bates - 5th Place, Alexander Moore - 7th Place, Gabriel Oliveira - 10th Place

400 Yard Free Relay | Jackson Waggoner, Sina Khosh, Jack Kempf, Dawson Bonnell - 4th Place

400 Yard Free Relay | Jackson Rea, Jake King, Jamie King, Jacob Heinz - 7th Place

400 Yard Free Relay | Evan Darrow, Aidan Hanna, Mason Walter, Nicholas Brucker - 9th Plac

BOYS WRESTLING CONGRATULATIONS!

Derby Panther Invitational at Derby High School

113 | Nolan Bradley - Runner-Up!

120 | Darius Shields - 3rd Place

138 | Eric Streeter - CHAMPION!

152 | Ben Mellenbruch - 5th Place

195 | Matthew Marcum - 3rd Place

220 | Preston Tran - 6th Place

285 | Tai Newhouse - CHAMPION!



BOYS WRESTLING CONGRATULATIONS!

Joel Rios Open at SM South High School

106 | Drew Streeter - CHAMPION!

120 | Wyatt Sutton - 4th Place

126 | D'onte Goodman - Runner-Up!

145 | Trey Shanks - Runner-Up!

182 | Blaine Larkin - 3rd Place

195 | Gavin Blanchard - Runner-Up!





FIREBIRDS IN ACTION!

At the Kansas Thespian Conference this weekend, the Free State Theatre Department earned FOUR SUPERIOR RATINGS, qualifying for the International Thespian Festival in June!

Senior Mary Green | Solo Musical

Junior Beckett Hutchinson | Monologue

Junior Julia Ruddy | Solo Musical

Senior Mary Kate Shultz | Playwrighting



Our Thespian Troupe received the highest ranking for an Honor Troupe - Gold Troupe!

Our Improv Team Senior Mary Kate Shultz, Senior Hays Hummel, Senior Noah Dittmer,
Junior Julia Ruddy, and Junior Beckett Hutchinson performed in the Final Rounds of the Improv Competition!

Congratulations to **Senior Mary Kate Shultz**, recipient of the "**Larry Shue Playwrighting Award**!"

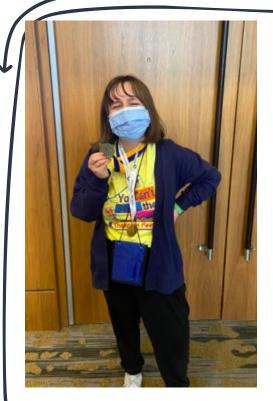


















ONE DREAM MLK AWARD FINALISTS!



The Lawrence Public Schools will host its annual ONE DREAM Martin Luther King Jr. Celebration on Thursday, January 20th, at the Lied Center of Kansas.

The ONE DREAM Gallery opens at 5:30pm, Auditorium doors open at 6pm, and the ONE DREAM ceremony begins at 6:30pm.

Congratulations to Free State Senior Dash Cleveland, Ceremony Emcee, and Seniors Shreya Bhakta and Anotida Chikanda, finalists for the MLK Dreamer's Award!

Masks and safe distancing are required for this in-person event.

OVATION! USD 497 TALENT SHOW CONGRATULATIONS!

Ovation! USD 497 Talent Show

A TRUE COMMUNITY EVENT BENEFITING THE LAWRENCE SCHOOLS FOUNDATION



The <u>Lawrence Schools Foundation</u> and Lied Center of Kansas are proud to announce the sixth annual, district-wide talent show for middle and high school students on Sunday, January 16, 7:00 pm. *Ovation!* proceeds will benefit the Lawrence Schools Foundation and showcase the amazing talents of USD 497 students. Held on the main stage of the Lied Center with full production, the community will

come together to celebrate Lawrence's talented youth, with acts ranging from instrumentalists to singers and dancers, and more. Brian Hanni, the Voice of the Jayhawks, will be the master of ceremonies for the event.

Help us celebrate and support the youth in our community!

EVENT SPONSORS





CONGRATULATIONS to the
Free State Firebirds who have been
selected to participate in the
2022 Ovation! USD 497 Talent Show
on Sunday, January 16th!

Please click <u>here</u> to see the bios on all participants!









BIRTHDAY WISHES!



Karen Gipson | January 13th

Kyle Morgison | January 15th





UPCOMING THIS WEEK!

MONDAY, JANUARY 10TH

Varsity Boys & Girls Bowling vs.
Olathe Northwest, SM South, SM West
3pm, Olathe Lanes East



TUESDAY, JANUARY 11TH

Varsity Girls Basketball vs. Olathe North | 5:30pm



WEDNESDAY, JANUARY 12TH

Varsity Boys Swim & Dive at Free State Invite 3:30pm, LIAC

Varsity Girls Basketball vs. Truman 7pm, Free State Main Gym



THURSDAY, JANUARY 13TH

Varsity Girls Bowling at Firebird Invite 8am, Royal Crest



FRIDAY, JANUARY 14TH

Varsity Boys Bowling at Firebird Invite 8am, Royal Crest

Varsity Boys Wrestling at Tournament of Champions 8am, Newton

Varsity Girls Basketball vs. Olathe Northwest 5:30pm, Free State Main Gym



SATURDAY, JANUARY 15TH

Varsity Boys Wrestling at Tournament of Champions 8am, Newton

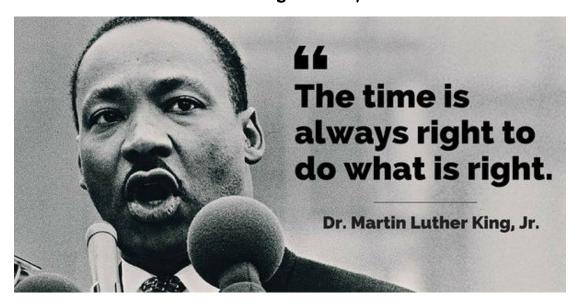
Varsity Girls Wrestling at Wichita West Tournament 8am, Wichita West





MONDAY, JANUARY 17TH

Martin Luther King, Jr. Day | No School





TUESDAY, JANUARY 18TH

Varsity Boys & Girls Bowling vs. Mill Valley, SM East 3pm, Royal Crest Lanes

Varsity Boys Swim & Dive vs. BV Southwest, BV West 4pm, BV Southwest

> Varsity Girls Basketball 7pm, Mill Valley



WEDNESDAY, JANUARY 19TH

S.A.L.T. of the Firebirds Meeting 7am, Auditorium

Varsity Boys Wrestling vs. Basehor-Linwood, SM Northwest 5pm, Free State Main Gym



THURSDAY, JANUARY 20TH

Varsity Boys Basketball vs. TBA at McPherson Invitational Tournament TBD, McPherson



FRIDAY, JANUARY 21st

Varsity Boys Wrestling at Husky Invitational 4pm, BV Northwest

Varsity Girls Basketball vs. SM Northwest 7pm, Free State Main Gym

Varsity Boys Basketball vs. TBA at McPherson Invitational Tournament TBD, McPherson



SATURDAY, JANUARY 22ND

Varsity Boys Wrestling at Husky Invitational 9am, BV Northwest

Varsity Boys Basketball vs. TBA at McPherson Invitational Tournament TBD, McPherson





