



**WOODLAND HILLS HIGH SCHOOL
CHEERLEADING TRYOUTS FOR
2018-2019 SCHOOL YEAR**
Students entering grades 9-12

Where: Woodland Hills High School

When: Monday, Tuesday, and Thursday

May 21 - 22, 2018 and May 24, 2018

Must attend all 3 days

Time: 5:00pm – 6:30pm

**Application page with signatures of applicant and parent/guardian
must be returned to the Athletic Office by 2:00pm on Wednesday,
May 16, 2018.**



Dear Parent/Guardian:

Your child has expressed an interest in becoming a member of the Woodland Hills High School Cheerleaders. Please read this information before any decision is made to try out.

CHEERLEADERS CHEER DURING FALL AND WINTER SEASONS.

All applicants must have a core course 2.3 QPA or higher with no more than one failing grade and have demonstrated good citizenship, school spirit and conduct.

Cheerleading is a responsibility. It is fun, but it also takes hard work and dedication. The cheerleading season begins with conditioning in June and continues into the fall and winter, ending in February/March. Those selected will be expected to fulfill ALL practice and game requirements.

If selected, certain personal and financial obligations exist. Parents/cheerleaders are expected to purchase their own shoes, briefs, turtleneck, socks, bows, warm-ups and rain coat. The school will provide a skirt and shell for all team members. Every squad member will be given the opportunity to defer a portion or the entire personal financial obligation of being a squad member by participating in fundraising activities. Provided that each cheerleader takes full advantage of the fundraisers, personal expenses can be kept to a minimum.

*Selections will be posted Friday, May 25, 2018. **There will be a meeting of all selected cheerleaders and their parents/guardians on Thursday, May 31, 2018, 6:30pm at Woodland Hills High School. All selected cheerleaders and a least one parent/guardian must be in attendance.***

Attached please find the 2018-2019 Cheerleading Payment plan, Cheerleading Rules and Cheerleading Application Form. Please complete the application page with you and your child's signatures and **return to WHHS Athletic Office NO LATER than 2:00pm, Wednesday, May 16, 2018.** If application is not turned in by this date and time, a tryout spot will not be given.

Woodland Hills Academy Students, please return your application to your school office by 2:00pm, Wednesday, May 16, 2018.

2018/2019 Cheerleader Payment Schedule
CASH OR MONEY ORDERS ONLY

Cheer Camp = **\$190.00**

\$100.00 due June 5, 2018

\$90.00 due July 3, 2018

Camp deposit will be made on June 6th, no monies will be refunded after this date

Remaining camp payment will be made on July 5th, no monies will be refunded after this date.

Accessories = **\$162.00** *subject to change

Shoes = \$70.00

Spanks = \$13.00

Turtleneck = \$13.00

Socks (2 pair) = \$8.00

Bows (2) = \$30.00

Rain coat = \$8.00

Cheer Bag = \$20.00

\$162.00 due August 2, 2018

Returning cheerleaders have option of purchasing spanks and/or turtleneck and/or raincoat and/or bag if they still have them. Accessories will be ordered on August 3rd, no monies will be refunded after this date.

Warm-ups = **\$120.00** *subject to change

\$120.00 due September 4, 2018

Returning cheerleaders have option of purchasing warm-up.

Warm-ups will be ordered September 5th, no monies will be refunded after this date.

PITT Cheer Day = **\$25.00** optional

\$25.00 due October 2, 2018

PITT Cheer Day payment will be made on October 4th, no monies will be refunded after this date

Cheerleaders are issued a cheer uniform which is property of WHJSHS. These items must be returned. Any uniform not returned or damaged will be charged to cheerleader.

All items purchased by cheerleader are property of cheerleader.

PAYMENTS MUST BE MADE BY DUE DATE - orders are placed the next day. Any cheerleader who does not have required accessories/warm-up on game day will be assessed a missed game.

CASH OR MONEY ORDERS ONLY
MONEY ORDERS MADE PAYABLE TO: WOODLAND HILLS CHEERLEADING

WOODLAND HILLS HIGH SCHOOL CHEERLEADER RULES

General:

1. *Cheerleaders cheer for 2 sports seasons (fall and winter). Spring season (baseball may be included). Cheerleading begins with conditioning in June and ends in final basketball games in February/March. **If you quit the squad, or are dismissed for any reason (grades, discipline, violations, etc.) you FORFEIT all end of the year benefits. If you are selected as a Varsity Cheerleader you also WILL NOT receive a Varsity Letter. If you quit the team you will not be able to try out the next year. If you are dismissed for grades, discipline, etc. trying out for the next year will be at the discretion of the coach.***

If you participate in a Woodland Hills High School winter sport, for example, basketball, swimming, etc., and participate as a cheerleader when your sport does not have an activity, you will receive all benefits.

2. Cheerleaders must show respect to coaches and teammates at all times. You are all young adults and are expected to solve problems in a mature manner.
3. Cheerleaders are expected to conduct themselves appropriately at all times. Cheerleaders need to be mindful that they represent the Woodland Hills School District, Woodland Hills High School, Woodland Hills High School Cheerleaders, Woodland Hills High School Cheerleader Coaches and Their Parents.

***Please note – Your behavior is monitored during school, on the field/court, in the community and on social media sites.

PHYSICAL ALTERCATIONS, INITIATED BY A CHEERLEADER, ON SCHOOL PROPERTY WILL RESULT IN IMMEDIATE DISMISSAL FROM THE TEAM. IF YOU ARE INVOLVED IN A PHYSICAL ALTERCATION AND IT IS DEEMED THAT YOU WERE DEFENDING YOURSELF, YOU WILL BE SUSPENDED A GAME BUT WILL REMAIN ON THE TEAM. A SUSPENSION EQUALS A MISSED GAME. BULLYING WILL NOT BE TOLERATED AND COULD RESULT IN DISMISSAL FROM THE TEAM. THIS INCLUDES SOCIAL MEDIA BULLYING.

4. Cheerleaders must not be on academic and/or disciplinary probation. Disciplinary probation includes detention, no hall pass list, suspensions, intake, etc. If a cheerleader is placed on academic or disciplinary probation, she/he will not be able to attend any cheerleading functions (practices or games). This will constitute missed practices or games.
5. Injuries/medical excuses – An injured/medically excused cheerleader must attend practices (if attending school) and must attend games sitting with the team. You will not participate but you must be in attendance. If injury or medical illness exceeds two (2) games, a Cheerleader must produce a doctor's excuse for the games missed and a doctor's clearance to the Head Coach when they return. A violation of this rule will result in termination from the team.
6. Cheerleaders are responsible for the maintenance of the cheerleading uniform. (Please wash uniform in cold water and hang dry) **See rules on uniform form.
7. Fundraisers
Individual fundraisers will be used to offset cost of individual cheerleader needs.

Practice:

8. Cheerleaders must attend 75% of conditioning sessions in June and July.
9. Cheerleaders must dress appropriately for practice. Gym shorts, t-shirts, tennis shoes (appropriate work-out gear).
10. Cheerleaders must be dressed and ready for practice at the scheduled time.
11. Beginning September 4, 2018, cheerleaders will be allowed two (2) unexcused missed practices during football season and two (2) unexcused missed practices during basketball season. A third unexcused missed practice will result in a game suspension. A game suspension equals a missed game.
12. Practice is closed to the public.
13. **All 4 days of Cheer Camp are MANDATORY. July 23rd, 24th, 25th, 26th**

*****dates subject to change.**

Games:

14. Cheerleaders must be in school on the day of the game to be eligible to cheer unless an excused absence approved by the School Principal and the Head Coach has been submitted. If a game is on a Saturday, cheerleaders must be in attendance on Friday unless an excused absence approved by the School Principal and the Head Coach has been submitted.
15. Varsity Cheerleaders cheer at all home and away Varsity Football and Basketball games. Cheering for other sports may be added at the Head Coach's discretion.
16. Junior Varsity Cheerleaders cheer at *home* Junior Varsity football and basketball games. Cheering at a home Varsity football or basketball game is the Head Coach's discretion.
17. Cheerleaders are to wear assigned uniforms to, during and returning from away games. You may not change into street clothes.
18. Cheerleaders will be allowed one (1) unexcused missed game during football season and one (1) unexcused missed game during basketball season. Two (2) unexcused missed games in a season will result in termination from team.
19. *Cheerleaders are to ride the provided school transportation to and from away games. Cheerleaders are NOT permitted to drive themselves to and from away games.

Games/Practices:

20. Cheerleaders' fingernails must be kept trimmed to a length approved by the Head Coach. (Exception: Homecoming game, Winter Dance). *This is a safety issue.* Violation will result in a game suspension. A game suspension equals a missed game.
21. Cheerleaders are not permitted to chew gum or eat anything during practice and/or games. Snack breaks will be given if deemed necessary.
22. Cheerleaders must have hair pulled back away from face during practice and/or games.
23. Cheerleaders are not permitted to wear ANY jewelry during practice and/or games. *This is a safety issue.*
24. **Cell phones must be turned off during practices and games. Use of phones during practice or a game is a violation and will result in a game suspension.

25. If necessary for a coach to transport a cheerleader to/from a game or practice, the coach is only permitted to transport the cheerleader from/to their home or the home of the designated emergency person on their forms.
26. In order to comply with P.I.A.A. Rules, all cheerleaders must have a medical physical to participate. **Physicals must be completed and submitted to Athletic Office by Friday, July 20, 2018. Cheerleaders cannot participate in camp without a physical on file in the Athletic Office. CHEER CAMP IS MANDATORY.**

Attendance will be taken at all practices and games.

****Cheerleaders are permitted to ride home from a game with a parent. Parent must provide a written note and Coach must see cheerleader leave with parent. Cheerleaders are not permitted to ride home with a friend even if a note is provided.***

***** Coach will give cheerleaders a chance to call for rides at beginning of 4th quarter/period***

Excused absences include:

- Death in family
- Dismissal from school by the Nurse's office – Notification must be made to the Head Coach by a parent/guardian.
- Written medical excuse on doctor/hospital letterhead.
- Woodland Hills High School related activity - Sports, concerts, mock trial, etc. Schedule must be given to Head Coach prior to activity.
- Absence from school
- Outside of school activities – dance, gymnastics, competitive cheer, etc. Schedule must be given to Head Coach prior to activity. (Subject to approval)

Employment is **NOT** an excused absence. Cheerleaders are given schedules a month in advance to accommodate employment schedules.

If an event arises and was not on the schedule and not communicated to the team 3 weeks before it occurs, employment will be an excused absence.

2018 – 2019 CHEERLEADING APPLICATION

This application must be completed and **returned NO LATER** than
2:00pm, Wednesday, May 16, 2018. NO EXCEPTIONS

Please print legibly

Name: _____ Grade: (2018-2019) _____

Address: _____
Street Address City Zip Code

Home phone: _____ Cell phone: _____

Email address: _____

Parent/Guardian cell phone: _____

Emergency contact name and phone : _____

Do you have any special needs? _____ Yes _____ No

If yes, please explain: _____

Parent/Guardian: I have read **and** I understand all of the provided information. I am aware of all the time and attendance expectations of cheerleading. I am aware that the commitment to cheerleading is for the time period of **June 2018 – February/March 2019**. I am aware of the financial obligations for cheerleading. I am aware of the rules outlined for the cheerleaders. I grant my permission for my child to participate on the cheerleading team if chosen.

Parent/Guardian printed name: _____

Parent/Guardian signature: _____ **Date:** _____

Cheerleader applicant: I have read **and** I understand all of the provided information. I currently maintain a cumulative 2.3 QPA or higher with no more than one failing grade and have demonstrated good citizenship, school spirit and conduct. I am aware of all the time and attendance expectations of cheerleading. I am aware that the commitment to cheerleading is for the time period of **June 2018 – February/March 2019**. I am aware of the rules outlined for the cheerleaders.

Cheerleader applicant printed name: _____

Cheerleader applicant signature: _____ **Date:** _____

