

JV McCullough/Douglas Invitational @ Festus High School

Date: Friday, March 23rd, 2018

Site: Tiger Stadium @ Festus R-6 Campus

Time: Field Events start at 3:30 and running events at 4:00. A brief coaches meeting will begin at 3:15 pm in the track shed located at the northeast corner of the track. You will be allowed to only make scratches, no additions. The coaches meeting will end promptly at 3:30 pm. Please review the attached starting times for field events. We reserve the right to change the start time if necessary.

Awards: T-shirts 1st through 3rd place. Relays Shirts will be awarded to 1st place only. 1st place plaques for Men/Women total team points.

Scoring: 10-8-6-5-4-3-2-1

Surface: 8 Lane rubberized track. We allow 3/16" and below on the track and runways. NO TAPE ON THE TRACK!

Field Events: The throwing areas are NOT located at the track. They are behind the high school. It is within walking distance for athletes. Head coaches please advise your jumping and throwing coaches so we don't have any confusion at the event. Long jump, triple jump, shot, and discus competitors will be given four attempts.

Order of Running Events (Girls followed by Boys)

Running events start @ 3:30 p.m.

High School 4x1600 meter run

JV 4x800meter relay

JV 100/110 hurdles

JV 100 meters

JV 4x200 meter relay

JV 1600 meter run

JV 4x 100 meter relay

JV 400 meter run

JV 300 meter hurdles

JV 800 meter run

High School DMR

JV 200 meter run

JV 3200 meter run

JV 4x400 meter run

High School 5000 meter run

Field Events start @ 3:30

girls discus followed by boys

boys shot put followed by girls

boys pole vault followed by girls

girls high jump followed by boys

Horizontal jumps will run simultaneously