



Sports Performance
Physical Therapy

1013 Wexford Plaza Dr / Wexford PA / 15090 / 724-934-2440

1530 Hamilton Rd / Pittsburgh PA / 15234 / 412-437-3001

TEAM RECOVERY CLINIC

Allegheny Health Network Sports Performance and Physical Therapy introduces the TEAM RECOVERY CLINIC designed for High School Sports Teams and student/athletes playing high school sports . A premier recovery service proven to shorten recovery time.

TEAM Rate #1

Less than 10

\$15 per

TEAM Rate #2

More than 10

\$10 per

INDIVIDUAL RATE

Individual

\$20 per

- TEAM ATCs will identify student/athletes that need additional care due to injury
- TEAM sessions can be scheduled any available time during normal operational hours
- Individuals can schedule during normal working hours (available slots)
- Recovery Tools include:

Cryo Sauna

Recovery Pumps (per ATC)

Myofascial Distraction (cupping, per ATC)

Hands on Stretch

Foam Roll

Bike Flush

Vibration Therapy

H-Wave Stim (per ATC)

