

Olentangy Braves Tennis 2018

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General Info

1. Paperwork
 - a. Finalforms--www.olentangy.finalforms.com
 - b. Physical turned into the office or to me by first day of practice--CanNOT practice without this
2. Tryouts
 - a. Begin March 5th
 - b. There may be cuts depending on numbers
3. Practices
 - a. Time to hone skills--not to learn how to play tennis
 - b. Coaches will spend majority of time teaching singles strategy drills and doubles tactics
 - c. Emphasize conditioning as well
 - d. 3:00 to 5:00 after school
 - e. 10:00 to 12:00 during spring break
4. **Doubles teams will not be decided by the singles ladder**
 - a. Our goal is to win the most courts in a match
 - b. Best singles players are not always the best doubles players
5. Good doubles players will have the following attributes:
 - a. GREAT VOLLEYS AND OVERHEADS
 - b. CONSISTENT AND POWERFUL SERVES
 - c. Great communication skills
 - d. Staying positive
 - e. Being assertive and getting to the net
6. Challenge ladder
 - a. Decides singles order only
 - b. If scheduled to play a challenge match and you miss practice, you will be passed

Guidelines and Rules

1. **Do not miss practices or matches**
 - a. **If you miss a practice or match without prior notification--unless sick and absent from school--you will:**
 - i. **One time=Sit the next match**
 - ii. **Two times=Sit the next two matches**
 - iii. **Three times=Removed from team**
 - b. **Prior notification means let me know by first week of practice if you will miss any days**
 - c. **This includes dentist and doctor appointments, unless it is an emergency treatment**

- i. **Please try to move any scheduled appointments to weekends or after the season**
- 2. Have the correct equipment
 - a. Please have tennis shoes, not running shoes
 - b. Upper level players, try to have 2 identical racquets
- 3. Cancellations
 - a. Will be done by Remind app
 - b. I try to make reasonable calls on weather cancellations
 - i. I don't always get it right, but I live 30 minutes away and will try to make the call as early as I can
 - c. If you do not hear anything from me, then practice or a match is HAPPENING

Other Info

- 1. Week before Practice: Conditioning at 3:00 to 4:00 OUTDOORS
- 2. **Tournaments**
 - This weekend B14s at Elysium
 - 2/9 Wickertree 18s Doubles showcase
 - 2/16 Dayton Showcase-Non-elimination tourney 16s
 - 2/23 Shreve, Ohio and Cincinnati Intermediate FMLC tourneys
- 3. Sign up for Class 8810 (Weight Training and Conditioning)

Ladder Position, As of 1/23/18
Stu
Sam
Ayush
Tucker
AK
Roshan
Jay
Neel
Vishnu
Aryan
Jack
Omar
Sahith
Unranked Freshmen (tie)