

Olentangy Baseball

December

2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Group B 1 2:45-3:45 - Open Hitting	Group A 2 2:45-3:45 - Open Hitting 3:45-4:30 - Lift	Group A 3 2:45-3:45 - Open Hitting	Group B 4 2:45-3:45 - Open Hitting 3:45-4:30 - Lift	5 OFF bc of Home Wrestling Match
6	Group A 7 2:45-3:45 - Open Hitting 3:45-4:30 - Lift	Group B 8 2:45-3:45 - Open Hitting	Group B 9 2:45-3:45 - Open Hitting 3:45-4:30 - Lift	Group A 10 2:45-3:45 - Open Hitting	Group A 11 2:45-3:45 - Open Hitting 3:45-4:30 - Lift	12 9:30-11:15 A (lift/hit) 9:30-11:15 B (hit/lift)
13	Group A 14 2:45-3:45 - Open Hitting 3:45-4:30 - Lift	Group B 15 2:45-3:45 - Open Hitting	Group A 16 2:45-3:45 - Open Hitting 3:45-4:30 - Lift	Group A 17 2:45-3:45 - Open Hitting	Group B 18 2:45-3:45 - Open Hitting 3:45-4:30 - Lift	19 9:30-11:15 A (lift/hit) 9:30-11:15 B (hit/lift)
20	Winter Break 21 9:30-11:15 A (lift/hit) 9:30-11:15 B (hit/lift)	Winter Break 22 9:30-11:15 A (lift/hit) 9:30-11:15 B (hit/lift)	Winter Break 23 9:30-11:15 A (lift/hit) 9:30-11:15 B (hit/lift)	Winter Break 24 OFF Christmas Eve	Winter Break 25 OFF Merry Christmas	26 OFF
27	Winter Break 28 9:30-11:15 A (lift/hit) 9:30-11:15 B (hit/lift)	Winter Break 29 9:30-11:15 A (lift/hit) 9:30-11:15 B (hit/lift)	Winter Break 30 9:30-11:15 A (lift/hit) 9:30-11:15 B (hit/lift)	Winter Break 31 9:30-11:15 A (lift/hit) 9:30-11:15 B (hit/lift)		
John Jarvis OHS Strength Coordinator	Coach Lucas 614-446-0907 ryan_lucas@olsd.us	Program Remind Text Enter 614-524-5730 Text @ 3e0f12	Hitting League Create Teams and Start Games			