

## CROSS COUNTRY INFORMATION

### ADJUSTED SCHEDULE AND MORE

- The schedules for varsity and junior high cross country have been updated on the athletic website and will be distributed this week to all runners.
- The Athletic Boosters have purchased new uniforms for Cross Country and those will also be distributed this week.
- The first scheduled meet this year is Saturday, August 29<sup>th</sup> at Salem Memorial Park.
- The Suburban League postponed its regular season and championship meets this year. Taking its place is the new Mahoning Valley CC Series. High school will run on Tuesdays and Junior High on Wednesdays except for the championship meet.
- Please note that spectators are not permitted at any Mahoning Valley CC meet.
- Several invitationals have been cancelled, but we are still participating in the Salem Early Bird, Spartan Invitational, Jackson-Milton Invitational, and the MVAC meet.
- Transportation release forms are still needed if transporting your child to and/or from an event. They can be picked up in the main office or downloaded off the athletic website, but require the signature of the Principal Mrs. Parry or Athletic Director Mr. Sammartino.
- Transportation times are communicated with Coach Grow and not publicly for the safety of our students.

### SAFETY REMINDERS

- Face Coverings and Social Distancing are required for all runners and spectators when permitted.
- Please make sure your Emergency Medical Authorization form on file with the athletic department is up to date.
- No congregating prior to or after a meet.
- Please exit the facility at the conclusion of the contest and wait for your child in the car/outside the facility.
- Follow CDC guidelines for sanitation and social distancing.

**Contact Mr. Sammartino by phone 330-536-8426 x163 or email [lsammartino@lowellvilleschool.org](mailto:lsammartino@lowellvilleschool.org) if you have any questions.**

#### MISSION

#### **MISSION**

The Lowellville Local School District will educate, empower and challenge our students to reach their individual potentials by providing an environment where tradition, community and excellence create productive members of a global society.