

Big Lake Swim & Dive

2020 Season Info

Head Coach: DaNae
Dive Coach: Paige
Assistant Coaches: Wendi & Nick

Captains: Maddie Svien and Jaden Anderson

Due to Covid rules there will be no Captains Practices.

Locker Rooms will be available.

Masks are required to be worn indoors until beginning of practice, this includes in locker rooms.

There will be conference meets only. There will be no invites, no sections, no true team, no state. JV conference is currently undecided.

No spectators will be allowed at meets. We are planning on having meets live-streamed. More information on this will come in the future.

There will still be transportation provided to and from meets. Parents will be allowed to drive their athlete to and from meets with prior approval. Transportation form will need to be filled out before hand: <https://biglakehornets.org/transportation-form/>

First day of season August 17

Divers meet 3:00-5:00 PM
7th and 8th graders meet 4:00-5:30 PM
9th-12th meet 5:30-7:15 PM

Athletes must show up ready to practice by the start time. Arrive early so that you will be ready to go.

There will be no Saturday practices. All practices are mandatory. Failure to show up to a practice without notice will be considered an unexcused absence. If you show up to practice late this is considered a tardy, 3 tardies equals an unexcused absence. Refer to the handbook for our tardy/unexcused absence policy.

Do not show up to practice if you are sick. Parents, Email or Remind coaches to excuse athlete if they are sick.

Full schedule will be coming soon.

As long as the school district is open for in-person or hybrid learning the swim & dive season will continue as planned.

If the school district makes the shift to fully online distance learning the swim season will be halted at that point.

Stay current with communication via Remind app.

There are two ways to get connected:

Text @blsd20 to 81010

Or

Download Remind app via app store or google play store

Our class name is: **BL Swim and Dive 2020**

Our class code is: **@blsd20**

Both swimmers and divers are required to have a team suit.

Swimmers are required to have fins and a snorkel. Stroke Training Paddles are not required but recommended.

This website is where you can purchase our suit and equipment:

<https://elsmoreswim.com/teams/minnesota/highschool/big-lake.html>

The website also has goggles, bungee straps for the goggles and a swim bag. None of these items are required- I only recommend these brands if you're interested.

The website will close August 21st so the suits and equipment need to be purchased by then.

Swim caps are also required to have during swim meets. There is a silicone pair or a latex pair you may purchase. The silicone caps you can choose to be personalized and have your name, which is optional. **Cap Order Forms are due August 21st as well.**

I've attached our 2020 Handbook, season practice schedule and cap order forms.

Any questions, please feel free to reach out.

We're excited to see you Monday!