

# KNOX TRACK RECORDS

## BOYS TRACK

110 m High Hurdles	:15.54	Carl Anderson	1985
300 m Low Hurdles	:41.34	Matt Baxter	1988
100 m Dash	:11.0	Eric Upp	1994
200 m Dash	:21.7	Eric Upp	1994
400 m Dash	:49.9	Gerald Fletcher	1962
800 m Run	1:58.5	Seth Owens	1998
1600 m Run	4:23.87	Pete Bradley	1991
3200 m Run	10:01.5	Fred Kem	1983
1600 m Relay	3:30.9	Gerald Fletcher Robert Dembinski Minard Howard Terry Daly	1962
3200 m Relay	8:21.76	Travis Amor Connor Carlson Elliott Coad Austin Edwards	2011
400 m Relay	44.7	Shawn McIntire Eric Upp Bill Wakal Andy Cavender	1993
Pole Vault	14' 4 1/4"	Charles McIntire	1995
Shot Put	54' 1/2"	Dennis Garland	1971
Long Jump	22' 11"	Eric Upp	1994
High Jump	6' 4"	Kirk Bennett	1985
Discus	149' 10.5"	Terry Bolen	1990

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## GIRLS TRACK

100 m Low Hurdles	15.85	D. Shepherd	1997
300 m Low Hurdles	48.44	J. Bayless	1995
100 m Dash	:12.1	A. Howard	1994
200 m Dash	:26.2	T. Bradley	1991
400 m Dash	:60.1	C. Byer	1980
800 m Run	2:30.3	C. Byer	1980
1600 m Run	5:25.0	M. Maranto	1997
3200 m Run	12.02.82	T. Skibbe	1991
3200 m Relay	10:32.5	M. Maranto, A. Thomas	1998
		H. Hignite, A. Folkers	1998
400 m Relay	:52.6	T. Bradley	1990
		A. Johanan	
		C. Platt	
		B. Johnson	
800 m Relay	1:56.6	J. Harrison	1981
(This event is no longer ran)		P. Bailey	
		S. Hardy	
		R. Schadek	
1600 m Relay	4:19.41	J. Bayless	1992
		T. Skibbe	
		N. Lord	
		T. DePoy	
Best Team Record	10 W & 1 L	(.909)	1984
	14 W & 2 L	(.875)	1991
Shot Put 8 lb.	40'11.5"	D. Rodgers	1979
Shot Put 8 lb. 13 oz.	30'6"	Alisha White	2012
Long Jump	16'9"	T. Bradley	1992
High Jump	5'4 1/4"	Dawn Fletcher	1987
Discus	121'05"	M. Brammer	1984
Pole Vault	9' 6"	Brooke Bennett	2012