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*North Ridgeville High School  
– OHSAA Preseason Night  
Winter 2019-20*

# Administration @ North Ridgeville

Tom Szendrey - Building Principal

Petie Bianca - Assistant Principal

Brad Jarrett - Assistant Principal

Annie Hostetler - Director of Alternative Ed.

Don Sparks - Athletic Director

Shayna Asp - Assistant Athletic Director

Lee Armbruster - Principal grades 5-8

Melissa Durkin - Ranger Hi-Tech Principal

# Rangersathletics.com

Majority of information can be found under the MORE tab as well team pages and latest news.

- Staff directory of coaches
- Photo Galleries
- Team calendars, Schedules – team & bus schedules
- Information for parents -Final Forms information
- District information – Pay to participate

# Final Forms

All student athlete paperwork is online.

Students must be in Final Forms to participate in athletics.

Student Athlete and parent/guardian need to register.

Electronic signature for paperwork except pages 3 & 4 of the physical form need to be submitted to the athletic office.

Link to Final Forms on the [Rangerathletics.com](http://Rangerathletics.com) website.

# The Southwest Conference

Lakewood will be leaving the Conference after this year.

In the immediate future the conference appears that it will go to 9 schools from 10 with Lakewood leaving.

## SWC ADMISSIONS

### Varsity Contests

Adult Admission for all other sports	\$6.00
Senior Citizen	\$4.00
Student Admission	\$4.00
Student Presale* (football)	\$4.00

### Junior Varsity and Freshmen only contests

Adult	\$3.00
Student	\$2.00

# Pay to Participate Fee

High School - \$200

Middle School - \$100

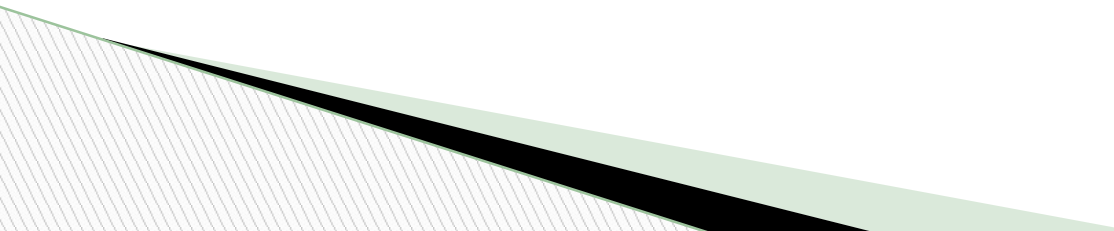
Household cap of \$250

Checks payable to NRCS

You can pay over the phone at 440-353-1165 with a credit card.

Pay online through PaySchoolCentral - through the district website.

See Maria Farago at the Bookstore \*





• Why we want our students to play sports •

Participation in interscholastic athletics programs:

- Compliments your school experience.
- Fosters a sense of community and teaches lifelong lessons of hard work, teamwork, citizenship and discipline.



- Why we want our students to play sports •

Participation in interscholastic athletics programs:

- We want to prepare our student athletes for the next stage of their lives & learn responsibility:

1. College
2. Employment
3. Military





- Why we want our students to play sports •

In interscholastic athletics:

- Student academic achievement and success take priority over athletics achievement and success.
- **The success of a team is more important than individual awards.**

# Basic OHSAA Rules & Regulations

Eligibility rules exist to help maintain competitive balance in school sports and to promote the purpose of education-based athletics.

To maintain eligibility, high school students must have received passing grades in a minimum of **five one-credit courses, or the equivalent, in the immediately preceding grading period.**





If you drop a course or change your schedule, it is critically important that you contact your principal or athletic administrator to see if this affects your eligibility.

It is the student's responsibility to communicate this.



Students taking College Credit Plus must comply with OHSAA scholarship standards.

All students participating via state law that permits home educated, non-public, community and STEM school students to participate at public schools must also comply with OHSAA scholarship standards.

Semester and yearly grades have no effect on OHSAA eligibility.

No high school student will be eligible if he or she has been enrolled in high school for more than eight semesters.

High school students will be ineligible whenever they turn 20 years old.



- OHSAA Non-School Team & Out-of-Season Standards •

You will be ineligible if you are competing on a non-school team in the same sport during your school team's season

(example: club baseball during school's baseball season).



## • OHSAA Transfer Standards •

Once eligibility has been established at a member high school and you transfer to another school, you will be ineligible for the **second half of contests including post season play.**

**50 percent of the maximum allowable regular season** sport in which you participated during the previous 12 months.

So for basketball it would be 11 games, even if you only play 20 as 22 is the max.

# Trainer - Lindsay Sullinger

If you have a question pertaining to injuries you can contact Lindsay the trainer

She is only contracted to work with high school student athletes.

[Lindsay.Sullinger@uhhospitals.org](mailto:Lindsay.Sullinger@uhhospitals.org)





## • Concussions •

### Your Health & Safety

It is **EXTREMELY** important for everyone involved in school sports to recognize the potential dangers associated with concussions and review their responsibilities in protecting student-athletes.

Concussions are **NOT** just a problem in football . . . concussions can happen in just about any sport!

A concussion is a traumatic brain injury that interferes with normal function of the brain. “Dings” and “bell ringers” are **SERIOUS** brain injuries and you do **NOT** have to have loss of consciousness for it to be considered serious. Young athletes are at increased risk for serious problems.





## • Concussions •

In Ohio, any athlete who exhibits signs, symptoms, or behaviors consistent with a concussion . . . such as loss of consciousness, headache, dizziness, confusion or balance problems . . . shall be **IMMEDIATELY** removed from the contest or practice and shall not return to play that same day.

Thereafter, the student shall not return to practice or competition until cleared with **WRITTEN AUTHORIZATION** from a physician or health care provider approved by the local board in accordance with state law.

# Return to play

If you go to a physician or medical facility for an injury, any injury, you will need to **get clearance in writing** to return to participation.

At this point the student athlete will work with the trainer to begin the return to play protocol.

The OHSAA has a form for the return to participate protocol.

# Going to the Doctor or Medical Facility

If you go to your doctor or to a Emergency room or Urgent Care for an injury you will need to written clearance to return to play for ANY injury.



At North Ridgeville we conduct impact testing prior to the start of each season on our student athletes.

In addition, you are highly encouraged to review a short presentation on concussions available at no cost ([www.nfhslearn.com](http://www.nfhslearn.com)).

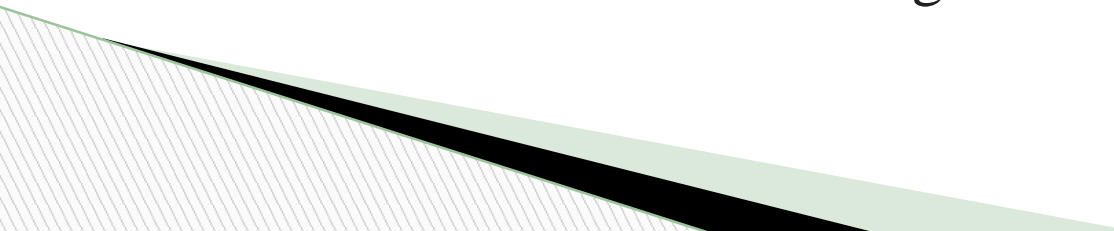
# Attendance at School

In order to participate in practice or a contest a student athlete must be in **school for the entire day**.

Exceptions to this requirement include: field trips, other educational experiences, deaths in immediate family, religious holidays, or other planned absences approved by school administration.

Any student arriving late to school, who signs in at the attendance office within thirty (30) minutes from the start of the school day will be permitted to participate in activities that day.

In the event tardiness to school results in school discipline, the section on school discipline will be in effect. The building administration may provide an extension to this section based on extenuating circumstances.





## • Additional Health & Safety Guidelines •

North Ridgeville HS & the OHSAA do not permit the use of any form of alcohol, tobacco or illegal drugs.

Besides the health risks involved, use of any of these items will result in students being disqualified from contests and violators likely facing additional school and legal penalties.

# What NOT to say in a Winter Contest

You should NOT yell athletes.

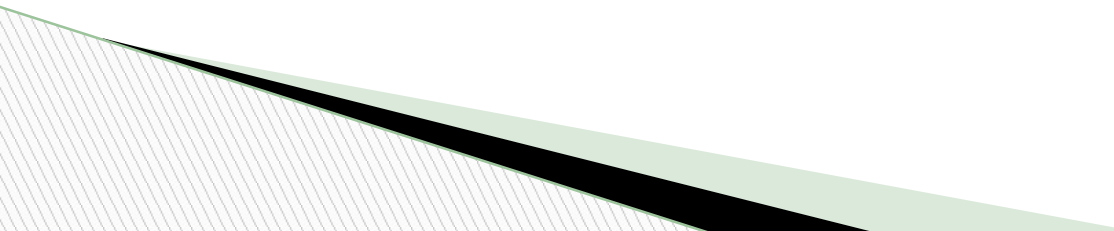
You should NOT talk about other people's children.

You should NOT scream at officials.

You should NOT scream at coaches

You should NOT scream at other fans.

This type of behavior will lead to you being removed from the venue and possibly being banned.



# **As a parent/guardian if you have issues or concerns**

First please talk to your child. – Get their perspective on the situation.

Have the student athlete meet with the coach.

Then reach out to the coach at the appropriate time.

Please do not approach a coach immediately before or after a contest.



# **If you are upset during or after a contest – Respect the game**

Chances are that if it is immediately after a contest you will be emotional. Chances are the coach may also be emotional.

That is not the time to have a conversation.

Please do not scream or yell at officials, coaches, student athletes or opposing fans.

That behavior will result in a game ejection and possible ban from future events.

# Social Media

Please use caution in what you post online. You are certainly free to express yourself but be mindful that other people will see your comments.

Students will see your comments. Again talking about students, even online is not okay.

Many people will judge our community based on what they see online. It can also be embarrassing for the student athletes.

**Thank you for attending**

