

NHS ATHLETICS

newbergtigers.org

NHS FALL SPORTS PROGRAMS

Cross Country, Football, Soccer, Volleyball, Water Polo



IMPORTANT DATES FOR 2019

July 28-August 3

Sports Moratorium Week--No Contact

Online Sports Registration June 10-August 16, 2019

newbergtigers.org

Deadline August 16

August 15: Meeting for ALL Athletes and Parents

NHS Auditorium 7:00 pm

August 19

First Day of Fall Practices/Try-Outs

**August 12-16: Mandatory Sports Concussion Testing
THIS IS REQUIRED EVERY YEAR**

Location: NHS Computer Lab

August 12

- 9th & 10th gr Football 8:00 am
- 11th & 12th gr Football 9:00 am

August 13

- Volleyball 8:00 am
- Cross Country 9:00 am
- Cheer & Dance 10:00 am

August 14

- Boys Soccer 9:00 am

August 15

- Girls Soccer 9:00 am

August 16

- Make-Up Session 9:00 am

August 19

- Water Polo 7:00 am
- Make-Up Session 8:00 am

Athletics/Activities: Ronni Cook

Phone: 503-554-4407 Fax: 503-538-6560

e-mail: cookr@newberg.k12.or.us

Athletic Director: Tim Burke

Phone: 503-554-4407

e-mail: burket@newberg.k12.or.us

ONLINE REGISTRATION

NHS sports registration is *online only*. Go to newbergtigers.org and click “**Register An Athlete**” at the top of the page. If you do not have access to a computer, please contact the athletic office for assistance.

Physical Form and other Requirements

Every student-athlete must have a current, State of Oregon physical form on file **prior to the first day of practice**. Physical exams are good for two years. Physical forms can be found on the athletic website or at OSAA.org. Completed forms can be uploaded directly to your registration page or submitted to Ronni Cook via e-mail, fax, or in-person. In addition to the current physical, all student-athletes must have medical insurance and must take the baseline concussion test.

PARTICIPATION FEE

2019-20 sports participation fee is \$200 per sport. Student-athletes who participate in two or more sports during the year pay a maximum fee of \$400. Families with more than one student-athlete pay a maximum of \$600. **Athletic fees that are past due from previous seasons must be reconciled prior to the start of the next season.** Contact the NHS bookkeeper to arrange payment.

Payments can be made online at www.newberg.k12.or.us/nhs click **WEBSTORE** (not open for payments until August 1st)

For information about specific sports, including practice and try-out information, contact the head coach directly.

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|-------------------|--------------------|--|
| CROSS COUNTRY | BRUCE SINKBEIL | sinkbeilb@newberg.k12.or.us |
| FOOTBALL | KEVIN HASTIN | hastink@newberg.k12.or.us |
| SOCCER, BOYS | CARLOS PEHR | isaiahsdaddy@live.com |
| SOCCER, GIRLS | ANTHONY TREJO | coach.trejo@yahoo.com |
| VOLLEYBALL | MACKENZIE UPCHURCH | coachmupchurch@hotmail.com |
| WATER POLO, BOYS | JIM MCMASTER | mmcmaste@ix.netcom.com |
| WATER POLO, GIRLS | CARI BLANCHARD | bertrandcl@yahoo.com |
| CHEER | LISA BERG | lorenlisa@aol.com |
| DANCE | COURTNEY GUILMETTE | guilmettec@newberg.k12.or.us |