



Clinton Central Junior-Senior High School
ATHLETIC DEPARTMENT

815 North State Road 29

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Student-Athlete Safety Reminders

- Student-Athletes will be required to wear a face covering during the initial screening process before workouts, practices, or contests begin and if/when they visit the athletic training room per request by Witham Sports Medicine & Health Services.
- Any student-athlete who prefers to wear a face-covering for activities while participating will be allowed if doing so does not appear to cause any health risk.
- All athletes and coaching staff will be pre-screened for signs/symptoms of COVID-19 prior to participating in any workouts, practices or contests. Parents who are dropping off student-athletes in July...please remain on campus until your child has been cleared to participate in the day's activities.
- Any person with COVID-19 related symptoms will not be allowed to participate and should contact their primary care provider for further instruction. Re-entry to athletics will only be allowed after our athletic training staff has determined it is safe to do so.
- There will be no sharing of clothing, shoes, towels, or water bottles. Student-Athletes will need to come to workouts, practices and contests with a full water bottle and their own personal towel if needed.
- Student-Athletes will be expected to shower at home and wash their workout/practice clothing immediately upon returning to their homes after workouts/practices.
- Student-Athletes will be expected to have the IHSAA 2020-21 Health History Update and Questionnaire completed and provided to the Athletic Dept, Athletic Trainer or coach prior to participation in workouts/practices. The 7 questions on the 2-page document are related to the timeframe since the 2019-20 physical was completed. If a "Yes" is on the form, then Witham Sports Medicine recommends that a new physical be conducted prior to participation in workouts/practices for the 2020-21 school year.