



WAKEFIELD HIGH SCHOOL

2019 FALL SPORTS TRYOUTS

CHEERLEADING TRYOUTS (SMALL GYM):

- AUGUST 5-7 (SIDELINE CHEER) – 4:30 PM - 7PM
- AUGUST 8-9 – (COMPETITION CHEER) – 4:30 PM – 7 PM

*****CROSS COUNTRY (MEET ON TRACK):**

- AUGUST 5 – 7:45 AM, PRACTICE BEGINS AT 8 AM –
- PLEASE BRING WATER BOTTLE

*****FIELD HOCKEY (MEET ON STADIUM FIELD):**

- AUGUST 5-8 – 4:30 TO 6:30 PM

*****FRESHMEN FOOTBALL (8TH/9TH GRADERS ONLY):**

- PRACTICE BEGINS AUGUST 12TH – 3:00 – 6:00 PM

FOOTBALL PRACTICE (JV/VARSITY):

- AUGUST 3 – ISSUE HELMETS FOR JV/VARSITY ONLY
- AUGUST 5 – MEET BASEMENT LEVEL – 3:00 TO 6:00 PM

GOLF (VARIOUS GOLF COURSES FOR PRACTICES):

- AUGUST 1–2: 1ST DAY OF GOLF TRYOUTS AT EAST POTOMAC GOLF COURSE – 1:30 PM TO 4:30 PM

*****VOLLEYBALL TRYOUTS (MAIN GYM – ALL LEVELS):**

- MONDAY, AUGUST 5 – MEET IN MAIN GYM 5:00 – 8:00 PM
- TUESDAY, AUGUST 6 – MEET IN MAIN GYM 5:00 – 7:30 PM
- WEDNESDAY, AUGUST 7 – MEET IN MAIN GYM 5:00 – 7:30 PM

A person wearing a black and white vertically striped shirt is holding a black whistle in their right hand. The background is a blurred green field.

WHAT DO YOU NEED?

- AUGUST 5 – TURN IN PHYSICAL FORMS TO KIGIN – NOON TO 6 PM IN TOWN HALL
- CURRENT PHYSICAL FORM DATED 5/1/19 OR AFTER
- 8TH GRADERS MAY TRYOUT FOR SPORTS WITH ***
- ATHLETIC SCHEDULES CAN BE FOUND AT - WARRIORSWHSATHLETICS.COM
- ATHLETES SHOULD COME DRESS & PREPARED FOR TRYOUTS
- PLEASE BRING YOUR OWN WATER BOTTLE

GOT A QUESTION? ASK A COACH!

- ✓ CHEER – TAMAR WILLIS: WHSscheercoach@hotmail.com
- ✓ CROSS COUNTRY – ADAM ALDERTON: ADAM.ALDERTON@APSV.A.US
- ✓ FIELD HOCKEY – ZOE ANTHONY: ZOE.ANTHONY2@APSV.A.US
- ✓ FOOTBALL – WAYNE HOGWOOD: WAYNE.HOGWOOD@APSV.A.US
- ✓ GOLF – NICK CHAUVENET: NICHOLAS.CHAUVENET@APSV.A.US
- ✓ VOLLEYBALL – JEFF KLEIN: JEFFREY.KLEIN@APSV.A.US
- ✓ PHYSICALS: BECKY KIGIN, CERTIFIED ATHLETIC TRAINER: REBECCA.KIGIN@APSV.A.US

HOW CAN I TURN IN MY PHYSICAL FORMS IN THE SUMMER?

- CAN DROP OFF COMPLETED FORMS TO THE MAIN OFFICE AT WAKEFIELD
- SUMMER MONTH PHYSICAL TURN IN: EMAIL TO NOEL.DESKINS@APSV.A.US
- PHYSICALS FORMS ARE POSTED HERE - WAKEFIELD.APSV.A.US/PHYSICAL-FORMS