



Lady Bears Soccer Program 2019-20 Handbook / Code of Conduct

Playing soccer for the Bradshaw Mountain High School Lady Bears is a privilege, not a right. This document contains the guidelines that we use to run our program. It is impossible to outline every point or situation that may occur while an athlete is playing for the BMHS Girls soccer program; however, it is vital that every student athlete demonstrate exemplary behaviors by being respectful always. It is expected that student athletes behave in a manner that reflects positively on them, their teammates, family and Bradshaw Mountain High School. From this point forward losing is unacceptable, you will strive to win with dignity and honor.

Soccer is a physically demanding sport. We, the coaching staff, not only expect but demand that you have a winning attitude and strive for excellence. You will be expected to stretch your personal limits of fitness and ability to perform and excel at a highly competitive level.

Athletic Department Requirements

Without the following you will not be allowed to participate.

1. Sports Packet completed and signed off on.
 - a. We must have the Clearance Card for the tryout which indicates you have fulfilled this requirement.
 - b. If you are coming in from another sport it must be signed off by the coach.
2. Freshman and athletes new to sport program. Concussion awareness online class completed if you have not played before.
 - a. Brainbook website.
 - i. <http://aiaacademy.org/users/login/brainbook>
 - ii. Or Google NFHS Brainbook
3. Alternatively, a Blue Card is required for all out of season activities like open field sessions, camps or the weight room.
 - a. Due to changes in the AIA Bylaws we will be holding training and fitness sessions throughout the fall for you all to attend. The schedule of those will be determined later.

Commitment to Excellence on and off the field

We demand excellence of our student athletes both on and off the athletic field of play.

- **Academic Excellence** is the primary goal of student athletes. The goal every season is to be awarded the National Soccer Coaches Association of America (NSCAA) Academic Achievement Award and we are very proud to have received it every season since the 2014-15 program year.
- **Athletic Excellence** is your secondary goal. We strive to build the best and most recognized girls' soccer program in the area. You will compete at your highest level giving 100% commitment and maximum effort to the program during the season. We may not win every contest but opposing teams will know what it means to play against Bradshaw Mountain.
 - **Losing is unacceptable** and will not be tolerated. Not striving to win at every opportunity will not be tolerated. You will strive to be the best in everything you do, that means you will win every ball, every challenge, every touch will be perfect, and every shot will be on frame and if it isn't you will strive to make it better. You will also strive for success academically.
 - **Team motto, Failure is not an option.**
- **Personal Excellence** is the last part of the Lady Bears Commitment to Excellence. You will strive to push yourself to become better every day, in every contest or academic endeavor associated with BMHS as well as strive for excellence in life.

Student contact info

- To be contacted by the coaches and included in team communications we utilize GroupMe. If you do not subscribe you will not receive team communications.
 - To set up GroupMe install the app and you will receive an invitation.
- We also use TeamSnap during the season, it allows you to follow games and sometimes team communications are relayed thru TeamSnap. This is a great way for parents to follow away games.
 - To set up Team Snap you install the TeamSnap app and I will invite you or you just search the team and you can follow.
- We also recommend that you use the BMHS Athletics website and Sign Up for Alerts that will get you changes to the schedule and practice times. Go to bradshawmountainathletics.com and "Sign Up For Alerts."

Fundraising

We will be fundraising throughout the year and your participation in them is imperative to help the program. Expect to hear from captains, volunteers or the coaching staff about signing up. Fundraising pays for things like tournaments, equipment and uniforms. You are expected to fundraise for the program.

For *Arizona Tax Credit* fundraising information use the following video link https://youtu.be/h_qonUAeH3A or search on YouTube Bradshaw Mountain Lady Bears Soccer to see how to fundraise utilizing the Arizona Tax Credit. This will be where we push our primary fundraising to in the future. Every athlete is expected to help fundraise. We set a personal goal of every athlete raising \$1000.00

Equipment, Training Wear and Game Day Attire

Uniforms are issued at the beginning of the season. You will be issued either JV or Varsity uniform which includes a home and away jersey, shorts (home and away pair), bag, and warmup. You will be required to sign for all items, and at the end of the season return in good condition, if not you can and will be charged for damaged, lost or stolen items. Certain parts of the uniform are considered perishable, for example socks, we will direct you what type and style to buy and send you to the proper website or store. We play in cold weather; the appropriate base layers are needed. Gloves are also required so you don't run around with your hands tucked in your sleeves trying to stay warm. Team sweatshirts may also be available.

Training attire, only BMHS gear is to be worn at any BMHS events and practices. No club attire is to be worn during high school practices. Training wear will consist of dark shorts and a tee with BMHS on it, unless actual training wear is issued. The sweats issued are acceptable as outer wear.

Game day attire will consist of a dress or slacks and a blouse for home games and away games will consist of wearing the sweats issued both top and bottom and away jersey.

Tryouts, Squad Selection and Limits

The goal of the program is athlete development so that by their junior or senior year they can be a contributing member of the program.

Tryouts will typically last 3-4 days. There are fitness tests and skills tests during the tryout period. Cuts are always a possibility on both squads and will be made by the end of the tryout time frame. Athletes in another sport will be given the appropriate time to tryout should their season extend into the soccer season.

An athlete who tries out in the soccer program has the opportunity to make either the Varsity or JV squad. Once you have made the team the philosophy of BMHS soccer staff is to place athletes on the squad that would best maximize their playing time and enhance athlete development. We have an obligation to match or equate athletes for practice and competitive conditions. The goal will be to advance athletes to the Varsity squad by the Junior year, there will be exceptions to this, either there isn't room or the athlete just isn't ready for that level of competition or the athlete is exceptional and makes the move early. The goal with time is to consistently have a Varsity squad that is comprised

primarily of Jr and Sr athletes to keep a consistent high level of play, there will be exceptions to this and freshman and sophomores will occasionally make the Varsity squad.

The Varsity program will normally be limited to a maximum of 17 and a minimum of 14 athletes but may be expanded at the discretion of the Varsity coach.

The JV program will consist of primarily freshman and sophomore athletes and we will strive to carry every freshman and sophomore that tries out, but it is not always possible, especially in years when exceptionally high numbers tryout, due to space and uniform limitations in those years there will be cuts. Freshmen or sophomores who are capable of making the Varsity squad but face the prospect of limited playing time will be placed on the JV squad to maximize development. *Juniors will be considered for inclusion on the JV squad on the basis of their potential to contribute to the Varsity program in their senior year, if it is determined that their development has not progressed as planned they can be cut due to space considerations.*

There is no guarantee of playing time on either squad. Athletes, if healthy, should participate in every contest on the JV, **though this is not guaranteed in every game we strive to achieve this goal.** At the Varsity level it is the coach's goal for every athlete to participate in every contest, but there will be many occasions when this does not occur, based on the competition and the closeness of the game. While the Varsity squad should consist of more than 14 athletes, at most 14 athletes can expect to play in each highly competitive match. In the event of a single squad playing time can become even more limited.

A limited number of non-starting seniors will be kept on Varsity. These non-starting seniors, if not in the top 14, will see very limited playing time. They are the "reserve" athletes. The reserve athletes can play a key role in the success of our program and they have in the past scored game winning goals, there must be a role for them to be considered for inclusion. These reserve athletes are kept due to their experience in the program.

Returning varsity players are not guaranteed of automatically making the varsity squad. You must prove that you deserve to be placed on the varsity squad every season. There have been occasions in the past where returning players in their senior year have been cut. There also may be cause due to talent levels to drop a player back to the JV squad to maximize playing time for those players.

There is always a chance that numbers will not support 2 squads, should only a Varsity team be selected due to low numbers the Varsity team will expand to between 20 and 26 players and only the most dedicated players will be kept regardless of age or year in school. In this instance similar rules to playing time apply. There will be no guarantee of playing time and only the top players can be expected to play in every match.

AIA Regulations and Out of Season Activities

Due to changes in the AIA Bylaws which will take effect in the 2017-18 season we are allowed to train throughout the school-year and we will to some degree. While we want you gaining as much experience as possible we also understand the desire of some athletes to play multiple sports and we do not want to interfere, will encourage you and will do our best to accommodate you. If you are on another high school team that team takes precedence. The coaching staff believes that multiple sport athletes are more rounded athletes and are better prepared to handle the demands. College coaches are also now placing a premium on the multi-sport athlete due to the varied skill set, being a more rounded athlete and a lower incidence of burn out. Multi-sport athletes generally train different muscle groups by participating in various sports and learn various skills that transfer over. You are also exposed to different coaches and coaching methods. For example, volleyball helps goal keeper hand skills, track teaches you how to run and get faster, consider another sport to become a more rounded soccer player.

Throughout out the year especially in the fall we will train occasionally to keep you all sharp, involved and in contact with each other. Attendance and participation will be noted. You are also expected to attend summer sessions, play in the summer leagues and attend fitness/weight room time we set up. Failure to do so can and will affect your ability to make the team because you will not be as fit and skilled. It also shows commitment to excellence as well as the program. To be a successful program you must be participating in a sport or physical activity throughout the year

whether its soccer, track, volleyball etc. or being in the weight room to stay fit. Occasional absences are to be expected, we do not expect you to make everything, but we expect an effort to attend, and the more you attend the more successful you and the program will be. You will be expected to attend unless you are injured or in another sport, school sports take priority, if club sports overlap then you will be excused to those but if there is no time overlap you will be expected to attend and we will take care to prevent overuse injuries.

Technology Use

Phones, music devices, ear buds and other forms of communication / music players will be placed in bags and kept clear of players at the start of practice unless you are specifically asked to get it out to contact a parent. This assures full attention to all training / game activities / instructions. Ear buds, earphones and other music devices are strictly forbidden during training activities.

Technology is now utilized by the training staff. We utilize film for review of games and training, heart rate monitors and tracking equipment are now deployed to monitor athlete performance during training and games. Coaches are not on their phones or iPads they are likely monitoring live telemetry data from the practice or game.

Academic Standards

You are a student first and foremost. Please see the Humboldt Unified School District #22 Athletic and Sponsor Handbook Section XIII Eligibility and the AIA Constitution and Bylaws Article 15 for eligibility guidelines. We expect you to be in good standing in the grading system. The girls' soccer program wins national recognition for GPA every year and we expect you to keep your grades up so we can apply for recognition every year.

- In the event of a second week of ineligibility you will also be ineligible to practice until your grades return to acceptable levels.
- We will monitor your grades and any player that is at or below a D in any subject will put together a plan to bring the grade back up to at least a C and will present that to both the coaching staff and the instructor.

Fitness Standards

Soccer is a physically demanding sport and it is required that you come into the tryouts physically fit and ready to go. Failure to show up fit will mean you will be doing fitness every day as part of training until you meet that requirement. There are several ways you can get yourself fit.

- Workout on your own.
- Play club or recreational soccer; club is better because the standards are generally higher.
- Attend various camps and trainings.
- Utilize BMHS weight room and facilities.
- See coaches for additional ideas for out of season fitness ideas.

Fitness tests will be run that can and will affect your inclusion to the team. We want to challenge everyone to get to come in as fit as possible so we can concentrate on the game and not getting you fit before the season. The fitness standards are constantly being evaluated and updated to reflect the increasing ability of the squad.

Fitness tests will be run periodically throughout the season.

Additional requirements that will affect your placement

1. Does the athlete have the technical ability to play the game? Example, first touch, ball control.
2. Does the athlete have the tactical awareness to play the game? Do you understand where you need to be during play?
3. Does the athlete possess the proper mental attitude?
 - b. Put team before self.
 - c. Positive attitude towards team and coaching staff.
 - d. Mental Toughness.
 - e. Are you coachable?

- f. Willing to learn.
4. Does the athlete have the work ethic to succeed?
5. Is the athlete dedicated to the program?

Mentor Program

Returning athletes are paired with a potential incoming athlete to help them adapt and keep them on track before, during and after the season. Mentors check on the incoming athlete and makes sure they get messages, attend meetings and team activities and are getting fit. This creates a sense of family and helps the team to bond.

Study Hall

You will attend study hall on early release days unless you have 6th hour home release or we begin our training sessions early or later on those days. ***It is a requirement that you go to study hall unless you have 6th hour home release.***

Team Commitment

To improve as a team you must train and play as a team and be committed to the team and its goals. You will be expected during the season to be at every team function, game and practice unless you are in a school sponsored activity that you are required to attend, e.g. CNA. Attending other club functions or activities that are not mandatory may affect your playing time.

Early season expect to practice on occasional Saturdays, you will be expected to be at these as well. Throughout the season we will hold occasional practices on Saturday and you will be given plenty of notice and expected to be there. This is done to make up for an off day or extra practice to get ready for a demanding stretch of games. **You will be expected to be at all practices and team functions, including team dinners and breakfasts. Failure to attend may affect your ability to participate due to changes in the game plan or your on-field responsibilities to the team during games.**

We are a winter sport we will train over holiday and vacation breaks and these are to be treated as any other training session and are mandatory. We will train over Thanksgiving and Christmas break and have games, ***there may be games over the breaks so you will be expected to be at all trainings and games. Missing practice over breaks is unacceptable and your playing time may suffer again due to changes in the system or game plans that you can only get by being at practice and team functions.*** We frequently change tactics at the break and not attending practices over the break leaves you unaware of those changes. We fully expect that families may travel over breaks but you need to limit your time away so as to keep up with changes. Also as a winter sport you are expected to be prepared for weather, if we would play in it we will train in it. This means we train in snow, rain, cold, etc. If it is raining do not assume practice is cancelled we will notify you.

Attendance at the monthly pre and post season team meetings is expected. You are expected to attend the parent night after the team is selected. Failure to do so may affect your ability to participate the following day in practice due to forms that may be signed by you and your parents.

Attendance Policy

All players are expected attend practice, **even if injured**. You must notify at least one captain and one coach if you will be late or absent. Illness, certain mandatory appointments, and mandatory school activities are viewed as excused absences. Plan your work schedule accordingly as well. There needs to be commitment to the team for us to advance as a team. If you want to be playing you have to commit to the team and its training activities. We frequently change a tactic or how we do something in response to changing conditions and players available and failure to attend practices leaves you without the knowledge of changes to things which may affect your ability to play within the framework of the team.

If the coaching staff is there you are there.

- Absences

- Unexcused – is absent from training or team activities without notifying the coaches and or captains of your absence.
- Excused – is absent from school in the attendance system and certain mandatory appointments.
- Too many absences either excused or unexcused can result in your ability to play the game effectively and can result in your fitness levels falling or your understanding of the game tactics being behind and not understanding the goal for that day.
- Tardiness
 - Unexcused
 - Athletes who are late to practice or assigned game meeting time without a reasonable excuse will run 1-300-yard shuttle for every minute late at the end of practice.
 - Example of unexcused is going to eat immediately after school and returning late to game or practice assigned time.
 - Excused tardies include, making up a test, JTED, mandatory high school club meeting, on the training table.
 - Club meetings that are academic in nature will be excused. For example, something like a Pokemon Club is not an excused absence while National Honor Society is.
 - No punishment for excused tardies unless they become excessive.

In Season Activities

During the season of sport, it is strongly suggested that you discontinue participation in activities that may affect your attendance and ability to participate. We have had girls get injured skiing, hover boarding, skateboarding, biking and participating in other extracurricular activities too numerous to name. Should you participate in an activity and are injured during the season you can be dismissed from the team or lose your spot in the rotation due to the injury. Even a short-term injury can prevent you from playing due to fitness levels dropping. Think twice before participating in an activity that could end your season. You will be evaluated by a doctor and our trainer for your ability to participate and if you are deemed to be injured to a degree that it will affect your ability to participate then you will be dismissed from the team. We also suggest you wrap up any club soccer as soon as possible so as not to overlap.

In Season Injury

If you are injured during practice you will be required to visit the trainer. It is not cool or make you tough to attend practice or games in a state of injury. Do not try and hide an injury we know when something is off. You may be injured, and a day of rest will solve the problem but if you hide it and continue it can become a season long injury that causes you to perform below your level of capability.

Code of Conduct and Ethics

The following Code of Conduct covers specific areas and will apply for the duration of the athlete's High School career at Bradshaw Mountain High School. It is impossible to outline every point or situation that may occur while an athlete in the BMHS Girls soccer program; however, it is vital that every student athlete demonstrate exemplary behaviors by being respectful always. It is expected that student athletes behave in a manner that reflects positively on them, their teammates, family and Bradshaw Mountain High School.

- I will respect school property, coaches training gear and teammates personal property.
- I will respect all pregame activities including standing during the National Anthem.
- I will attend, be prepared and arrive on time for all practices, games, film and review sessions and other team functions unless notifying the coaching staff and captains.
 - Practice starts with warmup at the required time. On time is late.
 - Have boots and shin pads on at the start of practice.
 - Last minute appointments are unacceptable unless it is an emergency, please schedule all appointments around practice and well in advance so you can avoid conflicts.
 - An athlete is expected to be at all practices, team meetings and games including those held during vacation periods.

- School sponsored functions are exempt from the above.
 - I will be prepared for training and properly equipped, with all jewelry removed, hair pulled back, shin guards on and in the proper attire whether game or training kit is required.
 - Carrying shin pads in your hands during times when you deem them not needed is unacceptable.
 - I will wear the required training wear, at games and practices, no substitutions are allowed.
 - Training shorts will be worn without rolling them up.
 - Shirts with sleeves are required always with adequate support underneath.
 - If training wear is not issued you will still wear appropriate attire.
 - Tank tops and shirts with the sleeves cut off are not appropriate.
 - I will wear the playing uniform in a respectful manner.
 - Shorts will be worn without being rolled up. You should also purchase sliders or athletic style support garments that match uniform color.
 - Shirt tucked in with adequate support underneath.
 - Proper colored under layers are required if worn.
 - I will be at all home games at the required time. Failure to do so will result in loss of playing time.
 - I will maintain a positive attitude towards the team, coaches and program always.
 - I will strive to improve my fitness and ability throughout the season and maintain a high level of both mental and physical well-being.
 - I will report any injuries to the coaching staff immediately.
 - I will accept both victory and defeat with honor, grace and humility.
 - I will not taunt, bully or haze anyone.
 - I will not engage in unsportsmanlike conduct towards anyone involved in each contest or practice and will treat everyone with respect involved in any training or contest including game officials.
 - I will not use profanity in accordance with the Laws of the Game.
 - I will not be involved in any league or soccer match outside of the high school team during the high school season.
 - I will not cheat on any schoolwork or tests involved in my education.
 - I will not use any drugs, unless prescribed, alcohol or tobacco. You will be subject to the rules of the Athletic Department for violations. We will impose additional sanctions up to a season long suspension.
 - I have not participated in any contests for monetary gain or received gifts in the sport of soccer for playing soccer or inclusion to a team.
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- JV athletes will attend varsity games to help with functions, primarily as ball retrievers during game, also taking stats, recording the game or clean up after. **All athletes will be expected to attend; your Varsity team mates attend your game you will attend theirs.**
 - JV athletes will retrieve all game balls and return to the appropriate location.
 - JV athletes will stay and retrieve balls for the Varsity during the game, this is an AIA requirement and there will be a schedule for this activity.
 - Varsity athletes will attend all JV games to cheer on their team mates; you will be in the stands sitting as a team together, in uniform ready to go at the start of the JV game.
 - Dissent by word or action towards teammates or coaches will not be tolerated.
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- Playing time is earned by attitude (1) and ability (2), I will not address concerns about playing time or my position during matches or training, and this is a private conversation for the coach and athlete to be had at an appropriate time. See the next section "Playing time and how to get more".
 - Due to the competitive nature of the varsity level, playing time ***will NOT be guaranteed*** for all athletes.
 - At the junior varsity level, coaches will strive to give every athlete playing time.
 - Athletes' picture/likeness and name may be posted on MaxPreps or other websites and social media with stats and game information or in other promotional material.
 - Athletes are required to help coaches and staff with carrying balls, water, cones, goals, etc. These will be assigned on a weekly basis.

- Athletes will police the training and playing area after training and games to help keep the facilities clean. JV will police the bench and team area between the JV and Varsity games and clean up all trash.
- Athletes are required to keep the bench and training areas neat and organized during training and games.
 - Bags and athlete gear will be kept in a neat and orderly line always including training sessions and separate from coaching equipment.
- Athletes will assist in putting away field equipment after games.
- Athletes will present a professional attitude on the sidelines always. This includes remaining seated on the bench unless instructed otherwise by the staff.
 - Trash talking from the sidelines will not be tolerated.
 - Athletes will keep the uniform in a clean and neat state always.
- Athletes will not have contact with spectators, including parents once they have entered the stadium for training or games without permission of the coach.
- Athletes are required to remain with the team until released by the coach.

- Failure to return all issued uniform / equipment will result in a charge for the replacement cost of the equipment to the players account.

Team captains are the spokespersons for all problems and / or conflicts and initial violations and are the initial arbitrator during the season for athletes of the Code of Conduct. We expect them to keep control always. Any conflicts are expected to be resolved between the athletes first, but if further resolution is needed, the captains will go to the coaches with the issue(s). Captains are also the spokesperson on the field between the referees and coaches.

Please follow the 24-hour rule. If you have an issue and need to discuss it with the coaching staff, please wait 24 hours before making contact. Things often appear very different in the light of morning.

Anyone who fails to conform to the above Code of Conduct will be subject to disciplinary action up to and including dismissal by the soccer staff or the administrative staff of BMHS.

The following steps may be taken should Code of Conduct Violations occur:

- Verbal warning from Head Coach
- Reduced playing time
- Suspension of playing privileges for a determined amount of time
- Removal from roster for a determined period of time
- Dismissal from team and/or program

Pick up and Drop Off

Parents if you cannot pick your player up on time after games and training you will receive one warning and after that they will be removed from the team. Training ends consistently within a 5 minute window. Home games are over 2 hours after the start and for away games we always have the players notify the parents 30 minutes out. It is unacceptable for you to have them wait until we return then have your player notify you. We understand the occasional emergency and will take that into consideration. We cannot leave your player there alone hoping you are only 5 minutes away. It is a liability for coaches to remain late at night or in a dark parking lot with athletes and we will wait in our cars. All players need to be gone within 5 minutes of closing the gate on the facility or return to the school.

Playing time and how to get more

We understand that athletes want playing time. Our philosophy is that if you deserve it you will get it. Every athlete has a role, some are starters, and some are subs, some athletes may never be a starter but that doesn't make you any less valuable. We have had athletes who had a limited roll but made great impacts on the outcome when their time came. A few simple rules will help you in the long run.

1. Team first – Always put the team and the result first, you must do what is right for the team and program.
2. Be patient – Your time will come to shine. Work hard and work smart. You have a role and were chosen because we saw a roll for you.
3. Control what you can – There are certain things you can control, attitude towards team and teammates, fitness, how hard you work in games and practice. Realize your limitations and work to make them strengths.

Following are some strategies that can help you get thru the season and maximize your playing time.

1. Make yourself valuable – Become as asset to the team and the coaching staff.
2. Be the best you can at the position you want – Work hard to improve yourself. You want to play, be better than everyone else at that position. Score more goals, steal more passes, make more tackles, take more shots, etc.
3. Listen to instruction – Do what you are told to do. If you are given specific instruction on how to play a position play it that way. As soon as you deviate you are outside of what the team is doing, and you are no longer a valuable asset in the game or to the team.
4. Be an insider not an outsider – Be part of the team. Attend team activities and be a good teammate. If you can't get along during practice and outside the game you won't mesh well on the pitch.
5. Stay ready – Keep your body loose and warm on the sidelines, don't wait to be told to get up and keep your muscles warm and stretch, do it on your own.
6. Become a great defender – If you lose the ball become the first defender and fight to win it back.
7. Become an offensive threat – This doesn't mean that every time you have the ball drive to goal until you lose the ball, look to make that killer pass or make that run that puts you in the right place to continue possession.
8. Do the little things better – At this level you are all talented so concentrate now on the small things that can improve you. Things like body shape when receiving a pass or moving over 3 steps to put you in a better position.
9. Be a team player – Put your team first, volunteer to help instead of constantly having to be asked, when on the bench cheer your team on don't sulk, when in the game listen to the team leaders and move accordingly, play within the system don't be that one out there out of sync.
10. Do not sit on the bench and constantly tell the coaches you are ready, show us, get up and stay loose.
11. Work hard all the time in practice– Give 100% every time out to play, in every practice, be the first to arrive and the last to leave.
12. Be seen - Attend off season camps and trainings, open field sessions, hit the weight room, play club soccer. Make yourself available to be seen by the staff, the more we see you somewhere the more we know about your commitment level, more importantly we see what you can do, we have a very short time during the season. The more we see you at other activities the better your chance of us seeing something that we can use in season.

Community Service

We will have a community service project each year and all team members will participate.

Transfers

If you are a transfer student, you must fill out the appropriate paperwork before you are allowed to play. Please read the following for a detailed explanation from the AIA Rules.

15.10 TRANSFER RULE – After enrolling and attending one or more classes, a student changing enrollment from one school (sending school) to another school (receiving school) shall be considered a transferring student. For information and record keeping purposes, the receiving and sending school shall reasonably cooperate and complete Form 520. The completed Form 520 shall be filed with the AIA by the receiving school.

15.10.1 In State Transfers – a student shall be ineligible for all contests at all levels until after the first 50% of the maximum allowable Power Rankings regular season contests in those sports in which the student participated during the twelve (12) months immediately preceding the transfer.

15.10.1.1 For individual sports, the student will be ineligible for 50% of allowable competitions for that school on the AIA calendar.

15.10.1.2 If a transfer occurs during the season, the student is ineligible for one year from the date of first attendance at the receiving school in that sport.

15.10.1.3 In case of any subsequent transfer by the student, the student is ineligible for one year from the date of first attendance at the receiving school.

This handbook was created to allow you to see our Rules of Conduct, how we operate the program and how we expect you to conduct yourself as an athlete in the program.

We welcome you to Lady Bears Soccer.

Edited August 2019

Please sign and return that you have read and understand the “Lady Bears Soccer Program 2019-20 Code of Ethics”

You will not be allowed to participate until signed and returned to the coaching staff

Parent /Guardian _____

Date _____

Athlete _____

Date _____